

Sutton House Academy

Newsletter

www.suttonhouse.org.uk

Autumn Term 2022

Message from the Head Teacher



Dear Parents/Carers

And so we come to the end of another very successful year; after a hugely positive set of Summer exam results, we have moved forward in haste and our reading program (Read Write Inc – Phonics and Fresh Start) is already showing rapid progress, particularly across the Reach and Primary phases of the Academy.

Our Yr10 and Yr11 pupils were successful in their mock exams and further bespoke intervention will be available to support pupils access exams and coursework commitments in 2023.

Our parents have attended rich workshops and these will continue after the Christmas break.

Our Governors have been impressed with the events and celebrations we have attended including the Sports Dinner, Science workshops at Southend High School for Boys and the very popular (designed and implemented by our own students) Halloween Disco!

As we finish for the term, community members have the chance to make Yuletide logs and Christmas stockings.....Oh Yes they did!! Panto season is very much underway....

As the temperature plummets across the nation, please ensure you remain safe.

May I take this time to wish you all a very Merry Christmas and a Happy New Year.

Alexis Bull

Message from the Deputy Head Teacher



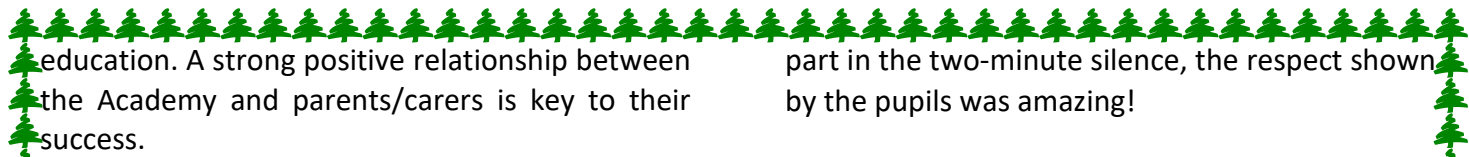
As Autumn term comes to an end and Christmas is fast approaching, I would like to take this opportunity to wish parents, carers, pupils and everyone associated with Sutton House Academy a very Merry Christmas.

Once again, Sutton House has taken the opportunity to work with several external partners this term, to continue making sure that the pupils receive the best possible service and practice alongside their education. We would like to thank and wish a very Merry Christmas to the following:

Southend Combat Academy, PL1 goal keeping, Well-being at Garons, Circles Farm, Rally Sports, Tracey Scott - Careers Connections, Lisa Sheppard - 121 Therapy, Alison Bradford - 121 Therapy, 60 minute mentor.

We look forward to working with you all in the new year.

Moving into the new year, I would like to thank all parents/carers for their continued support and I ask that this grows further to allow your son/daughter the best opportunity within their



education. A strong positive relationship between the Academy and parents/carers is key to their success.

With this in mind can I remind all of the following expectations:

Wednesday 4th January return to school. Uniform, this needs to be in place before pupils arrive at school. 8:30am arrival. After 8:45am please use main reception for late registration. Attendance - Ofsted set a very high expectation of 95% or better. A big push for the spring term, as Sutton House continues to grow, is that pupils begin to understand and become accepting of each other and their SEMH needs, again we ask parents/carers that this message and acceptance of others is kept consistent and that all who attend Sutton House Academy are as one community.

Lastly, I hope you all have a lovely and safe break while enjoying the family time spent together. I look forward to seeing you all in the new year and if you have any questions, queries or suggestion on how Sutton House can better your son/daughter's experience in education, then please do contact myself to discuss further in the new year.

Have a great Christmas and a happy new year to all.

Jack O'Connor
Deputy Head Teacher

Star Class and Rainbow Class

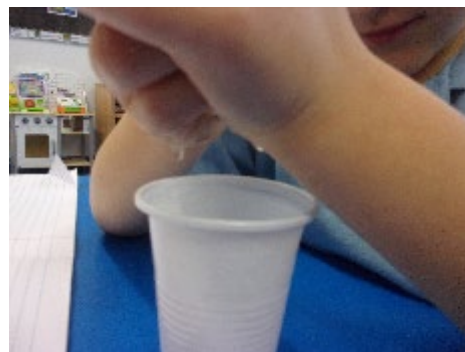
In Primary this term, we have been doing lots of exciting things including a class visit to the Planetarium in Southend as we have been focused on space. Staff there were very impressed with our children's knowledge and had some great conversations with them!

Children made planet diagrams and learnt about different planets temperatures and environments. Since returning after half term, we have celebrated Remembrance Day and all pupils took

part in the two-minute silence, the respect shown by the pupils was amazing!

We have had great fun creating our own short film in music with the support of Lights, Camera, Score provided by Music on Sea. Pupils are creating the music, writing the story and providing the voices of characters and the sound effects. We can't wait to share the final result with you all!

We have been reading George's Marvellous Medicine and pupils have engaged well, being able to locate information in the text and practice their English skills. We are learning about the states of matter in Science, conducting experiments like melting ice and turning it into water vapor. We are looking forward to watching the pantomime of Peter Pan as part of our Christmas celebrations!



Rachel Wyatt and Jo Hill

Jon Lee and Janine Willett



KS3 Reach

Reach+

The class wrote letters sending their condolences to the King on the death of his mother Queen Elizabeth II. On 18th November they received a written reply from King Charles III thanking them for their kind wishes.



Our two guineapigs are a great success with our class, bringing a calming and caring setting which is beneficial to all of our children.



In class we are reading Treasures in the Garden and the children have written about the characters and settings within the book also writing a postcard and designing a missing poster.

Sarah Wagstaff and Carol Cody

On the 15th November visitors from Colchester Zoo came into Sutton House to show the children animal artefacts, categorizing different animals into groups, eg reptiles, birds, mammals, fish and amphibians. All our pupils participated and learnt a lot from the visit.

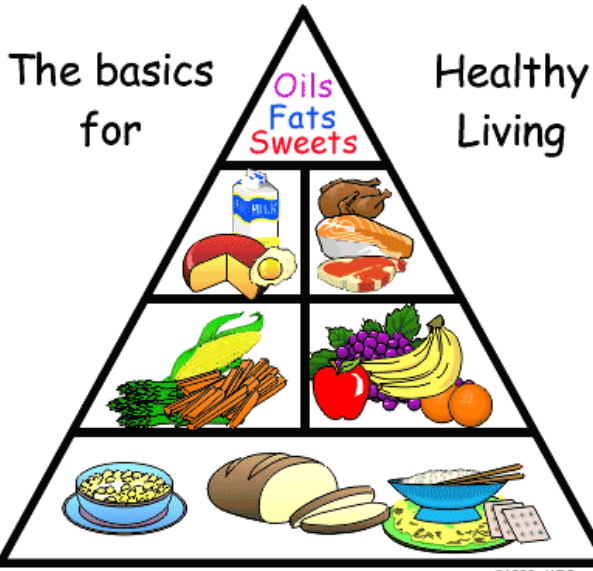
In English we are reading the book – How to Train your Dragon, all our pupils are sitting on the edge of their seats as we're getting to the climax of the story ...



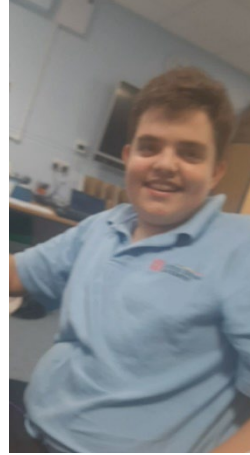
Keris Newman – Jodeann Henry

Food Technology

The whole school is learning about kitchen safety and different food groups.

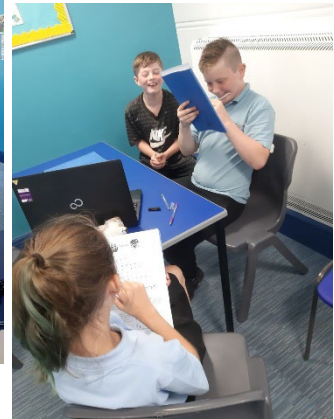


KS3 have been practising their addition, subtraction, multiplication and division, drawing and analysing charts, completing worded questions and working through KS3 catch-up books with one Year 7 having finished all 36 exercises !



Primary are working on a space topic and have made moon bread, star cookies and space ice-cream !

Years 9,10 and 11 plus Reach are all working towards their NCFE Level 1 or 2 qualification and we have lots of budding chefs !!



Michelle Chaplin

The KS4 students have been working through GCSE exam question booklets making independent notes on challenging topics and completing mock exams with enthusiasm.

Maths



Sophia Shaw and Christie Hale

English

English has had a transformation!



September welcomed the new English Teacher Charmainé and LSA Molly. Working as a team, the ladies have been working hard to transform not just the English room itself (more work to be done still, stay tuned) but also on how English is being delivered!

English can be seen as boring at times but to engage learners Charmainé and Molly have spent time ensuring each session is engaging for learners as well as educating. Charmainé has brought in the use of buzzers and Ipad quizzes to complete assessments. Fun themes such as Harry Potter, Charlie and The Chocolate Factory, Anime and more!

Learners have been a lot more engaged and have produced a lot of detailed English work resulting in more than 70% of the school going up a level last term. Well done everyone keep up the good work!



Charmainé Grier – Molly Caplan

PE

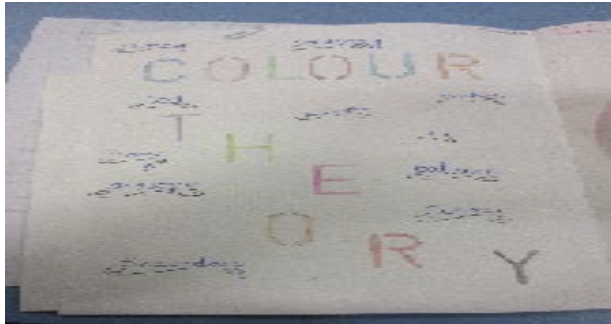


All students are continuing to access knowledge of invasion games such as basketball, football, netball and handball; to multiply variation of games and activities, helping them to develop core skills in sports.



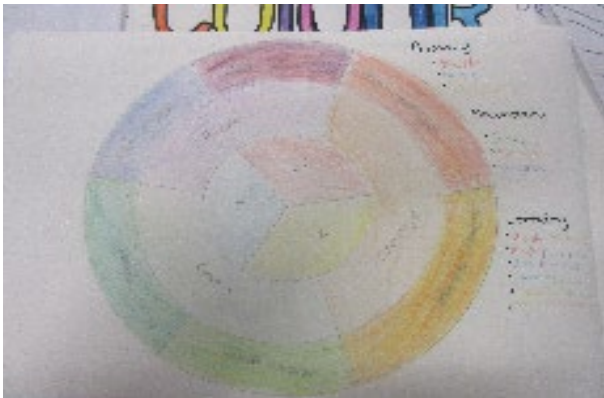
Alan Krzempek

Art



This term in art, Primary and Reach + pupils have been looking at the colours of Autumn. They have had fun making paints from natural resources, the way the cavemen did it! Aside from the glorious smells this creates they have all produced some beautiful Autumn leaf paintings.

In Secondary, pupils have been learning about colour theory. They have made their own colour wheels based on the very first design produced by Sir Isaac Newton. They are currently working on landscape pieces which are 50% warm colours and 50% cool colours! Some beautiful work produced so far.



Shelby Beckinsale

PHSE



Year 7s have been learning about money management – budgeting and expenditure.

Year 8s have been focusing on current affairs, covering cults and different religions.

Year 9s have been working on subjects such as drugs and staying healthy.

KS4 students have been working on subjects such as drugs and health too, to go towards their Personal Wellbeing qualification.

All pupils have taken part in an Anti-bullying Week where all year groups were learning about the importance of being kind and caring to each other.

Neve Ayres – Holly Flynn

KS4 Reach Out

Reach Out has had a fabulous start to the new academic year! We have a lovely new classroom and everyone is developing a real sense of belonging and teamwork. We welcomed Trixie and Jodeann to the class as our shared Learning Support Assistants. As part of our learning, we have been reading and writing our own fantasy stories and trying to master using fronted adverbials in our work. In maths we have been using various measurements and converting between measurements. This was made more enjoyable by using our own questions to investigate and resulted in pupils measuring each other's heights and hand size and comparing Primary, Secondary and adults! Pupils attended a careers session too, to discuss their aspirations for when they leave school. As part of supporting Children In Need, pupils enjoyed making their own Pudsey ears and we have also enjoyed visits from staff at Colchester Zoo who shared with us different animal exhibits such as skulls, skins and furs. The zookeeper asked questions, helping us to distinguish animal groups such as mammal,

amphibian, reptile etc.. A lot of fun and squirming was had by all.



Careers – Jack O'Connor

Year 10 and 11 parents were invited to come in with their child to speak to our Careers Adviser, Tracy Scott. Each student had the opportunity to ask questions about courses and apprenticeships which they were interested in.



School Kitchen

Welcome to my new member of staff Michell who will be helping me with Christmas Dinner this year which is on Friday 16th December.



Over the recent months I have cooked themed lunches for American 4th July and Chinese New Year both of these meals were a great success and the pupils thoroughly enjoyed themselves.

Jaymi Parr and Michell Ferola

Message from Gemma Strawford – SEND Manager

In November I held a workshop for Sensory Needs which was well attended and was very positive.

We have also been out to the cinema as part of our rewards and are all enjoying completing “Diamond Art” activities to develop our concentration and motor skills as well as improving our wellbeing. I am very proud of all the pupils engagement during mock exam week and look forward to continuing our learning journey next year!

Paula Barker and Trixie Ashby

Supra Curricular

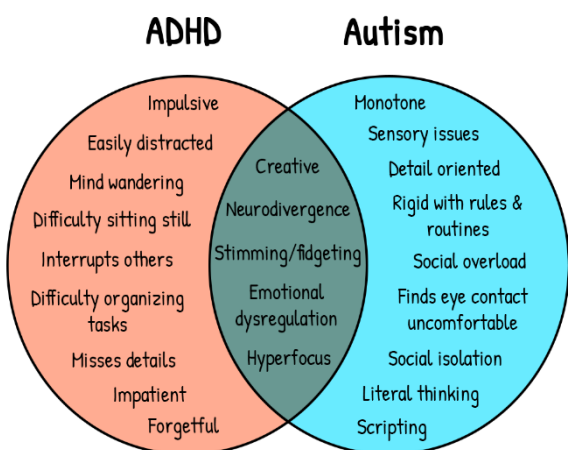
Boxing

We have a number of students who attend boxing each week and are enjoying the experience.

My second workshop will be held on Wednesday 18th January and will be about Autism and ADHD. This will be held in-house between 9.30am and 1.30pm; coffee and lunch will be provided.

The aim of these forums are to be a protected, positive and non-judgement space where we can share stories and speak generally about our children. You can share as much or as little as you wish but individual situations will not be discussed in depth to ensure we provide balance and meet the holistic needs of the group.

If you would like to attend the next workshop on 18/01/2023 please call Reception on 01702 904633. If you have any questions, please do not hesitate to contact me. Gemma



Message from Jess Smethurst – Designated Safeguarding Lead



To all parents/carers please note the following :

As I am sure you are aware there have been a higher number than usual of Strep A and Scarlet Fever cases being reported. To make you are aware of the symptoms, please read this poster.

Scarlet Fever/Group A Strep

Scarlet Fever is caused by the bacteria group A streptococcus. It usually causes a throat infection that clears by itself. Rarely, the infection can spread to the blood and become more serious.

What to look for?

Rash may look like: **Headache** **High temperature**

Muscle aches **Sore throat with red & swollen tongue or strawberry tongue**

Tongue may look like: **'Sand-paper' like rash**

WHY ARE THERE MORE CASES NOW?
There are more cases now of group A streptococcus (more than 4 times this time last year). The bacteria that causes the infection is contagious and sometimes it can be a few days before you show signs of the illness.

CAN YOU TEST FOR IT?
Most doctors tend to diagnose scarlet fever from the symptoms alone. Sometimes they will use a throat swab to help test.

HOW CAN YOU TREAT IT?
Usually, cases of scarlet fever will be mild. If you are worried, see your GP or call 111. If your child is prescribed antibiotics, complete the full course.

ON DARKER SKIN...
The rash can be difficult to see on darker skin tone, however can still have a sandpaper texture. The rash is more obvious in the groin/armpit area. Sometimes the flushed cheeks appear as 'sunburned' on darker skin, with whiteness near the mouth.

See your GP or call 111:
Your child is getting worse, feeding much less than usual and your child is tired/irritable.
Your child having less than 2 wet nappies in 24 hours.
Your child has had more than 5 days of fever

Call 999 if:
Your child is having difficulty breathing
Your child's skin/tongue/lips are blue
Your child is floppy or won't wake

FIND OUT MORE:

- <https://www.nhs.uk/conditions/scarlet-fever/>
- bit.ly/strepparentsguide
- <https://what0-18.nhs.uk/professionals/gp-primary-care-staff/safety-netting-documentary-parents>

BRITISH ISLAMIC MEDICAL ASSOCIATION
www.britishtisha.org | info@britishtisha.org

1: 06/12/2022

For any further information please go to this weblink which contains relevant information:

<https://livewellsouthend.com/kb5/southendons/ea/directory/advice.page?id=RpoMs020AgA>

Christmas can be a difficult time of year for many reasons for some families. Below are some numbers which could be helpful in a time of need:

Key Dates

Last day of Autumn Term
Tuesday 20th December 2022

Spring Term 1
Wednesday 4th January 2023

February Half Term
Monday 13th to Friday 17th February 2023

Spring Term 2
Monday 20th February to Friday 31st March 2023



FAMILY LIVES (all aspects of parenting)
www.familylives.co.uk
0808 8002222



CHILDLINE
www.childline.org.uk
0800 1111



FRANK (counselling)
www.talktofrank.com
0300 1236600



SAMARITANS (counselling)
www.samaritans.org.uk



MIND (counselling)
www.mind.org.uk
0300 1233393



ANXIETY UK (anxiety issues)
www.anxietyuk.org.uk
03444775774