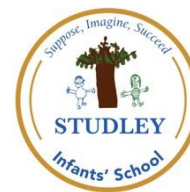


PHSE Curriculum Overview



Nursery

	Autumn		Spring		Summer	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
PHSE	Transition	Meet your brain	Celebrate	Appreciate	Relate	Engage
Sticky Knowledge/ Key concept	-Understanding that we have rules in school. -Understanding how we stay safe in school. -recognising how to respect each other's boundaries.	-Meet your brain is started with a story narrated by Bert and Betty. -It teaches children that our brains can help us with different jobs and that we need to look after our brains. -When we learn something new our brain remembers it for next time.	-Celebrated is started with a story narrated by Charlie. -There is a focus on teaching children that we all have things about us that are special. -Our character strengths help us to be our best. -We feel great when we use our character strengths.	-Appreciate is a story narrated by Arabella. -There is a focus on teaching the children on how being grateful / being kind makes us feel. -The different ways to show gratitude or express thanks. -The importance on taking time out.	-Relate is started by a story narrated by Rose. -There is a focus on teaching children how to develop listening skills. -The importance of listening to others. -What we can learn when we listen to others.	-Engage is a story narrated by Ernie. -There is a focus on teaching children what goal setting is and why goals are important.