



Friday 13<sup>th</sup> November 2020

Dear Parents,

## Physical Education Update

We have now settled into the autumn term at Tarleton Academy and students and staff have become accustomed to the new procedures regarding PE activities within lessons as well as changing routines.

We recognise the importance of regular physical activity as a broader benefit for students' well-being and would now like to move to offer extra-curricular activities. This has been supported by recent government guidance which has encouraged schools to provide an extra-curricular offer in a safe manner.

From Monday 16<sup>th</sup> November until the end of term we will, therefore, now be offering extra-curricular activities to year group 'bubbles' whilst adhering to the strict safety protocols that we have embedded as a school. The extra-curricular offer will include cross-country, badminton and handball at this current time. The sessions will run from 3.15pm – 4.15pm and will require students to have the correct Tarleton Academy PE kit. The year group 'bubble' timetable will run as follows:

Day	Year Group	Activity
Monday	9 - Week 1 10 - Week 2	Cross-Country Badminton Handball
Tuesday	11	Year 11 GCSE PE Practical Performance evidence filming
Wednesday	8	Cross-Country Badminton Handball
Friday	7	Cross-Country Badminton Handball

Additionally, as from Monday 16<sup>th</sup> November, students will be expected to bring the correct kit and change for all outdoor PE lessons. Our School PE kit is important to us. It is one way in which we identify ourselves as a school family and it promotes a strong, cohesive school identity which supports high standards and expectations. It promotes a genuine sense of readiness to work and a focused frame of mind as well as reducing 'fashion competition' between students. As a reminder our kit expectations for all students are:

- Purple polo shirt with school logo
- Black shorts with school logo
- Long Purple socks with school name
- Trainers; black soled not allowed
- Black Micro Fleece with school logo or Black Multisport top with school logo
- Football / rugby boots/ shin pads/ gum shield – staff will notify when these are required

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Optional kit:

- Black track suit bottoms with white piping
- Plain black base layer/leggings (as a base layer these are worn under the student's PE kit)
- Black waterproof jacket with school logo and name
- Black waterproof bottoms with white piping

If you have any questions or queries please do not hesitate to contact us at school. Thank you for your continued support.

Yours sincerely,

*S Lucas*

Mr S Lucas  
Director of Physical Education