


Autumn/ Winter  
2023/ 2024

## WEEK ONE

30/10/2023  
20/11/2023  
11/12/2023  
15/01/2024  
05/02/2024  
04/03/2024  
25/03/2024

Option one

Cheese and  
Tomato Pizza with  
Pasta Salad 

Option two

Vegetable Couscous 


Vegetables

Vegetables of the Day

Dessert

Lemon Drizzle

## TUESDAY

A choice of Burger  
(Beef & Bean or  
Vegan) in a bun  
and Potato Wedges 

Vegetables of the Day

Fruit Jelly  
with Mandarins 

## WEDNESDAY


Veg Wellington,  
Stuffing, Roast or  
Mashed & Potatoes

Roast of the Day, Stuffing  
Roast or Mashed  
Potatoes & Gravy

Vegetables of the Day

Freshly Chopped Fruit  
Medley 

## THURSDAY

Veggie Bolognese with  
Garlic Bread 

Chef's Chicken  
Korma with Rice 

Vegetables of the Day

**Apple sponge**

## FRIDAY

Fishfingers with Chips &  
Tomato Sauce

Five Bean Chilli with Rice  
or Jacket Potato 

Vegetables of the Day

 Oaty Cookie 

## WEEK TWO

06/11/2023  
27/11/2023  
18/12/2023  
22/01/2024  
19/02/2024  
11/03/2024

Option one

Tomato Pasta 

Option two


Cheesy Swirl with New  
Potatoes

Vegetables

Vegetables of the Day

Dessert


**NEW** Carrot Cake

Lentil and Sweet  
Potato Curry with Rice 

Chicken tikka  
masala with Rice 


Vegetables of the Day


Apple Crumble with  
Custard 

A choice of BBQ or  
Lemon & Herb  
Chicken or Vegan  
Quorn, with Seasoned  
Potatoes or Jollof Rice  
and Salads 

Vegetables of the Day

Fruit Medley 

Veggie meatballs in  
tomato sauce with rice 

Spaghetti Bolognese  
with Garlic Bread 


Vegetables of the Day

Chocolate Drizzle Cake with  
Chocolate Sauce

Fishfingers with Chips &  
Tomato Sauce

Chinese Vegetable  
Noodles

Vegetables of the Day

Vanilla Shortbread 

## WEEK THREE

13/11/2023  
04/12/2023  
08/01/2024  
29/01/2024  
26/02/2024  
18/03/2024

Option one

**NEW**  
A choice of  
Tomato or  
Carbonara  
Pasta with  
Toppings 



Option two



Vegetables of the Day

Vegetables

Dessert


Iced Sponge

 Vegetable Fajitas  
with Rice 

 Mexican Beef  
with Rice 

Vegetables of the Day


**NEW** Chocolate  
Orange Cookie 


Veggie Sausages, Onions  
and Gravy with Roasted or  
Mashed Potatoes 

Roast chicken with roast  
or Mashed Potatoes

Vegetables of the Day

Fruit Platter 


Vegetable tagine with lemon  
and parsley couscous 

Chicken pie with mashed  
potato 

Vegetables of the Day

Peach Upside Down Cake  
with Custard

Fishfingers or Salmon  
Fishcake with Chips &  
Tomato Sauce

Chickpea and  
Vegetable Hotpot & new  
potatoes 

Vegetables of the Day

**NEW** Melting Moment  
Biscuit

## MENU KEY



Added Plant Power



Wholemeal



Vegan



Chef's Special

**Available Daily:** - Freshly cooked jacket potatoes with a choice of fillings - Bread freshly baked on site daily- Daily salad selection

### ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

**caterlink**  
feeding the imagination