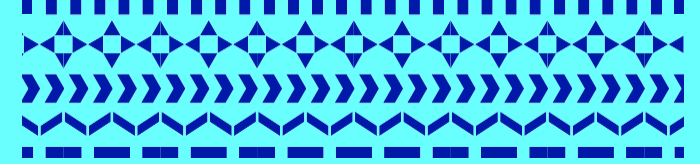


ACTIVE TRAVEL

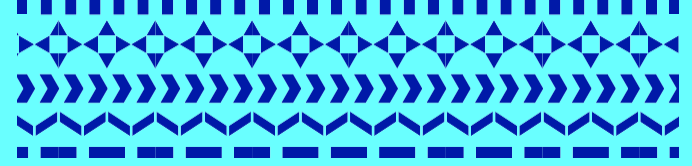
"Let's move our bodies and protect our planet!"



Our aim is to promote Active travel so more children get sufficient amount of exercise, and we also improve CO2 emission in our area.

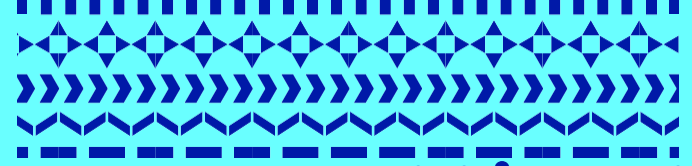


With the nicer weather arriving, it's the perfect time to start travelling actively to school!



**What is
active travel?
Talk to your
partner.**



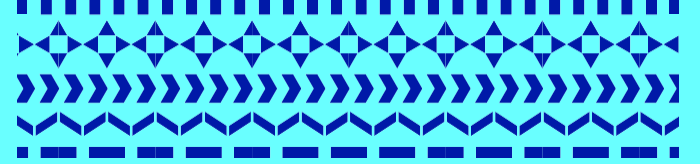


Active travel means getting to school by:

- Walking 
- Cycling 
- Scooting 
- "Park and stride"



(getting dropped off a bit away and walking the rest)



Why is Active Travel Important?

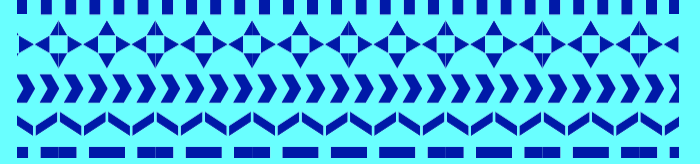
Active travel helps us:

Stay healthy 

Feel more awake and ready to learn 

Help the environment 

Reduce traffic around school  



What are the Health Benefits?

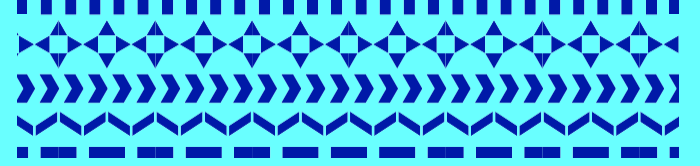
Active travel :

Keeps our hearts strong 

Builds stronger muscles 

Helps us stay fit and active 

Improves mood and focus 



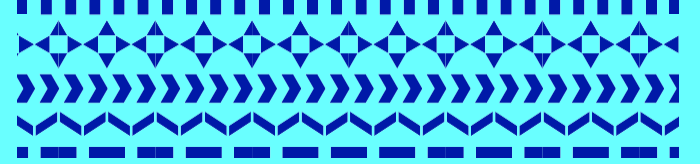
What are the Planet Benefits?

Active travel helps the Earth by:



Reducing air pollution 

Cutting carbon emissions 

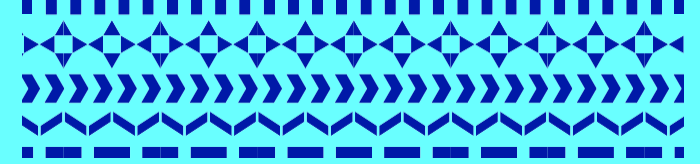
Making the air cleaner for everyone 



What are the School Benefits?

Less traffic near school road 
Safer streets for everyone
More friendly, active community
Fun way to start the day! 

Let's do this!



"This summer, it's game on! 🌟 We're launching an Active Travel Competition to see which students can clock up the most journeys to school by walking, cycling, or scooting."

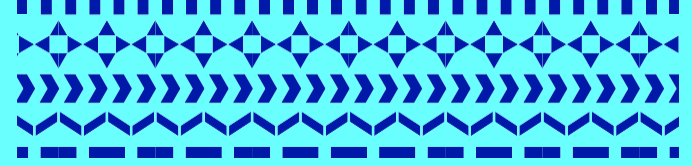
The week tbc. 😊

+0



Active Travel



Let's do this!




Step it up,
walk to
school! 

Cycle, smile,
repeat!"  

Be bright, walk
or bike!" 

Scoot, don't
pollute!  

Healthy body,
healthy mind,
walk to school
and feel just
fine. 



Feeling inspired?
... let's get active!