



OUR VISION FOR PE AT TANY'S DELL



We want our children to enjoy sport and competition whilst developing the technical skills required. Sport should also be seen as a pathway to leading a healthy lifestyle, particularly when making decisions with regards to diet and exercise. We also believe that sport is a great leader in promoting many of the British Values encourage, particularly: tolerance, equality, acceptance, respect and community. Participation in inter-school competition is pivotal in reinforcing these values and is something every child should experience during their time at Tany's Dell. These goals should be achieved through continual progression through our Big Ideas in PE: Technique, Competition, PE Attitude and performance.

OUR FOUR BIG IDEAS...

PE attitude

Children will become confident competing in a range of different sporting activities whilst recognising that keeping active plays a big part in their physical and mental wellbeing. PE will also help the children to build character through sportsmanship and promote values which will benefit the wider community.

Technique

To have the fundamental skills and coordination to take part in a wide variety of sports and games.

Competition

To take part in the local and wider community via inter and intra- school competitions.

Performance

To critique both their own and others work constructively whilst incorporating increasingly difficult technical elements and patterns.

In order for the children to achieve these we will ensure that:

- Children are provided with the opportunity to compete in two different sports every half-term
- All children, at some point in their school career, will have the opportunity to attend inter-school competition.
- All children have the opportunity to complete at least 2 hours of physical activity a week, including a Daily Mile.
- All children have the opportunity to attend a variety of after school sports over their school career.
- Children compete in intra school competition and competitive PE Lessons,
- Children understand how being physically active will help them maintain a healthy, active lifestyle.
- Children understand the importance of leading a healthy active lifestyle and what that means,
- Children are able to apply basic principles for attacking and defending,
- Children have the opportunity to develop flexibility, strength, technique, control and balance.
- Children can perform dances using a range of movement patterns.
- Children take part in outdoor and adventurous activity challenges, both individually and within a team.