PE Overview 2024- 2025

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| Year  | Autumn 1 | Autumn 2  | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| One  | SAQ | Dance | Gymnastics | Send and receive  | ABC | Athletics |
|  | Multi skills | Under arm throwing | Ball skills – rolling, scooping & catching | Kicking & dribbling skills | Striking & fielding (cricket) | Games – introduction to range of sports/games |
| Two  | SAQ | Awareness | Gymnastics | Send & Receive  | Athletics | Striking & Fielding |
|  | Multi skills  | Throwing & Catching | Dance | Team /Invasion Games.  | Kicking & dribbling skills | Gamesintroduction to range of sports/games |
| Three  | ABCs/SAQ | Dance - Travelling | Hockey | Send and Receive | Athletics | Striking and Fielding |
|  | Multi skills | Send & Receive(Basketball) | Gymnastics | Invasion Games(Tag Rugby) | Striking & Fielding (cricket) | OAA |
| Four  | SAQ / Fundamental Movement  | Swimming  | Swimming  | Send & Receive  | Striking & Fielding  | Athletics |
|  | Multi skills | Send & Receive(Netball) | Gymnastics | Cycling  | Striking & Fielding (Cricket) | Invasion Games(Hockey) |
| Five  | SAQ and Fitness | Dance (Creepy Castles) | Paralympics | Striking and Fielding | Orienteering | Athletics |
|  | Multi skills | Send & Receive(Basketball)  | Gymnastics | Invasion Games(Tag Rugby) | Striking & Fielding (Cricket) | Team Games / Inter House competitions |
| Six  | SAQ | Gymnastics | Send & Receive - Netball | Paralympic | Striking & Fielding | Athletics |
|  | Multi skills | Invasion Games (Netball) | Dance | OAA | Striking & Fielding (Cricket) | Invasion Games(Hockey) |