



Sutton House Academy Wentworth Road Southend on Sea SS2 5LG

Tel: 01702 904633

Headteacher: Alexis Bull

29th February 2024

Dear Parent/Carer,

I would like to take this opportunity to update you regarding our lunch time routines and our Culture for Learning. Lunch is held in the hall and we also offer a "quiet" lunch room, as we fully appreciate the different needs of our pupils and a small number of pupils require a quieter space. This is based on each individual pupils needs and our assessments.

Unfortunately, our quiet lunch space as become very busy and loud, due to larger numbers of pupils wanting to access this space. Therefore, from Monday 4<sup>th</sup> March, the expectation will be all pupils eat in the hall with staff and peers. Quiet lunch will be for pupils with identified need, as per their EHCP.

Eating lunch in the hall is an important life skill and part of your child's personal development. It allows them to interact with different pupils and staff, under close supervision. At 1pm, pupils will continue to have the opportunity to access the outside space or take part in activities inside, which again are run and supported by adults.

Can I also remind you that we are a Healthy Eating School. Please try and provide your child with a healthy breakfast at the start of the day. Fruit is available to all pupils, in all classes, throughout the day. Breakfast is available as well as food at break times, for all pupils. These remain free to all.

If your child brings a packed lunch, can I remind you that unhealthy snacks (eg chocolate bars and crisps) are not part of being a Healthy School. Drinks should be water or no added sugar squash/flavoured water.

As always, we value your continued support to ensure the very best outcomes for our pupils.

Kind regards,

Paula Barker Assistant Head teacher