



## OUR VISION FOR PERSONAL DEVELOPMENT AT TANY'S DELL



At Tany's Dell we want our children to be happy, feel safe and to aspire to be the very best they can be, hence our Whole School Vision is to 'REACH FOR THE STARS' in all we do. We see our role in promoting Personal Development as a crucial part of educating the 'whole child', which includes social and emotional development, alongside academic progress. We also know that developing confidence and resilience promotes a robust foundation for life-long happiness and success. It is for this reason we have grouped 'Relationships and Health Education', 'Online Safety' and 'Philosophy' under one umbrella heading of PERSONAL DEVELOPMENT, which further deepens the learning already provided within the national curriculum in addition to school activities, such as: whole-school and group assemblies; tutor groups and other incidental, ongoing learning, already embedded in the Tany's Dell Provision.

### OUR THREE BIG IDEAS

#### 1. Relationships

- Developing healthy and respectful relationships
- Understanding our emotions and how to deal with them
- Understanding the importance of friendships; strategies for building positive friendships; how positive friendships support wellbeing and what constitutes a positive, healthy friendship
- Knowing how to seek and give permission in different situations
- Understanding the importance of: having compassion towards others; shared responsibilities we all have for caring for other people; how to show care and concern for others
- Understanding the importance of self-respect and how this can affect thoughts and feelings about themselves
- Developing problem-solving strategies for dealing with emotions, challenges & change, including transition to new schools

#### 2. Keeping Safe and Healthy

- Recognising the importance of physical and mental health
- Recognising the impact of bullying, including offline and online, and the consequences of hurtful behaviour
- Understanding the important characteristics of the internet and social media
- Recognising online bullying
- Making informed decisions about health and well-being
- Making positive choices about their bodies in terms of food, exercise, sleep and substances
- Learning basic first aid

#### 3. Living in the 21<sup>st</sup> Century

- Embracing diversity: what it means; the benefits of living in a diverse community; about valuing diversity within communities
- Knowing about stereotypes; how they can negatively influence behaviours and attitudes towards others
- Developing strategies for challenging stereotypes
- Recognising & respecting different types of family structure
- Setting aspirational goals for future career paths and continuing to reach for the stars after leaving Tany's Dell

#### *In order for children to fully develop these characteristics, we will:*

- Promote our Relationships and Health Education through a robust and sequenced curriculum
- Provide regular opportunities to encourage philosophical thinking throughout the curriculum and in all year groups, to promote deep thinking, questioning skills and emotional awareness
- Expose our children to rich and varied vocabulary, relating to emotional well-being and provide opportunities for children to interact with one another
- Support children to evaluate their own feelings and those of people around them
- Take a whole school community approach to online safety, involving parents, pupils, staff and governors in the important job of keeping our children safe.
- Follow our Personal Development Progression of Skills to ensure that British Values are taught throughout the school.
- Provide our children with the tools that they need to be able to stay safe in online situations, recognising that the online world plays such a huge part in their lives.