

WEEK ONE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option One	Roasted Vegetable Pasta	Moroccan Couscous	Macaroni Cheese	Cheese and Pepper Whirl	Tomato and Vegetable Pasta
Option Two	 Beef Bolognese with Wholemeal Pasta	Greek Chicken and Pitta with Potato Wedges	 Roast Chicken (boneless diced) with Roast Potatoes and Gravy	 Cottage Pie	Breaded Fish with Chips
Option Three	Jacket potato with Baked Beans	Jacket potato with Baked Beans	Jacket Potato with Baked Beans	Jacket Potato with Baked Beans	Jacket Potato with Baked Beans
Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
Dessert	Yogurt and Fresh Fruit	Strawberry Jelly	Yogurt and Tinned Peaches	Carrot Cake	Yogurt and Fresh Fruit

WEEK TWO

Option One	Spicy Vegetable and Lentil Cous Cous	Quorn and Black Bean Fajita	Vegetable Wellington	Chinese Vegetables Noodles	Tomato and Vegetable Pasta
Option Two	 Mexican Beef Chilli with Turmeric Rice	 Portuguese Chicken and Bean Stew	 Roast Chicken (boneless diced) with Roast Potatoes and Gravy	Spaghetti Bolognese	Breaded Fish and Chips
Option Three	Jacket potato with Baked Beans	Jacket Potato with Baked Beans	Vegetables of the Day	Jacket Potato with Baked Beans	Jacket Potato with Baked Beans
Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
Dessert	Yogurt and Tinned Pears	Eve's Pudding with Custard	Yogurt and Fresh Fruit	Peach Crumble and Custard	Yogurt and Tinned Apples

WEEK THREE

Option One	 5 Bean Chilli with 50/50 Rice	 Vegan Soya Bolognese with Wholemeal Pasta	 Rainbow Pizza with Wedges	 Quorn Sausage with Potato Wedges	 Tomato and Vegetable Pasta
Option Two	Chicken Meatballs in Tomato Sauce & Rice	 Beef Bolognese with Wholemeal Penne	Roast Chicken (boneless diced) with Roast Potatoes and Gravy	Halal Chicken Sausage with Wedges	Breaded Fish and Chips
Option Three	Jacket Potato with Baked Beans	Jacket Potato Baked Beans	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
Dessert	Yogurt and Fresh Fruit	Apple Crumble	Yogurt and Tinned Fruit	Baked Pineapple Cake	Yogurt and Fresh Fruit

MENU KEY

 Added Plant Protein
  Wholemeal
  Vegan
  Chef's Special

Available Daily: - Freshly cooked jacket potatoes with a choice of fillings - Bread freshly baked on site daily- Daily salad selection – Fresh Fruit and Yoghurt

ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.