

Dear Parents, Carers, and Families,

We hope this finds you well and safe. We are excited to share that our school is working in partnership with Camden Local Authority to become a designated 'Trauma Informed Practice' school.

We recognise the importance of this approach within our classrooms as we integrate the impacts of the pandemic through the Recovery Curriculum.

Our Spring and Summer Term training programmes for all staff are dedicated to key themes to embed the focus on mental and emotional wellbeing.

We are also working with Camden Local Authority to access their plan to extend the Positive Behaviour Support (PBS) programme into local schools.

Our school has found the PBS model very supportive for families that have accessed this programme through specialist services for their child.

The core principles of PBS link to our curriculum's aims and our school ethos.

There are two free sessions being held next week for families and carers to learn more about PBS.

For more information and to book, please follow the links below:

Tuesday 23<sup>rd</sup> March Wednesday 24<sup>th</sup> March

### In this Newsletter

Trauma Informed Practice (TIP) School Positive Behaviour Support (PBS) Positive COVID-19 Case

## bild CAPBS

Health Education England

### Positive Behaviour Support Helpline: Group sessions for family carers

Bild is continuing to provide a supportive helpline service for family members and carers of people with learning disabilities. As well as 1:1 telephone calls we are now providing small group sessions, via Zoom, co-facilitated by our PBS consultants and family members of people with learning disabilities who are training to become PBS Peer Educators.

The overall aim of PBS is to improve the quality of a person's life and that of the people around them. PBS is especially appropriate when someone is distressed or if their behaviour is concerning or challenging.

## "...feels like a safety net, and I was definitely held in the safety net today"

Supporters, carers and family members might want to discuss how they are doing, to gain reassurance that they are doing the right thing. Or they might want to talk through some ideas and get some practical suggestions.

Everyone knows it helps to talk to someone who understands their situation, and family and friends will always be a person's first choice. However, sometimes it helps to talk to someone who is hearing it for the first time and has experience with similar situations.



Bild's qualified and experienced PBS consultants can provide targeted coaching and strategies and the family members co-facilitating these sessions will be able to bring their expertise and insight.

#### Update: Positive Case of COVID-19 following Positive Lateral Flow Test Result

A member of staff that did not have symptoms tested positive during a lateral flow 'asymptomatic' test this morning. This led to a full PCR COVID-19 test which confirmed that they were positive for COVID-19. The member of staff is from the Purple Bubble, and the Greta Thunberg Class are confirmed as direct contacts.

We are working closely with the London Coronavirus Response Cell and Camden & Islington Public Health Teams. The pupils and staff from the class have moved into self-isolation at home in line with the national guidance.

Please continue to monitor your child and family for symptoms due to the ongoing pandemic. If your child develops any symptoms, please contact the school and we can support you. The most common symptoms of coronavirus (COVID-19) are:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

If you have any questions or concerns, please contact reception on 02076818080, email <a href="mailto:support@swisscottage.camden.sch.uk">support@swisscottage.camden.sch.uk</a>, or speak to us at the school gates. We want to ensure you are supported as you receive this update on a positive case within our school community.

Yours Sincerely,



Vijita Patel Principal



Becky Shaw Vice Principal



Mia Dodsworth Vice Principal



Lucy Hall Assistant Principal



Laura Fawcett Assistant Principal (Lower)



Matthew Maguire Assistant Principal (Upper)



Rima Blakaj School Business Manager

**Useful Information:** 

Transition 'Recovery Curriculum': <a href="https://swisscottage.camden.sch.uk/swiss-cottage-school-curriculum-focus/">https://swisscottage.camden.sch.uk/swiss-cottage-school-curriculum-focus/</a>

Government Roadmap out of Lockdown: <a href="https://www.gov.uk/government/publications/covid-19-response-spring-2021/covid-19-response-spring-2021-summary">https://www.gov.uk/government/publications/covid-19-response-spring-2021-summary</a>









Whittington Health NHS

# Dental Health Advice for Parents/Carers & Easter Holiday Dental workshops for Children

Venue: Join online Zoom

Camden Learning is inviting you to schedule meetings.

#### Tuesday 16th March 2021 at 10:30 to 11:30

Parents/Carers of Babies and Toddlers 10:30 to 11:30
https://us02web.zoom.us/j/82868177195?pwd=eWJ3Wmt6dUR0cERyYk1BOWhPM0JIZz09
Meeting ID: 828 6817 7195
Passcode: 422955

#### Friday 9th April 2021 at 10:30-11:00

Children's Easter Dental Workshop Sessions 3yrs to 6 years
<a href="https://us02web.zoom.us/i/81370856020?pwd=RjRpNE1DRnZNYIYyUVRZSmpia1NsUT09">https://us02web.zoom.us/i/81370856020?pwd=RjRpNE1DRnZNYIYyUVRZSmpia1NsUT09</a>

Meeting ID: 813 7085 6020

Passcode: 412105

#### Monday 12th April 2021 at 10:30-11:15

Children's Easter Dental Workshop Sessions 7yrs old & over https://us02web.zoom.us/j/84918439763?pwd=Qms1bEltTiRvNjI1UIZjRGttQ3BUQT09 Meeting ID: 849 1843 9763 Passcode: 456704

#### 19th April 2021 13:00-14:00

Dental advice for Parents/Carers of SEND Children

https://us02web.zoom.us/j/87131472910?pwd=b0dlcnhLOW1xZCtHQ1FxaHNRK0lodz09

Meeting ID: 871 3147 2910

Passcode: 046508

#### 26th April 2021 10:00-11:00

Dental Health Advice - Parents/ Carers

https://us02web.zoom.us/j/82051364952?pwd=dGlOSUwrU0hoZXU1Y2s5Lysvb0dsdz09

Meeting ID: 820 5136 4952

Passcode: 280062

Note: For further information: Please contact Nicola Ramnarine on: nicola.ramnarine@nhs.net Tel: 07920236977



Click here for more information.



