


Reach – Yearly Overview 2025-26

Reach 25/26	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Phonics	 Read Write Inc phonics is used daily to teach pupils the sounds necessary to read correctly and fluently. Pupils progress through the coloured storybooks until they are ready to move on to comprehension sessions. Tasks include: speed sounds, challenge words, proofreading-spelling and punctuation.					
English	Journeys – Real and Imagined Focus: Fiction (Stories and Poems), Non-Fiction (Travel Writing), Reflective Writing	Myths and Legends Focus: Fiction (Traditional Stories), Creative Writing	Exploring ‘Wonder’ By R.J Falacio Focus: Fiction (Novel Study), Creative Writing, Empathy and Emotional Literacy	Exploring Heroes & Villains Focus: Fiction (Characterisation), Non-Fiction (Biographies), Narrative Writing	Create Your Own Magazine Focus: Non-Fiction (News Articles, Advertisements, etc.), Persuasive Writing, Fact vs. Opinion.	Travel the World Focus: Fiction (Short Stories), Non-Fiction (Articles and Reports), Descriptive Writing.
Maths (White Rose SOW)	Place value. Addition and subtraction, multiplication and division. To instil a deeper understanding of Mathematical concepts using a range of fun and engaging activities through the use of concrete resources to model and consolidate learning in order to progress to the next taught module.	Fractions (A). Fractions (B). Converting units To instil a deeper understanding of Mathematical concepts using a range of fun and engaging activities through the use of concrete resources to model and consolidate learning in order to progress to the next taught module.	Ratio. Algebra. Decimals. To instil a deeper understanding of Mathematical concepts using a range of fun and engaging activities through the use of concrete resources to model and consolidate learning in order to progress to the next taught module.	Fractions, decimals and percentages. Area, perimeter and volume. Statistics. To instil a deeper understanding of Mathematical concepts using a range of fun and engaging activities through the use of concrete resources to model and consolidate learning in order to progress to the next taught module.	Shape. Position and direction. To instil a deeper understanding of Mathematical concepts using a range of fun and engaging activities through the use of concrete resources to model and consolidate learning in order to progress to the next taught module.	Themed projects, consolidation and problem solving. To instil a deeper understanding of Mathematical concepts using a range of fun and engaging activities through the use of concrete resources to model and consolidate learning in order to progress to the next taught module.
Science (White Rose SOW)	Autumn 1: Living Things and Their Habitats Investigate how living things are grouped using classification keys. Explore microorganisms, fungi, plants, and animal characteristics. Discover Carl Linnaeus and how classification began. Enquiry focus: “How can we sort and classify all living things?” Each learning module is designed to build on previous	Autumn 2: Electricity Identify how voltage affects components in a circuit. Design and evaluate circuits using symbols and diagrams. Use prediction, testing, and problem-solving with real circuits. Enquiry focus: “How can we control and improve our electrical circuits?” Each learning module is designed to build on previous knowledge through a range of both theory and practical activities to	Spring 1: Light Explore how light travels and how shadows are formed. Investigate reflection, refraction, and how we see. Solve real-world problems using mirrors and prisms. Enquiry focus: “How does light help us understand the world around us?” Each learning module is designed to build on previous knowledge through a range of both theory and practical	Spring 2: The Circulatory System Identify the heart, blood vessels, and blood types. Explore blood flow, oxygenation, and heart health. Dissect a heart and model blood circulation. Enquiry focus: “How does our circulatory system keep us alive?” Each learning module is designed to build on previous knowledge through	Summer 1: Diet, Drugs & Lifestyle Learn about balanced diets, calories, and essential nutrients. Investigate the effects of drugs, alcohol, and smoking. Plan and carry out a heart rate experiment. Enquiry focus: “How does our lifestyle impact our heart and health?” Each learning module is designed to build on previous knowledge through a range of	Summer 2: Evolution, Adaptation & Fossils Discover how plants and animals adapt to their habitats. Learn about natural selection and Charles Darwin. Study fossil formation and Mary Anning’s contribution. Enquiry focus: “How do fossils help us understand evolution?” Each learning module is designed to build on previous knowledge through a range of both theory and practical activities to

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	knowledge through a range of both theory and practical activities to increase understanding and consolidate learning.	increase understanding and consolidate learning.	activities to increase understanding and consolidate learning.	a range of both theory and practical activities to increase understanding and consolidate learning.	both theory and practical activities to increase understanding and consolidate learning.	increase understanding and consolidate learning.
<u>Kings Trust</u>	Healthy relationships, respecting others and explaining ways to build a healthy relationship	Identifying people who influence you, Name and explain both positive and negative peer influences that you may have read about or experienced personally	Identify ways in which you have positively influenced others. Building and maintaining trust.	Developing healthy relationships with others, participate in an activity which develops trust.	Review and discuss relationships with others, state how healthy relationships contribute to a healthy and positive wellbeing.	Identify a helpful habit to deal with negative peer influence and discuss ways that you could positively influence others.
<u>RHSE</u>	Rights and Responsibilities <ul style="list-style-type: none"> Understand what human rights are and why they matter Explore how to be responsible citizens in school, community and online Learn about democracy, rules, laws, and the importance of active participation 	Our Health and Personal Safety <ul style="list-style-type: none"> Learn how to keep physically and emotionally safe Understand personal hygiene, managing risks, and basic first aid Explore peer pressure, stranger danger, and safe online communication 	Achieving with Good Mental Health <ul style="list-style-type: none"> Recognise and manage a range of emotions and mental states Build strategies for resilience, confidence and managing stress Learn how to seek support and care for mental wellbeing 	Preparing for the Wider World – Careers, Enterprise and Finance <ul style="list-style-type: none"> Learn about jobs, careers and skills needed for the future Explore how money is earned, saved, budgeted and spent Understand enterprise, teamwork, and value of aspirations 	Sex Education, Contraception and Pornography <ul style="list-style-type: none"> Learn about puberty, reproduction, and sexual health Discuss consent, safe relationships and contraception choices Address myths and realities around pornography and media messages 	Healthy Relationships with Others and Ourselves <ul style="list-style-type: none"> Understand how to build respectful, positive relationships Learn about boundaries, empathy, identity and self-esteem Recognise unhealthy behaviours and how to seek help
<u>My activity passport</u>	Encourage a range of experiences, for example, social interaction, group work, imagination and outdoor activities as well as focusing on a range of curriculum links in order to inspire and develop existing skills and increase confidence through practical learning.	Encourage a range of experiences, for example, social interaction, group work, imagination and outdoor activities as well as focusing on a range of curriculum links in order to inspire and develop existing skills and increase confidence through practical learning.	Encourage a range of experiences, for example, social interaction, group work, imagination and outdoor activities as well as focusing on a range of curriculum links in order to inspire and develop existing skills and increase confidence through practical learning.	Encourage a range of experiences, for example, social interaction, group work, imagination and outdoor activities as well as focusing on a range of curriculum links in order to inspire and develop existing skills and increase confidence through practical learning.	Encourage a range of experiences, for example, social interaction, group work, imagination and outdoor activities as well as focusing on a range of curriculum links in order to inspire and develop existing skills and increase confidence through practical learning.	Encourage a range of experiences, for example, social interaction, group work, imagination and outdoor activities as well as focusing on a range of curriculum links in order to inspire and develop existing skills and increase confidence through practical learning.
<u>Strengthening minds</u>	Understanding emotions – students create a log to describe their feelings. Positive and negative emotions, Target setting and evaluation.	Tackling team work – Interactive games, check in challenge to describe your mood, complete a graphical organiser with a partner, Target setting and evaluation.	Consequences of mean behaviour – Students write down some examples of mean behaviour then compare ideas and discuss, who is affected by mean behaviour? Create a comic book to show how you can help somebody who is displaying mean behaviour. Target setting and evaluation.	The power of positivity – Today I feel, positive flip activity, analysing frustrating situations, Target setting and evaluation.	Less stress – Ways to manage stress, stress partner activity graphical organiser, designing my own worry web, target setting and evaluation.	Strategies – why do we need to use strategies? Why is this important? Sharing strategies and discussing ideas that may help. Target setting and evaluation.

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<u>PE</u>	Football/Rugby (Invasion games)	Basketball/Netball (Invasion Games)	Mini Tennis/Badminton (Net Sports)	Dance/Gymnastics	Cricket/Rounders	Athletics and Fitness Training
<u>Food Technology</u>	<p>NCFE food and Cookery level 1 Preparing to cook</p> <ul style="list-style-type: none"> Kitchen hygiene Personal hygiene Safety Control measures Hazards and Risk Identify large and small equipment and utensils Learning and demonstrating cooking skills Cleaning and storage of equipment Selecting ingredient Quality of produce Preparation of food Safe storage of food 	<p>NCFE food and Cookery level 1 Preparing to cook</p> <ul style="list-style-type: none"> Kitchen hygiene Personal hygiene Safety Control measures Hazards and Risk Identify large and small equipment and utensils Learning and demonstrating cooking skills Cleaning and storage of equipment Selecting ingredient Quality of produce Preparation of food Safe storage of food 	<p>NCFE food and cookery level 1 Understanding food</p> <ul style="list-style-type: none"> Identify the main food groups Food from different sources Grown, reared, caught, processed. Seasonality How the seasons affect food availability Food choices Social, Environmental, Budget and Sensory. Healthy eating and adapting recipes to budget or to be healthier Review the dish for example Cost, taste, appearance, smell and texture Timings 	<p>NCFE food and cookery level 1 Understanding food</p> <ul style="list-style-type: none"> Identify the main food groups Food from different sources Grown, reared, caught, processed. Seasonality How the seasons affect food availability Food choices Social, Environmental, Budget and Sensory. Healthy eating and adapting recipes to budget or to be healthier Review the dish for example Cost, taste, appearance, smell and texture Timings 	<p>NCFE food and cookery level 1 Exploring balanced diets</p> <ul style="list-style-type: none"> Balanced diets Identifying different nutrients Healthy eating Guideline Daily amounts(GDAs) Reference intake (RI) Food labelling Identify healthy and unhealthy ingredients Changing ingredients to make a healthier recipe 	<p>NCFE food and cookery level 1 Plan and produce dishes in response to a brief</p> <ul style="list-style-type: none"> Identifying the requirements from a set brief. Selecting Recipes Budget Where is food being purchased Action plan-timings Health and safety Strengths and weaknesses of chosen dishes Planning and designing a menu from a set brief. Evidenced research.
<u>Suggested Trips/Visitors</u>	Planetarium in Southend Zoo	Just ride Combat	Fire station visit Oxygen	Portals of the past for a great fire of London day	Belfair's Woodland Centre for a Minibeast hunt	Trip to Southend beach Litter picking

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<u>SMSC Links</u>	<p>Spiritual: Plot questions and think about how big the universe is, imagining what it would be like to go to space.</p> <p>Moral: Speculate how science could be advantageous to discover facts about the Earth. Do they agree with visiting space?</p> <p>Social: Exploring the social impact on humans if they decide to travel to space</p> <p>Cultural: Ask questions around how scientific discoveries of space have affected our lives</p>	<p>Spiritual: Imagine what it would be like to be the character in a fictional text</p> <p>Moral: Discuss consequences of positive and negative behaviour which may have taken place in a fictional story</p> <p>Social: Offer opportunities to talk about a range of stories and fictional plots, settings and characters</p> <p>Cultural: Explore different cultures within a range of fictional texts</p>	<p>Spiritual: Exploring the meaning and purpose of responding to others needs within society</p> <p>Moral: Develop awareness of what is right and wrong and what we need to do within the community to ensure everyone thrives and progresses</p> <p>Social: Make decisions as a class about how we can become good citizens and ensure everyone feels safe in the community in which they live</p> <p>Cultural: Explore how different cultures can offer great insights into how we lead our lives</p>	<p>Spiritual: Consider how things could have been different if the Great Fire of London hadn't occurred. How could it have been prevented?</p> <p>Moral: Speculate how Thomas Farnor would have felt after being the one who caused the Great Fire of London to start</p> <p>Social: Think about the impact on the community of London after the Great Fire of London</p> <p>Cultural: Explore and compare the culture of London in 1666 compared to the present day</p>	<p>Spiritual: Develop awareness of mini beasts and admire their natural beauty</p> <p>Moral: Discuss the importance of looking after the wonders of nature – opportunity to focus on the impacts of pollution and human activities that affect the planet.</p> <p>Social: Explain how humans can help to look after the existence of mini beasts</p> <p>Cultural: Explore mini beasts in different countries around the world</p>	<p>Spiritual: Ask pupils what they think it might be like to live or visit various beaches around the world – how might they differ?</p> <p>Moral: Discuss how we can look after our beaches and sea creatures</p> <p>Social: Consider social responsibility when visiting beaches – link with tips and visits to the beach and litter picking to demonstrate positive behaviour within society.</p> <p>Cultural: Explore how different cultures and weathers can affect different beaches around the world</p>
<u>History</u>	<p>Autumn 1: History Mysteries: What Can the Past Tell Us?</p> <p>Explore unsolved historical events and people using enquiry and imagination</p> <p>Topics: Stonehenge, Princes in the Tower, Black Death, Mary Celeste, Hidden Figures</p>	<p>Autumn 2: Conflict & Courage: Life During WWI</p> <p>Examine the real lives of soldiers, nurses, and civilians during the First World War</p> <p>Topics: Causes of WWI, Trench life, Propaganda, Women at war, The Christmas Truce</p>	<p>Spring 1: Spies, Secrets & Scandals: The Hidden Side of History</p> <p>Explore secret missions, codebreakers, and conspiracies that changed the world</p> <p>Topics: Bletchley Park, WWII spies, Cold War secrets, Tudor plots, Assassinations</p>	<p>Spring 2: The Tudors: Power, Pride & Punishment</p> <p>Study monarchs, religious change, and Tudor society through storytelling and drama</p> <p>Topics: Henry VIII, Elizabeth I, Religious conflict, Tudor law and punishment, The Spanish Armada</p>	<p>Summer 1: Revolutions That Changed the World</p> <p>Examine major revolutions that transformed societies, governments, and people's lives</p> <p>Topics: The English Civil War, The American Revolution, The French Revolution, The Industrial Revolution</p>	<p>Summer 2: How Has Britain Changed? A Story Through Time</p> <p>Big-picture thinking: track how Britain has changed from Roman times to now</p> <p>Topics: Romans, Normans, Victorians, 20th-century change, Diversity in Britain today</p>

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<u>Geography</u>	<p>Autumn 1: Geography Explorers: Discovering the World Around Us</p> <p>Map skills, continents, cultures, climate zones, and global journeys</p> <p>Topics: Maps, Weather, Culture, Packing, Planning a trip</p>	<p>Autumn 2: Global Adventures: Natural Wonders & Human Achievements</p> <p>Explore breathtaking natural landscapes and remarkable human constructions around the world</p> <p>Topics: Grand Canyon, Great Barrier Reef, Mount Everest, Great Wall of China, Burj Khalifa</p>	<p>Spring 1: People and Places: Comparing Lives Around the World</p> <p>Explore global contrasts in wealth, education, health, and lifestyle</p> <p>Topics: Rural vs. Urban, Developed vs. Developing, Global Inequality, Quality of Life</p>	<p>Spring 2: Weather and Climate: What Affects Our Skies?</p> <p>Investigate how weather works, how it's measured, and the effects of climate change</p> <p>Topics: UK Weather, Climate Zones, Extreme Weather, Data collection, Climate Change</p>	<p>Summer 1: Sustainable Planet: Can We Fix the Future?</p> <p>Focus on human impact, pollution, renewable energy, and environmental solutions</p> <p>Topics: Deforestation, Ocean Plastic, Climate Action, Renewable Energy, Everyday Sustainability</p>	<p>Summer 2: My Local Area: Exploring Where We Live</p> <p>Local fieldwork and community mapping to build connection and spatial awareness</p> <p>Topics: Maps, Land Use, Transport, Local Services, Sense of Place</p>
<u>Art</u>	<p>Exploring a range of Artists and their art work. Experimenting with colour, texture and layering. Opportunity to complete Art projects using a range of chosen artists to base their work upon.</p>	<p>Exploring a range of Artists and their art work. Experimenting with colour, texture and layering. Opportunity to complete Art projects using a range of chosen artists to base their work upon.</p>	<p>Exploring a range of Artists and their art work. Experimenting with colour, texture and layering. Opportunity to complete Art projects using a range of chosen artists to base their work upon.</p>	<p>Exploring a range of Artists and their art work. Experimenting with colour, texture and layering. Opportunity to complete Art projects using a range of chosen artists to base their work upon.</p>	<p>Exploring a range of Artists and their art work. Experimenting with colour, texture and layering. Opportunity to complete Art projects using a range of chosen artists to base their work upon.</p>	<p>Exploring a range of Artists and their art work. Experimenting with colour, texture and layering. Opportunity to complete Art projects using a range of chosen artists to base their work upon.</p>

Opportunity for cross curricular links when teaching each topic (Autumn 1-Summer 2)

Opportunity for differentiation throughout: Mind mapping, educational video clips that can be paused at intervals in order to allow for thinking time and increase confidence. Descriptive word mats and pictures to support. Group work in order to select students for particular roles within the group. Effective use of the LSA to support, repeat instructions and possible re-phasing of the question. Activity to engage and ensure a smooth transition between tasks. Audiobooks as well as physical objects to support learning and increase understanding. Breaking down tasks into small manageable chunks (chunked learning) as well as scaffolding and regular brain breaks to reset and increase concentration. Tricky letters and sound word mat to support students when writing sentences or key words to support their understanding.