



TARLETON

ACADEMY

FACIMUS NOSTRAE FUTURAE

KS4 CURRICULUM JOURNEY

KS3 – PRIOR KNOWLEDGE/SKILLS - Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games [for example, badminton, basketball, cricket, football, hockey, netball, rounders, rugby and tennis] ☑ Develop their technique and improve their performance in other competitive sports [for example, athletics and gymnastics] ☑ Perform dances using advanced dance techniques within a range of dance styles and forms ☑ Take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group ☑ Analyse their performances compared to previous ones and demonstrate improvement

KS4 CORE

YEAR 10	YEAR 11
<p>SEQUENCING</p> <p>Developing skills for life through different pathways increasing engagement confidence and participation</p>	<p>SEQUENCING</p> <p>Application of skills for life beyond school to actively engage in a number of different opportunities through a variety of roles</p>
<p>PROGRESSION</p> <p>Pupils will start to understand the importance of these fundamental life skills and how important they are as they continue their physical journey post 16. They have developed skills, knowledge, application, tactics, knowledge of rules and evaluation. Now students will understand why these life skills will help students if they want to go and join a new club/team/activity.</p>	<p>PROGRESSION</p> <p>Pupils will start to apply more of these fundamental life skills and understand how important they are as they continue their physical journey post 16. They have developed skills, knowledge, application, tactics, knowledge of rules and evaluation. Now students will understand why these life skills will help students if they want to go and join a new club/team/activity.</p>



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YEAR 10	YEAR 11
<p>DECLARATIVE KNOWLEDGE</p> <p>Re-cap of knowledge of key skills Re-cap of knowledge of rules Re-cap of knowledge of tactics Re-cap of knowledge of evaluation Knowledge of what the life skills mean Knowledge of how they benefit me Knowledge of how they benefit others Life Skills, Knowledge, Respect, Leadership, Officiating, Communication, Confidence, Resilience</p>	<p>DECLARATIVE KNOWLEDGE</p> <p>Re-cap of knowledge of key skills Re-cap of knowledge of rules Re-cap of knowledge of tactics Re-cap of knowledge of evaluation Knowledge of what the life skills mean Knowledge of how they benefit me Knowledge of how they benefit others Life Skills, Knowledge, Respect, Leadership, Officiating, Communication, Confidence, Resilience</p>
<p>PROCEDURAL KNOWLEDGE</p> <p>Application of skills, knowledge rules and tactics learned in KS3 Application of the key life skills within performance</p>	<p>PROCEDURAL KNOWLEDGE</p> <p>Application of skills, knowledge rules and tactics learned in KS3 Application of the key life skills within performance</p>



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KS4 CORE

YEAR 10	YEAR 11
<p>ACTIVITIES – KNOW AND SHOW</p> <p>PATHWAY 1 - Badminton, Table Tennis, Football, OAA, Basketball, Gaelic Football, Dodgeball, Athletics, Handball, Flag Football, Softball</p>	<p>ACTIVITIES – KNOW AND SHOW</p> <p>PATHWAY 1 - Badminton, Table Tennis, Football, OAA, Basketball, Gaelic Football, Dodgeball, Athletics, Handball, Flag Football, Softball</p>
<p>ACTIVITIES – KNOW AND SHOW</p> <p>PATHWAY 2- Rounders, Badminton, Netball, OAA, Table Tennis, Trampolining, Volleyball, Athletics, Softball, Rounders</p>	<p>ACTIVITIES – KNOW AND SHOW</p> <p>PATHWAY 2- Rounders, Badminton, Netball, OAA, Table Tennis, Trampolining, Volleyball, Athletics, Softball, Rounders</p>
<p>ACTIVITIES – KNOW AND SHOW</p> <p>PATHWAY 3 - Rounders, Music, Exercise to music, OAA, Trampolining, Badminton, Volleyball, Circuit Training, Athletics, Walk and Talk, Softball</p>	<p>ACTIVITIES – KNOW AND SHOW</p> <p>PATHWAY 3 - Rounders, Music, Exercise to music, OAA, Trampolining, Badminton, Volleyball, Circuit Training, Athletics, Walk and Talk, Softball</p>