

Personal Development

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Curriculum Intent: Our extensive and well-planned personal development programme provides all students the opportunity to enhance their physical and emotional well-being enabling them to become active citizens by developing and discovering their interests and talents.

	Core Knowledge	Procedural Knowledge
Autumn 1	Topics: Relationships	Students will: have access and use information about career paths and the labour market to inform their own decisions on study options have had the opportunity to learn how the different STEM subjects help people to gain entry to, and be more effective workers within, a wide range of careers had the opportunity to experience how their subjects help people gain entry to (and be more effective workers within) a wide range of occupations understand the relationship between career and the environment
Autumn 2	Topics: Substances	Students will: learn the facts about legal and illegal drugs and their associated risks, including the link between drug use, and the associated risks, including the link to serious mental health conditions understand the law relating to the supply and possession of illegal substances know the physical and psychological risks associated with alcohol consumption and what constitutes low risk alcohol consumption in adulthood know the physical and psychological consequences of addiction, including alcohol dependency have awareness of the dangers of drugs which are prescribed but still present serious health risks understand the risk of exploitation by gangs CCE and CSE

Spring 1	Spring Being safe	Students will: know the facts about legal and illegal drugs and their associated risks, including the link between drug use, and the associated risks, including the link to serious mental health conditions understand the law relating to the supply and possession of illegal substances learn the physical and psychological risks associated with alcohol consumption and what constitutes low risk alcohol consumption in adulthood be aware of the dangers of drugs which are prescribed but still present serious health risks understand the risk of exploitation by gangs CCE and CSE
Spring 2	Topics: Online safety	Students will: know the facts about legal and illegal drugs and their associated risks, including the link between drug use, and the associated risks, including the link to serious mental health conditions understand the law relating to the supply and possession of illegal substances know the physical and psychological risks associated with alcohol consumption and what constitutes low risk alcohol consumption in adulthood know the physical and psychological consequences of addiction, including alcohol dependency have awareness of the dangers of drugs which are prescribed but still present serious health risks
Summer 1	Topics: Sex and safety	Students will: know how the different sexually transmitted infections (STIs), including HIV/AIDs, are transmitted, how risk can be reduced through safer sex (including through condom use) and the importance of and facts about testing be aware about the prevalence of some STIs, the impact they can have on those who contract them and key facts about treatment

Summer 2	Topics: Sex and Safety Parenting	Students will: understand how the use of alcohol and drugs can lead to risky sexual behaviour know how stereotypes, in particular stereotypes based on sex, gender, race, religion, sexual orientation or disability, can cause damage (e.g. how they might normalise non-consensual behaviour or encourage prejudice) learn the facts about the full range of contraceptive choices, efficacy and options available
Homework: A multiple-choice quiz on Bromcom at the end of each topic Student completed Knowledge Organiser at the end of each topic		
Assessment: Baseline tasks and progress tasks in all lessons A 20-mark question paper made up of multiple-choice questions		
Links to Personal Development: Enabling Students to recognise risks to their own wellbeing Social development: Practice using a range of social skills in different situations Prepare learners for future success in education, employment and training Confidence, Resilience and Knowledge: Mentally healthy, physically healthy, active lifestyle, healthy relationships		
How is my knowledge developed further at GCSE? Students will continue to study Personal Development in Form Time and in core subject lessons. The content of these lessons mirrors what is taught in Key Stage Three and builds upon existing knowledge ensuring students develop all the key knowledge to be safe and are able to partake in wider society.		