

Scheme of Work: Basketball

Key Stage: 3	YEAR: 8	DURATION: 6 LESSONS
<p>AIM: Pupils will focus on developing team attacking and defending strategies and techniques. Pupils will select and apply their skills so that they can carry out tactics with the intention of outwitting their opponents.</p>		
<p style="text-align: center;">PRIOR LEARNING</p> <p>It is helpful if the pupils have:</p> <ul style="list-style-type: none"> ➤ Played a variety of conditioned basketball games ➤ Worked independently in small groups ➤ Used and applied basketball rules ➤ Some knowledge of tactics and team organization in basketball ➤ Developed basic basketball skills 	<p style="text-align: center;">LANGUAGE FOR LEARNING/ICT/CITIZENSHIP</p> <p>Through the activities in this unit pupils will be able to understand, use and spell correctly word relating to basketball . Example principles of attack and defence, marking, covering and following through. Opportunities for pupils to record rules and tactics using ICT. Watch video/compare professional game Communication Speaking and Listening Cooperation Working together</p>	<p style="text-align: center;">RESOURCES</p> <ul style="list-style-type: none"> ➤ Basketballs ➤ Bibs ➤ Cones ➤ Access to information through ICT ➤ Information on local clubs
Key Concepts and Processes:		
<p style="text-align: center;">Outwitting an opponent:</p> <p>Pupils will further develop the ability to outwit opponents and teams using strategies and tactics. Pupils will learn to combine and perform further developed basketball skills consistently applying a greater accuracy and higher quality of technique. Continual development, adaptation and refinement of the necessary skills will contribute to producing an improved performance & technique.</p>	<p style="text-align: center;">Developing Physical and Mental Capacity</p> <p>Physical warm ups aid as a useful fitness tool in developing a pupils physical capacity. Develop a knowledge of the major rules and laws involved in Basketball. Use basketball to develop observation skills on peer performances, skills and techniques. Ask questions about the effectiveness of these tactics.</p>	<p style="text-align: center;">Developing Skills/Performance</p> <p>Pupils will further develop the fundamental principles of play when selecting and applying tactics for defending and attacking. Passing, Receiving, outwitting defenders, Dribbling, and shooting will be developed through small sided games and conditional situations. Demonstrating high quality performances and accurate replication will be assessed.</p>
<p style="text-align: center;">Making and Applying Decisions</p> <p>Pupils will be constantly faced with strategic and tactical decisions based on movement of the ball into space and choice of skill execution. Opportunities to referee/coach pupils or small groups will develop communication and decision making skills. Opportunities to referee/coach pupils or small groups will develop communication and decision making skills.</p>	<p style="text-align: center;">Making Informed Choices About Healthy, Active Lifestyle</p> <p>Pupils will learn to prepare for and recover from exercise safely and effectively and to know the principles used. Pupils will recognise the benefits to their health of regular exercise and the benefits of being active. Suggest any basketball clubs within the school timetable and promote community links. To understand the type of fitness basketball players need to perform at a high level.</p>	<p style="text-align: center;">Evaluating and Improving</p> <p>Pupils will be able to use information gained from analysis of performance to influence and improve their own play. Peer observation and evaluation. Peer observation and evaluation. Suggest area for improvement. (Peer coaching, 'what makes good' questioning/demos & targeted differentiated questioning). Provide opportunities for pupils to assessment own performance.</p>
<p>Cross Curricular Links: Literacy (key words), Maths (scoring), Citizenship (sportsmanship), Science (bodily functions and healthy lifestyle consequences)</p>		<p>Assessment: Q & A, Formative and summative assessment.</p>

Extension & Enrichment

Out of lessons, at home and in the community, pupils could be encouraged to:

- practise skills at home
- take part in school sport, either competitively or socially
- join clubs in the community and/or use local facilities
- watch live and recorded matches, to appreciate high-quality performance
- make up games that focus on improving technique and fitness
- read rule books and sports reports in newspapers and magazines

Language for learning

Through the activities in this unit pupils will be able to understand, use and spell correctly words relating to:

- tactics, *eg principles of attack and defence, finding and using space, changing speed, being direct, marking, covering, delaying, moving feet, watching the ball, following through*
- preparation, *eg warming up, cooling down*
- assessment, *eg collecting and analysing data*

Speaking and listening – through the activities pupils could:

- collaborate with others to share information and ideas, and solve problems

Expectations

After carrying out the activities and core tasks in this unit.

most pupils will: use a range of skills and techniques fluently and accurately; devise and carry out a range of different tactics and practices; work cooperatively in their groups, taking on a variety of roles within the group and the games played; recognise the similarities between the games played, applying and adapting tactics and skills effectively; identify what they need to do to improve, carry out and adapt ideas and suggestions given to them

some pupils will not have made so much progress and will: use a small range of techniques with some accuracy and consistency; make set responses with occasional variation; cooperate with others and participate in the activities in specific roles; carry out practices and ideas given to them by others to help improve their play

some pupils will have progressed further and will: take on a range of different roles and always have a strong impact; use skills with speed, accuracy and control; devise, carry out and adapt a wide range of strategies, tactics and ideas; take the lead and be careful to involve others; make good connections between ideas and structures in different games; respond quickly to new and changing situations and contexts; devise and develop practices to improve their own and others' play

WEEK	LEARNING OBJECTIVES	TASK EXAMPLES	POINTS TO NOTE/ DIFFERENTIATION
1	Develop Passing/Pivoting & Dribbling/Triple Threat To be able to perform passing and receiving techniques and use to outwit opposition. To be able to perform these in a small sided game with success. To use dribbling technique correctly and understand what constitutes a double dribble and traveling.	Warm up – Student led, progressive jogging and dynamic stretching. Starter = game of endball. Recap basic techniques- handling skills, passing + receiving effectively. Pupils investigate the best ways of passing to attack. Pupils develop analytical skills. Use of 3 bounces to dribble? Positive motion towards basket with 3 bounces. Use of triple threat? - Shoot, pass or dribble. Small sided game (3 v 3)	All lessons start with basketball related warm-up and re-cap work of previous lesson. Make learning as active as possible
2	Attacking and outwitting an opponent. To develop an understanding about attacking principles related to basketball. To perform and accurately replicate a range of dribbling skills to outwit opponents. To understand the need of tactical movements and strategies to invade opponents half. To demonstrate a developing understanding of basketball.	Warm up basic skills. Relay – using control and speed while dribbling. Intro - cross over, behind back and in and out of cones. All in large square last man standing. Must protect ball while trying to tap opponent's ball out. Progress to 1 v 1 on a basket. How can you outwit an opponent? Drive, fake, body positioning. Small games: 4 v 4.	Give opportunities to plan tactics Research rules on internet
3	Defence – Defending Skills/ To be able to outwit opponents with the use of defending skills. <i>i.e. interception, strip, side step.</i> To be able to perform skills in a small sided game making decisions about how best to stop opposition. To develop an understanding about rebounding and accurately replicate. To develop knowledge of basketball rules (<i>i.e.</i> contact)	Warm up – Shadow dribbling. B's follow A's Dribbling, must always stay arm length away but never make contact. Progress to trying to strip ball legally. What makes legally? Discuss. 1 v 1, 2 v 2- intro man on man defense. Anticipate rebounds. Teaching points: Jump straight up, no contact, positioning to the basket (box out). 3 v 3,- man on man defense – call out person marking at all time.	Video to analyse performance Tasks set to cater for levels of ability: Distance from target
4	Recap Shooting – set shot, lay up To understand and know the benefits of types of shots. To develop their understanding and knowledge of how to execute a successful set shot. To be able to outwit opponents using learnt skills and techniques. To develop an understanding of the importance of width and playing into space in order to attack.	Perform set shot technique on the spot (BEEF- bend legs, elbows-45°, eyes on ring & follow through-snap wrists). 3's Shoot at basket – from free throw line. Teaching points: Concentrate on accuracy & technique. In 4's - Progress to 21 game. 1 shoots from free throw line. If miss next in line rebounds & shoots from rebound position. Keep going until a score = 1 point. Scorer takes ball to start and has set shot. Successful from free throw line = 2 points. Small Sided Game (4 vs 4).	Size of practice area
5	Develop Shooting – jump shot To perform the jump shot appreciating the outcome necessary. To develop their understanding and knowledge of how to outwit an opponent using accurate replication of shooting techniques. To understand and appreciate the need to make decisions about choice of technique and refining ideas when unsuccessful.	In small groups recap set shot (BEEF). Incorporate jump, focus on release at top of jump + follow through. Progress to small sequence. A's on half way line, dribble, pass to B, receive back and end with jump shot. 3's play 21 game. 2v2 ½ court trying to outwit opponents using skills. Highlight footwork, Approach to basket + drive to basket. Small Sided Game-3v3 games full court. Contact when shooting = free throw.	
6	Assessment To demonstrate the ability to outwit an opponent in a game situation using the appropriate skills and techniques. To accurately replicate actions and sequences. To show their knowledge and understanding of the rules in basketball. Further development - Inter house/form basketball comp.	Warm up – Student led, progressive jogging and dynamic stretching. 21 game. 4 vs 4.- King of the court – Winners up / Losers down Student rank themselves Teacher grades against NC levels	