

## Personal Well-Being - Yearly Overview 2023-2024



**The aim of delivering this subject:**

Personal Wellbeing is aimed to increase KS4s’ knowledge of society. The society in which they will live in and work in. It will provide key knowledge and skills, to ensure a crucial and independent transition into the wider world.

Subject: Personal Well-Being	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Year 10</b>	E-Safety	Personal Identity, Self-Esteem and Confidence	Mental Health and Wellbeing	Mental Health and Wellbeing	Understanding Sex and Relationships	Understanding Sex and Relationships
<b>Year 11</b>	Personal Identity, Self-Esteem and Confidence	Healthy Lifestyles	Awareness of Drugs and Substance Use	Sign Off for each section Responding to IQA comments		