








Lunch Menu

Week 2 - Mains



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Veggie Bolognese ** (V) Penne pasta in a yummy tomato and Quorn sauce 	Sausage and Mash	Roast Chicken with Roast Potatoes and Gravy Succulent roast chicken with fluffy roasties and tasty gravy	Cottage Pie A classic cottage pie with veg and gravy 	Golden Fish Fingers and Chips Crispy Fish Fingers and scrummy chips
Alternative Dish	Cheese and Tomato Pizza ** with Dough Balls (V) Cheesy Tomato Topped Pizza Slice	Allegra's Oodles of Noodles (V) Veggie Noodles 	Creamy Vegetable Pie with Roast Potatoes and Gravy (V) Creamy vegetable pie with a cheesy shortcrust topper	Mild Chickpea and Potato Curry (V) ** Served with Wholemeal Rice 	Tomato Veggie Burger with Chips (V) A delicious homemade veggie burger 
Salads	A Selection of Fresh Salads Including Lettuce, Cucumber, Tomato, Grated Carrot, Sweetcorn and Pasta Sala 				
Jacket Potato	Jacket Potato With A Choice Of Fillings				
Additional	Tomato Pasta ** (V) or Sandwiches With A Choice Of Fillings				
Vegetables	Fresh Carrots Sweetcorn	Peas Broccoli	Carrots Cabbage	Green Beans Sweetcorn	Baked Beans Peas and Carrots
Desserts	Flapjack with Fruit Slices* 	Peach Shortbread Pudding* & Custard	Raspberry yoghurt cake	Fruity Chocolate Brownie	Vanilla Ice-Cream with Fruit Slices
Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily *Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian					

