

Clothing

For your child to get the maximum benefit from Forest School it is essential that he/she is dressed correctly. Your child will need to wear wellington boots/snow boots and waterproof trousers and coat all year round. The thickness of clothing underneath their waterproofs will depend on the season.

During the very cold weather thermal trousers, socks (**preferably welly socks or at least two pairs**) and vests will really help to keep your child warm. More thin layers are best for warmth and can always be removed if too warm.

Jeans are not suitable, jogging trousers or leggings are comfortable and warm gloves, hats are also essential.

Please use old clothes and let your child know that at Forest School they **CAN GET DIRTY** and you don't mind!

Also spare pants, socks and gloves would be useful.

Please provide:- a drink, sun hat and cream when weather is warmer.

Names on all clothing is essential!