

Welcome to Thames View Junior School

Year 3 Parents
Information
Presentation





Welcome To Thames View Junior School

We are so excited to welcome your children into Year 3! This year promises to be full of discovery, creativity, and growth. We believe that a strong partnership between school and home is the key to every child's success, and we look forward to working closely with you throughout this wonderful journey ahead.

Our School Vision and Values

- Thames View Junior School is at the heart of the community. It is a place where everybody has a voice, and it is valued. Positive relationships between staff, pupils and parents ensure that our children flourish in an environment of mutual respect and tolerance.
 - We are an ambitious school with high expectations of both staff and pupils.
 - Our children will leave us, ready to positively embrace life in modern Britain and through our broad and balanced curriculum we endeavour to prepare them for the next stage of their academic journey.
 - At Thames View Junior School, our safe and nurturing environment enables children to flourish and attain their potential both academically and socially.
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Our School Values

Compassion – helping and caring for others'

Cooperation – working together

Courage – doing what you believe in

Honesty – being trusted in words and actions

Perseverance – showing effort and determination

Respect – knowing we are all different but special

People you need to know

Our Head of School – Mrs Sanghera



Mrs Sanghera is an experienced primary school leader with over 23 years of experience in education across Key Stage 1 and Key Stage 2. She served as Deputy Headteacher at Thames View Junior School for six years and will take up the role of Head of School in September 2026.

Throughout her career, Mrs Sanghera has led significant school improvement initiatives, including teaching and learning, curriculum development, safeguarding, and attendance.

She is a National Professional Qualification for Headship (NPQH) graduate and is recognised for her commitment to raising standards in teaching and learning, supporting staff development, and ensuring high-quality educational experiences that enable all pupils to achieve success.

Mrs Sanghera is passionate about education and believes that every child deserves the opportunity to achieve their full potential. She is committed to fostering a culture of excellence, high aspirations, and continuous improvement, ensuring that all pupils are equipped with the knowledge, skills, and character needed to succeed in an ever-changing world. Her leadership is driven by a desire to inspire and empower the next generation, helping young people develop into confident, resilient, and responsible citizens who can make a positive contribution to society.

People you need to know

Miss Woodington – Deputy Head Teacher



Miss Woodington is an experienced senior leader with a strong background in curriculum design and development. She is passionate about maintaining high expectations for all pupils and promoting the highest standards of teaching and learning across the school.

Miss Woodington is committed to ensuring that every child feels safe, supported, and able to thrive. She believes that all children can achieve excellence and works closely with staff, pupils, and families to create an environment where every child is challenged, inspired, and encouraged to reach their full potential.

Miss Woodington is dedicated to helping children strive for excellence in everything they do, fostering a culture of ambition, resilience, and success throughout the school community.

Mr Hall – Assistant Head Teacher, Inclusion Lead & SENDCo



Mr Hall joined Thames View Junior School in 2019 and became part of the Senior Leadership Team the following year as our school's qualified Special Educational Needs and Disabilities Coordinator (SENDCo). He now leads on inclusion across the school. Mr Hall works closely with teachers, support staff and families to ensure every child with additional needs receives the right support to thrive. He takes time each day to check in with pupils, making sure they feel happy, settled and understood; helping every child feel included and valued.



People you need to know



Ms Uppal – Assistant Headteacher

Year 3 & 4 Phase Leader



Ms Uppal joined TVJ in April 2024. She has been teaching in primary schools for over 21 years. She has high expectations of the standards of behaviour, teaching and learning. Ms Uppal believes the success of a child depends on a joint effort between parents and teachers: to have mutual respect, to have discipline, to imbed good habits and to meet the school's expectations. Ms Uppal will lead with the passion and ambition to ensure we have equity: encouraging all the children to take personal responsibility to embrace the idea of hard work. Empowering them with the values of determination, perseverance and resilience to learn to push themselves to do their best.

Miss Bannigan – Assistant Headteacher

Year 5 & 6 Phase Leader



In September, Miss Bannigan will be celebrating her 11th fantastic year at TVJ—including her teacher training year! Over the past decade, she's taught in every year group and brought her passion and energy to each one, though she's spent most of her time inspiring our Year 6 pupils. Last year, Miss Bannigan stepped into the role of Acting Assistant Headteacher and Phase Leader for Years 5 and 6.

The Year 3 Team: The Teachers

- **Ms Begum - Sycamore**

Let your smile inspire, your hard work speak, your kindness shine, and your perseverance carry you farther than you ever imagined.

- **Mrs Hussain - Fir**

I hope that everyone in my class will enjoy coming to school everyday, working extremely hard and being passionate learners.

- **Ms Uppal & Mrs Padayachee - Elm**

Believe you can, and you're halfway there. Never, Never, Never give up!

- **Miss Rujaa - Ash**

Be brave, be curious, and always believe in yourself. Amazing things happen when you never give up!

Mrs Hussain – Fir Class Teacher



Hello everyone! My name is Mrs Hussain, and I am delighted to be continuing my teaching journey at Thames View Junior School as part of the Year 3 team.

My aim is to create a happy, welcoming classroom where every child enjoys coming to school each day, works hard, and develops a love of learning.

I enjoy being creative and discovering new things, and some of my favourite subjects to teach are Maths, History, Geography, Music, Art, Reading and Writing.

Outside of school, I love travelling and exploring different countries, watching movies and spending quality time with my family. As a mother of two children, I understand how important strong home-school relationships are and truly value family time.

I have high expectations for behaviour, learning and achievement in my classroom. I believe every child should be actively engaged, challenged and encouraged to enjoy their learning. I regularly revisit previous learning to help children build confidence and strengthen their understanding.

I am excited to be teaching Year 3 and look forward to working with the children to make this year a fun, rewarding and memorable learning experience for everyone. My moto is never give up!

Mrs Begum – Sycamore Class Teacher



Hello everyone!

I am delighted to be part of the school community. I have been teaching for over 16 years and have loved working with every class throughout my career.

As a parent myself, I understand how important it is for children to feel happy, safe, and supported. Nurturing children is at the heart of everything I do, and I am passionate about helping every child grow in confidence, develop a love of learning, and reach their full potential.

I have a real passion for education and am always eager to learn new things. I encourage my pupils to be curious, inquisitive, and enthusiastic learners, both in the classroom and beyond. I love discovering more about the world around us and sharing ideas from different cultures.

Outside of school, I enjoy a variety of hobbies, from swimming to sewing, but my favourite is sketching. I also enjoy using British Sign Language and look forward to sharing some signs with the children throughout the year.

I can't wait to get to know all the children and families and to share a wonderful year of learning, discovery, and achievement together.

Miss Rujaa – Ash Class Teacher



Hello Year 3! I am so excited to be your new teacher at TVJ. Although I am new to the school, I cannot wait to meet you all and have an amazing year full of learning, fun, and new experiences together.

I have a cat called Nora, who I love very much. In my free time, I enjoy playing sports, as well as getting lost in a good book.

In our classroom, I have high expectations for all my learners because I believe every one of you is capable of achieving amazing things. I really value kindness, effort, and learners who lead by example by showing respect, responsibility, and a positive attitude.

One thing I want you to always remember is that every voice matters. I love hearing your ideas, questions, and thoughts, and I want everyone in our class to feel confident sharing what they have to say in every lesson.

I am so excited to meet you all, learn together, and make lots of wonderful memories in Year 3. I know we are going to have a fantastic year!

Mrs Padayachee – Elm Class Co-Teacher



Hello everyone! My name is Mrs Padayachee, and I am delighted to be welcoming our new Year 3 children to Thames View Junior School this September.

I have been working at Thames View for 12 years and absolutely love being part of this wonderful school community. As a mum of two, I understand both sides of school life. I may be the one setting homework, but I'm also on the other side of the table helping with it at home too – so I know the joys and challenges that come with it!

I believe every child is unique and makes progress at their own pace. My priority is to create a classroom where children feel safe, listened to and valued, and where they are encouraged to try their best every day. I have high expectations and believe that, together with parents, we can help every child make the most of the opportunities that school offers.

Maths is my favourite subject to teach, and I also enjoy reading, being creative and learning new things. Outside school, I love spending time with my family, exploring nature and travelling. One of my proudest achievements was climbing Mount Kilimanjaro, and I was also fortunate to be a National Technical Official at the London 2012 Olympics for volleyball.

I am looking forward to a happy, exciting and successful year together. My motto is: Never give up!

Ms Uppal – Elm Class Co-Teacher

Hello everyone, I joined Thames View Junior School over two years ago, but I have been teaching in primary schools for more than 21 years! My favourite things to do are: spending time with family and friends, going to the spa and listening to all sorts of music. Every morning, I start my day with prayers and positive affirmations, and to relax at the end of the day I meditate and reflect.

I have high expectations of the standards of behaviour, teaching and learning. I lead the Year 3 and 4 phase with the passion and ambition to ensure we have equity: encouraging all the children to have the best chance to succeed.

I am a parent of two young children. I know the most important thing for a parent is to know that their child is happy, safe and thriving in the classroom. I will encourage your children to be kind to others, to be grateful for what they have, and to take personal responsibility to embrace the idea of hard work. Empowering them with the values of determination, perseverance and resilience to learn to push themselves to do their best.

I believe the success of your child will depend on a joint effort between parents and teachers: to have mutual respect, to be punctual, to have discipline, to imbed good habits, to meet the homework expectations, and to fire up a creative imagination.

I am very excited to be back in year 3. I look forward to working with your children and getting to know them. I hope the children are looking forward to making new friends, learning new topics, and developing a new set of skills.

Miss Iwona – Learning Support Assistant

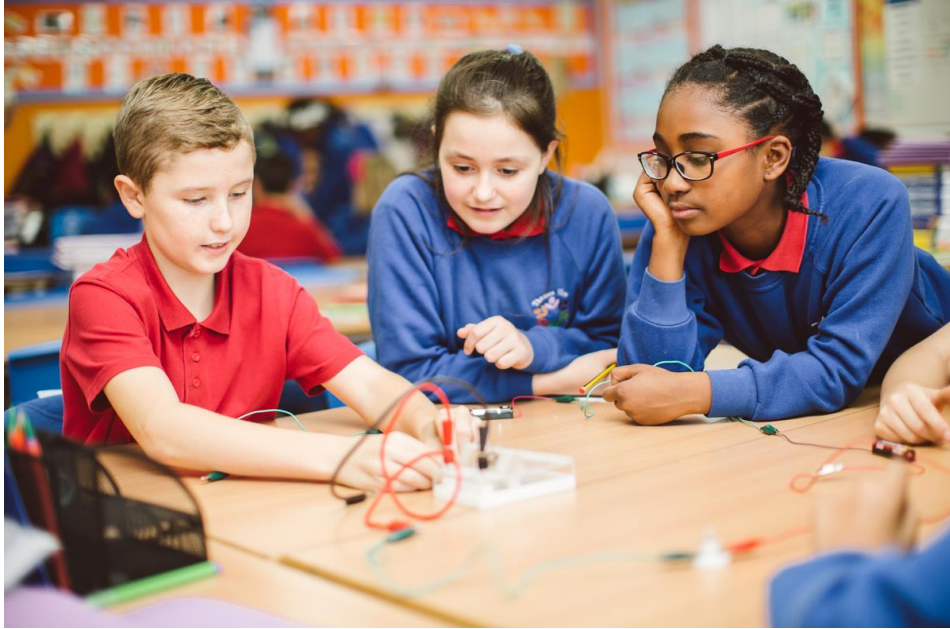


Hello, my name is Ms Iwona, and I have been working as an LSA at Thames View Junior for two years.

I love spending time with my son—playing games or watching movies. My favorite animals are guinea pigs; I have two of my own, named Lola and Ruby. In my free time, I enjoy listening to music.



Daily Routines & Expectations



8.30	School gates and Classroom doors open
8:40	School day begins
9:05-10:15	Lessons
10:15-10:30	Break Time
10:30-12:30	Lessons
12:30-13:30	Lunchtime
13:30-15:10	Lessons
15:10	School Day Ends

In the first week of term, members of staff will be at the gates and playground to show you the way to your child's classroom.

Brief Year 3 Curriculum Overview

Core Subjects:

- English
- Maths
- Science

Wider Curriculum:

- History & Geography
- Art & Design
- Computing
- PE & Music
- PSHE

We also have Special Projects & Themed Weeks throughout the year

You can find more information on our website



Our School

When you arrive on your first day, follow the blue arrows to find your classroom.

There will be members of staff on the gates and playground to show you the right way.



The School Uniform



- A Polo shirt:
 - Year 3– Red
 - Year 4– Yellow
 - Year 5– Blue
 - Year 6– Green
- Royal blue jumper/cardigan/fleece.
- Plain grey or black skirt, trousers or shorts.
- Summer dress in year group colours.
- Plain black shoes (no patterns, no logos, no trainers).
- Small stud earrings (no hoops) and no other jewellery unless for religious reasons.
- Hair must be naturally coloured (plain blue, black or white hair accessories, no patterns) – no unnatural hair dyes allowed

This colour shirt will remain with the year groups, not with your child.

You can order from:

www.schooluniformdirect.org.uk

MyChildAtSchool (MCAS)

- Thames View Juniors is a cashless school.
- All payments will be able to be processed through **MCAS**(MyChildAtSchoolApp)
- **Breakfast Club:** Available to book for the full school year from the first day of term.
- **School Trips:** Book and provide consent for your child to attend through MCAS.
- **After-School Clubs:** Homework Club bookings open first, with activity clubs usually starting in the second week of September. Ad-hoc Homework Club sessions can be booked at any time if you need a one-off place.





Olive Dining

Our catering provider is **Olive Dining**, offering a varied menu with recipes developed to suit children's tastes.

There is **no need to pre-book** school meals. Your child can choose their meal each day at the serving counter.

Thanks to the continued funding from the **Mayor of London, Sadiq Khan**, all primary school children are entitled to **Universal Free School Meals** throughout this academic year.

If you prefer, your child is welcome to bring a packed lunch. Please refer to the **Policies** section of our website for our **Healthy Packed Lunch Policy** and **Whole School Food Policy**.



Pupil Premium / Free School Meals

Universal Free School Meals (provided to all primary pupils) or **Expanded FSM** do **not** include the additional financial support listed below.

If you receive certain benefits, you may be eligible for **Pupil Premium (benefits-related Free School Meals)**. If your application is successful, your family may receive:

- Free Breakfast Club
- Discounts on selected school trips
- Reduced-cost Homework Club
- Reduced-cost Activity Clubs

To check your eligibility and apply, please visit the London Borough of Barking and Dagenham's Free School Meals and Pupil Premium webpage or ask the school office for a paper application form.

Our School Rules:

- We come to school every day in full uniform and ready to learn.
- We are kind to everyone.
- We listen.
- We keep calm even when things are hard.
- We talk through our problems.
- We keep our hands and feet to ourselves.
- We take pride in our school.
- We show respect to all.
- We always take part and try our best.
- We strive to be excellent in all we do.



Term Dates 2026-2027

Thames View Junior School Terms and Holidays 2026/27

Yellow = Inset Days
 Blue = Holiday (Eid)
 Green = Bank Holiday



September 2026						
M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

October 2026						
M	T	W	T	F	S	S
5	6	7	1	2	3	4
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

November 2026						
M	T	W	T	F	S	S
2	3	4	5	6	7	1
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

December 2026						
M	T	W	T	F	S	S
7	1	2	3	4	5	6
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

January 2027						
M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

February 2027						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

March 2027						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

April 2027						
M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May 2027						
M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

June 2027						
M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

July 2027						
M	T	W	T	F	S	S
	1	2	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

August 2027						
M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Please be aware that there will be two additional School closure days for the Eid holidays: one for Eid-ul-Fitr and one for Eid-ul-Adha. These dates are not yet specified as they are "moveable holidays". They will be announced nearer the time, once Eid is confirmed. Approximate Dates for 2027: Eid-ul-Fitr: Predicted to be Tuesday, March 9th, 2027 - Eid-ul-Adha: Predicted to be Monday, May 17th, 2027