

Yearly Overview 2020-2021

Subject: RHSE	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7/8 Group 1			British Values/Aspirations (Way to keep safe and healthy) -Understand meaning of aspiration -Undersatnd that personal behaviour can affect others -Importance of keeping safe -First aid	British Values/ Communication (Anti-bullying/Friendships) -How to manage pressures from peers -Healthy and unhealthy secrets -Listening and paying attentions to others -Positive attributes in a friend -How to be a good friend		
Year 7/8 Group 2			British Values/ Communication (Anti-bullying/Friendships) -Explore anti-bullying Strategies how to deal with hurtful experiences -Identify morals -Discrimination and how to challenge it -How to make and keep friendships -Reflect upon 'what makes a good friend	British Values/ Communication (Medicines/smoking/Alcohol) -Identify aspirations -Risks of medicines -Risks of smoking and vaping -Risks of alcohol -Support and organisations available -Medicines that contribute to good health -Mixed messages in the media around smoking and vaping		