



Between 17 July and 13 August, anyone can visit a Morrisons cafe in the UK and 'ask for Ellen'. In return, they'll receive two crumpets with butter and jam with no questions asked.



There's no maximum number of times you can Ask For Ellen and the scheme is open to people of all ages - so you could bring your kids for free crumpets after the weekly shop, if you wanted, or you could pop in daily to take advantage of the offer.