



**Special diets and allergies**

Special diets are diets for pupils with a medically diagnosed requirement; not just a dislike of certain foods or food groups. It is our policy to provide a service for those pupils with medically diagnosed food allergies, food intolerances or a medical condition which affects eating requirements. Please contact your school office in the first instance to inform them of your child's requirements.

For further information regarding allergens and special diets, please visit [www.lancashire.gov.uk/catering](http://www.lancashire.gov.uk/catering)

**Free school meals for all children in reception, year 1 and 2**

All children in reception and years one and two are entitled to free meals as part of the Government's new Universal Infant Free School Meal. This is worth up to £4.18 per year per child - please talk to your child's school for more details.

Plus if you receive certain benefits, or have a household income below the Government threshold, register your entitlement with your area education office. Your child's school can receive extra funding called the 'Pupil Premium' which is sometimes worth £1,455 per pupil to the school. Yes you can, if you are on certain benefits. Just ring your local Area Education Office with details of your name, date of birth and National Insurance number and they will let you know if you are eligible.

**Contact your Area Education Office on: 0300 123 6701**

**Healthy, nutritious food choices & our social responsibility**

Using only the best locally sourced Red Tractor Farm Assured and seasonal ingredients, Lancashire Catering Service continue to provide high quality and nutritious food to the children of Lancashire, whilst supporting the path to improved health and the local economy.

We offer a variety of food choices and options, our Sugarwise accreditation gives assurance that we support healthy habits giving consistent messages.

Our vision is to deliver continuous innovation in order to meet our customer needs.



**Be part of our team**

Lancashire Catering Service is always looking to recruit people to take up catering assistant and supervisor roles.

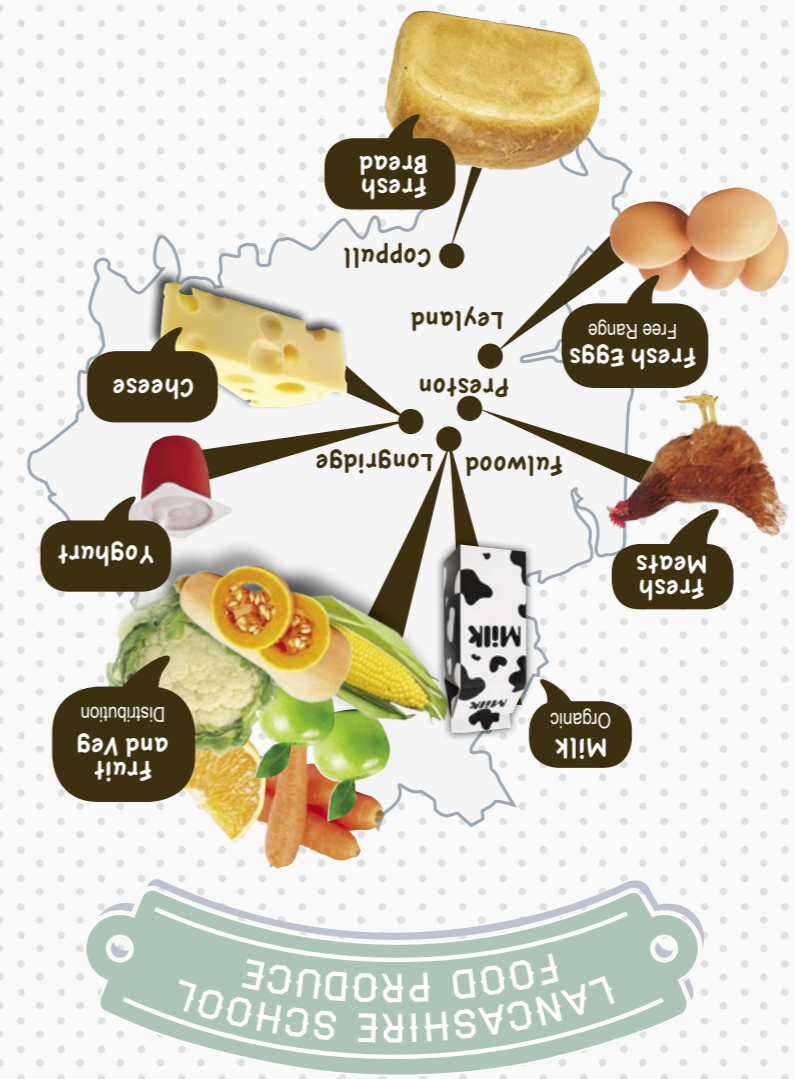
As a valued member of the team we offer a full training and induction programme, a term time contract which may fit in with family commitments, a salary which includes 35 days holiday, bank holiday and statutory day pay (pro rata) and entry into the local government pension scheme.

For up to date information on current job opportunities please go to [jobs.lancashire.gov.uk](http://jobs.lancashire.gov.uk) and select 'Cook / Catering Assistant' under all jobs.

LCS have just launched a brand new website where you will find up to date information including our latest menus, promotional theme days and news.

Visit [www.lancashire.gov.uk/catering](http://www.lancashire.gov.uk/catering)

[@LancsCatering](https://twitter.com/LancsCatering)  
[Lancashire Catering Service](https://www.facebook.com/LancashireCateringService)



**We buy local produce to support local businesses and reduce food miles.**

100% of our food suppliers are classed as local and 75% of our food purchases are produced in the UK. Our service recognises the value and importance of sustainable and responsible food sourcing.

Our aim is to positively influence the diet of our children and young people, and always consider where the food we put on the plates comes from and how it was produced.

SPRING SUMMER 2023

F+



LANCASHIRE SCHOOL

# Lunches

FEEDING THE FUTURE OF LANCASHIRE

[lancashire.gov.uk](http://lancashire.gov.uk)



# Menu

Serving fantastic lunches everyday - All menus are planned to comply with School Food Standards and all new dishes are tested by children. Our meat is Red Tractor Farm Assured, our fish is MSC certified and we also use a number of Free Range and Organic products throughout the menu. There is always fresh fruit and salad, bread and locally produced yoghurt available daily.

## Week 1

Week commencing  
24th April, 15th May, 5th and 26th June, 17th July,  
7th and 28th August, 18th September,  
9th and 30th October, 20th November.

	Monday	Sugarwise Tuesday	Sugarwise Wednesday	Sugarwise Thursday	Friday Favourites					
<b>Choice 1</b>	Crispy Salmon Fillet Fingers	Herby Potatoes & Mixed Vegetable Medley	Booths Meatball Marinara Sub Roll	Paprika Potatoes Garden Peas & Sweetcorn	Roast Beef Yorkshire Pudding & Gravy	Roast Potatoes Seasonal Cabbage & Carrot Batons	Homemade Chicken or Quorn Curry	Mixed Rice & Naan Bread	Crispy Golden Crumb Fish Fingers	Oven Baked Chips or New Potatoes & Garden Peas
<b>Choice 2</b>	Filled Free Range Omelette	Herby Potatoes & Baked Beans	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection	Cooks Choice of French Bread Pizza	Potato Wedges Vegetable Sticks & Dips	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection	Homemade Pizza Margherita (v)	Oven Baked Chips or Pasta Salad & Sweetcorn
<b>Choice 3</b>	Tomato & Mascarpone Pasta (v)	Homemade Crusty Bread & Salad Selection	Creamy Veggie & Cheese Pasta (v)	Homemade Crusty Bread & Salad Selection	Pasta Neapolitan (v)	Homemade Crusty Bread & Salad Selection	Cheese & Tomato Pasta Bake (v)	Homemade Crusty Bread & Salad Selection	Selection of filled Wraps or Sandwich Rolls	Oven Baked Chips or New Potatoes & Salad Selection
<b>Desserts</b>	Vanilla Sponge & Custard	Fruit Selection & Organic Milk	Shortbread Biscuit & Melon Wedges	Fruit Selection & Organic Milk	Lancashire Cheese & Biscuits or Fruit Yoghurt	Fruit Selection & Organic Milk	Fruity Oat Cookie	Fruit Selection & Organic Milk	Chocolate Muffin	Fruit Selection & Organic Milk

## Week 2

Week Commencing  
1st and 22nd May, 12th June, 3rd and 24th July,  
14th August, 4th and 25th September,  
16th October, 6th November.

	Meat Free Monday	Sugarwise Tuesday	Sugarwise Wednesday	Sugarwise Thursday	Friday Favourites					
<b>Choice 1</b>	Vegetarian Sausage Roll & Tomato Sauce (v)	Paprika Potatoes Garden Peas & Sweetcorn	Booths Pork & Vegetable Sausages	Creamed Potatoes & Mixed Vegetable Medley	Roast Chicken Yorkshire Pudding & Gravy	Roast Potatoes Seasonal Cabbage & Carrot Batons	Mild Chilli Beef Tacos	Mixed Rice & Broccoli Florets	Harry Ramsden's Crispy Battered Fish Fillet	Oven Baked Chips or New Potatoes & Garden Peas
<b>Choice 2</b>	Baked Jacket Potato with a Choice of Filling (v)	Freshly Prepared Salad Selection	Cooks Choice of Toasted Panini	Potato Wedges Vegetable Sticks & Dips	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection	Puff Pastry Cheese Whirl (v)	Herby Potatoes & Baked Beans	Homemade Pizza Margherita (v)	Oven Baked Chips or New Potatoes & Sweetcorn
<b>Choice 3</b>	Cheese & Tomato Pasta Bake (v)	Homemade Crusty Bread & Salad Selection	Pasta Arrabbiata (v)	Homemade Crusty Bread & Salad Selection	Creamy Macaroni & Cheese Bake (v)	Homemade Crusty Bread & Salad Selection	Pasta Neapolitan (v)	Homemade Crusty Bread & Salad Selection	Selection of filled Wraps or Sandwich Rolls	Oven Baked Chips or New Potatoes & Salad Selection
<b>Desserts</b>	Fruit Jelly & Orange Wedges	Fruit Selection & Organic Milk	Carrot Cake Muffin	Fruit Selection & Organic Milk	Chocolate Shortbread Biscuit & Melon Wedges	Fruit Selection & Organic Milk	Coconut Cookie	Fruit Selection & Organic Milk	Summer Treat Dessert	Fruit Selection & Organic Milk

## Week 3

Week commencing  
8th and 29th May, 19th June, 10th and 31st July,  
21st August, 11th September,  
2nd and 23rd October, 13th November.

	Monday	Sugarwise Tuesday	Sugarwise Wednesday	Sugarwise Thursday	Friday Favourites					
<b>Choice 1</b>	Pulled BBQ Chicken Melt Tortilla	Paprika Potatoes & Mixed Vegetable Medley	Swedish Style Veggie Meatballs (v)	Herby Potatoes & Broccoli Florets	Roast Pork Yorkshire Pudding & Gravy	Roast Potatoes Seasonal Cabbage & Carrot Batons	Booths Beef Burger in a Bun & Tomato Ketchup	Paprika Wedges & Mixed Vegetable Medley	Crispy Golden Crumb Fish Fingers	Oven Baked Chips or New Potatoes & Garden Peas
<b>Choice 2</b>	Lancashire Butter Pie (v)	Baked Beans & Salad Selection	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection	Cooks Choice of French Bread Pizza	Potato Wedges Vegetable Sticks & Dips	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection	Homemade Pizza Margherita (v)	Oven Baked Chips or Pasta Salad & Sweetcorn
<b>Choice 3</b>	Tomato & Mascarpone Pasta (v)	Homemade Crusty Bread & Salad Selection	Pasta Neapolitan (v)	Homemade Crusty Bread & Salad Selection	Creamy Veggie & Cheese Pasta (v)	Homemade Crusty Bread & Salad Selection	Cheese & Tomato Pasta Bake (v)	Homemade Crusty Bread & Salad Selection	Selection of filled Wraps or Sandwich Rolls	Oven Baked Chips or New Potatoes & Salad Selection
<b>Desserts</b>	Chocolate Brownie & Chocolate Sauce	Fruit Selection & Organic Milk	Lancashire Cheese & Biscuits or Fruit Yoghurt	Fruit Selection & Organic Milk	Fruity Oat Cookie	Fruit Selection & Organic Milk	Shortbread Biscuit & Melon Wedges	Fruit Selection & Organic Milk	Chocolate Cookie	Fruit Selection & Organic Milk