

Physical Education (PE)

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Curriculum Intent: To provide students with the opportunity to try a variety of activities, have enjoyable experiences and gain a lifelong love of PE.

	Core Knowledge	Procedural Knowledge
Autumn Term	Topics: - Invasion Games - Net/Racket Games - Gymnastics - Dance - Athletics - Fitness - Orienteering	Students will: - develop their skills, knowledge and understanding in PE. - develop the ability to apply skills learnt in competitive situations. - be encouraged to work both independently and as part of a team. - use a range of tactics and strategies to overcome opponents in direct competition. - select and apply the appropriate strategy or technique to master an activity. - develop their technique to improve their performance. - analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best.
Spring Term	Topics: - Invasion Games - Net/Racket Games - Gymnastics - Dance - Athletics - Fitness - Orienteering	Students will: - develop their skills, knowledge and understanding in PE. - develop the ability to apply skills learnt in competitive situations. - be encouraged to work both independently and as part of a team. - use a range of tactics and strategies to overcome opponents in direct competition. - select and apply the appropriate strategy or technique to master an activity. - develop their technique to improve their performance. - analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best.

Summer Term	Topics: • Tennis • Cricket • Rounders • Athletics	Students will: • develop their skills, knowledge and understanding in PE. • develop the ability to apply skills learnt in competitive situations. • be encouraged to work both independently and as part of a team. • use a range of tactics and strategies to overcome opponents in direct competition. • select and apply the appropriate strategy or technique to master an activity. • develop their technique to improve their performance. • analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best.
Homework: No formal homework is set in PE, but we encourage all pupils to involve themselves in physical activity outside of the PE curriculum and lead an active and healthy lifestyle. A range of extra-curricular activities are available before and after school and everyone is welcome to attend		
Assessment: We holistically assess throughout PE using observation, peer and teacher assessments. Students receive constant verbal feedback. Formal assessments take place twice a year, and our focus is on a student's behaviour, and whether or not they are meeting their potential.		
Links to Personal Development: • Leading healthy active lives. • Be physically active for sustained periods of time. • Have the knowledge and understanding of the importance of fitness and health.		
How is my knowledge further developed in Year 8? We follow a spiral curriculum so all activities will be revisited and both core and procedural knowledge will be deepened.		