



TRAVEL TOKYO



SPORT ENGLAND

LOTTERY FUNDED

WE'VE JOINED THE JOURNEY TO TOKYO!



Starting in schools



Travelling in teams



Discovering Japan



Getting active with family



Trying new activities



Finding out about the Olympic and Paralympic Games



Working hard



Having fun



Building healthy habits



GET SET





LOTTERY FUNDED

HOW IT WORKS

This term, our school is taking part in the Travel to Tokyo challenge from Team GB, ParalympicsGB and Sport England.



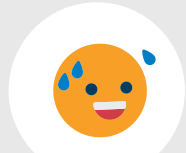
The Olympic and Paralympic Games are just around the corner, so Team GB and ParalympicsGB are challenging children and their families to travel to the Tokyo 2020 Games by getting active, trying new things and having fun.



Ask your school to get involved. Teachers create teams for their classes.



Families get involved by getting active together.



Access free leisure centre sessions.



Logging activity online to win school and take-home prizes!



Discovering activities you enjoy together.



Aiming for 10-30 minutes a day at home.

