



# Summer Menu 2023

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Meat	Chicken Mayo burger served with wedges, salad or beans Hot pud and custard.	Beef chimichanga served with Mexican rice and salsa.	Traditional roast dinner with all the trimmings.	Meatball pasta bake in tomato and mascarpone sauce, salad and garlic bread.	Traditional fish and chips served with peas and bread and butter.
Vegetarian	Onion Bhaji burger served with wedges, salad or beans.	Roasted pepper and tomato chimichanga served with rice and salsa	Roasted quorn dinner with all the trimmings	Pasta in a tomato mascarpone sauce, salad and garlic bread.	Cheesy cream whirl, chips and salad/beans.
Grab & Go	Grab & Go - daily options: ❖ Pasta pot ❖ Jackets ❖ Love Joes ❖ Panini	Grab & Go - daily options: ❖ Pasta pot ❖ Jackets ❖ Love Joes ❖ Panini	Grab & Go - daily options: ❖ Pasta pot ❖ Jackets ❖ Love Joes ❖ Panini	Grab & Go - daily options: ❖ Pasta pot ❖ Jackets ❖ Love Joes ❖ Panini	Grab & Go - daily options: ❖ Pasta pot ❖ Jackets ❖ Love Joes ❖ Panini
Cold	Cold Deli offer: ❖ Assorted Sandwiches ❖ Salad pots	Cold Deli offer: ❖ Assorted Sandwiches ❖ Salad pots	Cold Deli offer: ❖ Assorted Sandwiches ❖ Salad pots	Cold Deli offer: ❖ Assorted Sandwiches ❖ Salad pots	Cold Deli offer: ❖ Assorted Sandwiches ❖ Salad pots
Dessert	Selection of: ❖ home-bakes ❖ fresh fruit ❖ yogurts	Selection of: ❖ home-bakes ❖ fresh fruit ❖ yogurts	Selection of: ❖ home-bakes ❖ fresh fruit ❖ yogurts	Selection of: ❖ home-bakes ❖ fresh fruit ❖ yogurts	Selection of: ❖ home-bakes ❖ fresh fruit ❖ yogurts



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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Meat	Spaghetti Bolognese served with garlic bread and salad. Hot pud and custard.	Chicken Tikka masala and rice served with naan and salad.	Traditional dinner with roast potatoes and vegetables	Mexican Beef Quesadilla served with wedges and salsa.	Spicy chicken and chips in a box served with crunchy 'slaw.
Vegetarian	Quorn Bolognese served with garlic bread and salad.	Quorn Tikka masala.	Cheese and red onion Quiche with salad.	Quorn Quesadilla served with wedges and salad	Veggie sausage served with chips and Mushy peas or gravy
Grab & Go	Grab & Go - daily options: ❖ Pasta pot ❖ Jackets ❖ Love Joes ❖ Panini	Grab & Go - daily options: ❖ Pasta pot ❖ Jackets ❖ Love Joes ❖ Panini	Grab & Go - daily options: ❖ Pasta pot ❖ Jackets ❖ Love Joes ❖ Panini	Grab & Go - daily options: ❖ Pasta pot ❖ Jackets ❖ Love Joes ❖ Panini	Grab & Go - daily options: ❖ Pasta pot ❖ Jackets ❖ Love Joes ❖ Panini
Cold	Cold Deli offer: ❖ Assorted Sandwiches ❖ Salad pots	Cold Deli offer: ❖ Assorted Sandwiches ❖ Salad pots	Cold Deli offer: ❖ Assorted Sandwiches ❖ Salad pots	Cold Deli offer: ❖ Assorted Sandwiches ❖ Salad pots	Cold Deli offer: ❖ Assorted Sandwiches ❖ Salad pots
Dessert	Selection of: ❖ home-bakes ❖ fresh fruit ❖ yogurts	Selection of: ❖ home-bakes ❖ fresh fruit ❖ yogurts	Selection of: ❖ home-bakes ❖ fresh fruit ❖ yogurts	Selection of: ❖ home-bakes ❖ fresh fruit ❖ yogurts	Selection of: ❖ home-bakes ❖ fresh fruit ❖ yogurts



# Summer Menu 2023

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Meat	Chilli Beef Noodle Pot with stir fried veg.	Chicken Carbonara served with garlic bread and salsa.	Roast dinner with roast potatoes and seasonal vegetables	Bangers and mash served with peas and gravy	Posh Fish Finger Buttie and chips served with peas or beans.
Vegetarian	Vegetable noodles served with stir fry veg.	Macaroni and cheese.	Cauliflower cheese and seasonal vegetables.	Macaroni cheese served with garlic bread and salad	Halloumi burger served with Chips, sauces & salad garnish
Grab & Go	Grab & Go - daily options: ❖ Pasta pot ❖ Jackets ❖ Love Joes ❖ Panini	Grab & Go - daily options: ❖ Pasta pot ❖ Jackets ❖ Love Joes ❖ Panini	Grab & Go - daily options: ❖ Pasta pot ❖ Jackets ❖ Love Joes ❖ Panini	Grab & Go - daily options: ❖ Pasta pot ❖ Jackets ❖ Love Joes ❖ Panini	Grab & Go - daily options: ❖ Pasta pot ❖ Jackets ❖ Love Joes ❖ Panini
Cold	Cold Deli offer: ❖ Assorted Sandwiches ❖ Salad pots	Cold Deli offer: ❖ Assorted Sandwiches ❖ Salad pots	Cold Deli offer: ❖ Assorted Sandwiches ❖ Salad pots	Cold Deli offer: ❖ Assorted Sandwiches ❖ Salad pots	Cold Deli offer: ❖ Assorted Sandwiches ❖ Salad pots
Dessert	Selection of: ❖ home-bakes ❖ fresh fruit ❖ yogurts	Selection of: ❖ home-bakes ❖ fresh fruit ❖ yogurts	Selection of: ❖ home-bakes ❖ fresh fruit ❖ yogurts	Selection of: ❖ home-bakes ❖ fresh fruit ❖ yogurts	Selection of: ❖ home-bakes ❖ fresh fruit ❖ yogurts