



TARLETON

ACADEMY

FACIMUS NOSTRAE FUTURAE

SPORTS STUDIES CURRICULUM JOURNEY

KS3 – PRIOR KNOWLEDGE/SKILLS -

Healthy Mind - During KS3 pupils will have developed holistically through their healthy body topics such as, principles of training, procedures of warm ups and cool downs, as well as components of fitness

Healthy Body - Students will have also developed physically through the teaching of a variety of sports including, Football, Netball, Basketball, Handball, OAA, Dance, Trampolining, Cricket, Rounders, Athletics, Swimming. They will have also developed their evaluation skills which will be essential through the Sports Studies course.

KS4 CORE

YEAR 10

HT 1

Term 1 - R185 Leadership

DECLARATIVE KNOWLEDGE

Pupils will know what makes a successful leadership sport session, including warm ups, cool downs, appropriate venues, contingency plans, appropriate timing and what a risk assessment is. They will also know what equipment is best suited to their event and also what appropriate numbers look like in a session. They will also gain knowledge of different leadership styles as well as the meaning of safe practice, reliability and adaptability.

PROCEDURAL KNOWLEDGE

Pupils will apply their knowledge and know how to apply the declarative knowledge into practical situations, they will do this by examining the different content and applying the appropriate knowledge to plan, lead and review several leadership sessions in a chosen sport. They will know how to adapt the knowledge they have learned for their appropriate sport/setting. They will know how to lead various sessions to practice the different declarative concepts they have been taught.

PROGRESSION

Pupils are directly building on KS3 topics such as warm ups and cool downs and effects of exercise, principles of training and components of fitness in order to develop high quality leadership sessions. They will then be able to adapt this knowledge in their sessions, and will therefore have a much clearer idea of how to become a better performer and what skills coaches may be looking for in their own performance sessions.

YEAR 11

HT 1

Term 1 - R186 Sport and Media

DECLARATIVE KNOWLEDGE

Students will gain knowledge of different types of media. They will also gain knowledge of the effect that media has on sport as a whole. They will also gain knowledge of the positives of the media's relationship with sport as well as the negatives.

PROCEDURAL KNOWLEDGE

Students will know how different media outlets affect different sports. They will also know how participation can be increased/decreased by different media outlets and why this may occur. They will apply this knowledge into an assignment where they look at a particular sport/club and the effect that media has had on this, being able to evaluate their media's effectiveness. They will also know how the positives and negatives can affect numerous facets of the sport including sponsorship opportunities and impacts on communities.

PROGRESSION

This unit builds from the previous term allowing students to develop and apply those evaluative skills in order to determine the positives and negatives and possible ramifications of media on sport.

<p style="text-align: center;">HT 2</p> <p style="text-align: center;">Term 2 - R185 Leadership/Performance</p> <p style="text-align: center;">DECLARATIVE KNOWLEDGE</p> <p>Students will know the core, advanced skills for their 2 sports as well as specific tactics, rules and decision-making processes. Students will also gain knowledge of evaluative processes.</p> <p style="text-align: center;">PROCEDURAL KNOWLEDGE</p> <p>Students will know how to apply core skills, advanced skills, tactics, rules and decision-making processes. This will be taught through various drills, practices and conditioned games.</p> <p style="text-align: center;">PROGRESSION</p> <p>This builds directly from the Y9 curriculum as this is all about students being able to analyse and evaluate their own performance in different sports and being able to develop a clear plan for improvement. This will also give them more knowledge of how to evaluate accurately which will help with the next unit R186 in which they will have to evaluate different media outlets.</p>	<p style="text-align: center;">HT 2/3</p> <p style="text-align: center;">Term 2 - R184 - Contemporary Issues in Sport</p> <p style="text-align: center;">DECLARATIVE KNOWLEDGE</p> <p>Students will gain knowledge of issues which affect participation including user groups, barriers, removing barriers and emerging new sports. They will also gain knowledge of sporting values, and Olympic values. Students will also know the implications of hosting a major sporting event. They will also gain knowledge of the roles of NGB's and different types of technology.</p> <p style="text-align: center;">PROCEDURAL KNOWLEDGE</p> <p>Students will know how participation is affected by user groups, barriers and they will evaluate positives and negatives of potential schemes that are in place to encourage people to participate more. Students will also know how different sporting values are promoted by the Olympic ethos. They will also know how different technologies can be implemented and evaluate their effectiveness.</p> <p style="text-align: center;">PROGRESSION</p> <p>This unit requires a good knowledge of the different sporting values that have been built through KS3 in the Healthy Relationship themes. It also requires the use of the evaluation skills built up from previous units.</p>
<p style="text-align: center;">HT 3</p> <p style="text-align: center;">Term 3 - R185 Performance/R186 Sport and Media</p> <p style="text-align: center;">DECLARATIVE KNOWLEDGE</p> <p>Students will gain knowledge of different types of media. They will also gain knowledge of the effect's media has on sport as a whole. They will also gain knowledge of the positives of the media's relationship with sport as well as the negatives.</p> <p style="text-align: center;">PROCEDURAL KNOWLEDGE</p> <p>Students will know how different media outlets affect different sports. They will also know how participation can be increased/decreased by different media outlets and why this may occur. They will apply this knowledge into an assignment where they look at a particular sport/club and the effect that media has had on this, being able to evaluate their media's effectiveness. They will also know how the positives and negatives can affect numerous facets of the sport including sponsorship opportunities and impacts on communities.</p>	

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