



<u>Year Group</u>	<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
Year 3 Led by Class teacher:	Gymnastics: Linking movements together	Yoga	Gymnastics: Receiving body weight	Handball	Gymnastics: Symmetry & asymmetry (partners)	Dance: The Romans
Year 3 P.E specialist	Football	Hockey	Netball	Rounders	Athletics 3	Tennis
Year 4 Led by Class teacher:	Invasion Game Skills 3	Gymnastics Arching & bridges	Yoga	Gym – Rolling and travelling	Dance: Egyptians	Gymnastics Partner work
Year 4 P.E specialist	Basketball	Tag Rugby	Dodgeball	Ultimate Frisbee	Athletics 4	Cricket
Year 5 Led by Class teacher:	Leadership	Gymnastics: Partner work - under and over	Netball	Handball	Gymnastics: Synchronisation & Canon	Led by Abbey coach: Swimming
Year 5 P.E specialist	Football	Hockey	Gym – matching, mirroring and contrasting	Dance: The Haka	Athletics 5	Tennis
Year 6 Led by Class teacher:	Team Building and Problem solving	Gymnastics: flight	Gymnastics: Counter balance & counter Tension	Gymnastics: Group Sequencing	Rounders	Dance: World War 2
Year 6 P.E specialist	Basketball	Tag Rugby	Dodgeball	Ultimate Frisbee	Athletics 6	Cricket

PE	BAME (Diversity and Representation) <i>These topics reflect cultural awareness and diversity (sports or dance from different cultures):</i>	Rights Respecting (UNCRC Articles) <i>These topics potentially support children's rights through physical activity and collaboration:</i>	Safeguarding <i>These topics sessions have a natural link to safety, trust, and physical well-being:</i>	SMSC (Spiritual, Moral, Social, Cultural) <i>These topics that help children grow personally and socially:</i>
Year 3		Summer 1 – Gymnastics: Symmetry & Asymmetry (Partners) <i>Article 15 – Freedom of association:</i> Encourages collaboration and peer interaction.	Autumn 1 – Gymnastics: Linking movements together Requires awareness of body control and personal space.	Summer 2 – Dance: The Romans Cultural appreciation and expression through movement.
Year 4	Summer 1 – Dance: Egyptians Promotes cultural understanding of ancient civilizations.	Summer 2 – Gymnastics: Partner work <i>Article 29 – Goals of education):</i> Develops cooperation and respect.		Autumn 2 – Gymnastics: Arching & Bridges Develops self-discipline and expression.
Year 5	Spring 2 – Dance: The Haka Māori cultural expression – builds awareness of indigenous traditions.	Summer 1 – Gymnastics: Synchronisation & Canon <i>Article 29:</i> Focus on creative expression, teamwork, and developing talents.		Autumn 1 – Leadership Promotes responsibility, moral decision-making, and communication.
Year 6	Summer 2 – Dance: World War 2 Offers opportunities to reflect on historical experiences, possibly involving global perspectives including BAME stories.	Spring 1 – Gymnastics: Counter balance & Tension <i>Article 29:</i> Collaboration and problem-solving in paired activities.	Autumn 1 – Team Building and Problem Solving Promotes trust, communication, and safe risk-taking. Spring 2 – Group Gymnastics Safe physical interaction and group dynamics are essential.	Autumn 1 – Team Building and Problem Solving Strong SMSC link through collaboration, resilience, and respect.