# Cedar KS3 – Y1 Biology

### **Cells and Organisation**

Pupils should be taught about:

- cells as the fundamental unit of living organisms, including how to observe, interpret and record cell structureusing a light microscope
- the functions of the cell wall, cell membrane, cytoplasm, nucleus, vacuole, mitochondria and chloroplasts
- the similarities and differences between plant and animal cells
- the role of diffusion in the movement of materials in and between cells
- the structural adaptations of some unicellular organisms
- the hierarchical organisation of multicellular organisms: from cells to tissues to organs to systems to organisms
- the structure and functions of the human skeleton, to include support, protection, movement and making blood cells
- biomechanics the interaction between skeleton and muscles, including the measurement of force exerted by different muscles
- the function of muscles and examples of antagonistic muscles

## **Inheritance and Evolution**

- · heredity as the process by which genetic information is transmitted from one generation to the next
- a simple model of chromosomes, genes and DNA in heredity, including the part played by Watson, Crick, Wilkinsand Franklin in the development of the DNA model
- differences between species
- the variation between individuals within a species being continuous or discontinuous, to include measurementand graphical representation of variation
- the variation between species and between individuals of the same species means some organisms competemore successfully, which can drive natural selection
- changes in the environment may leave individuals within a species, and some entire species, less well adapted to compete successfully and reproduce, which in turn may lead to extinction

# Cedar KS3 – Y1 Chemistry

### States of Matter and Separating Mixtures

Pupils should be taught about:

- the properties of the different states of matter (solid, liquid and gas) in terms of the particle model, including gas pressure
- similarities and differences, including density differences, between solids, liquids and gases
- changes of state in terms of the particle model
- conservation of material and of mass, and reversibility, in melting, freezing, evaporation, sublimation, condensation, dissolving
- the differences in arrangements, in motion and in closeness of particles explaining changes of state, shape and density, the anomaly of ice-water transition
- atoms and molecules as particles
- changes with temperature in motion and spacing of particles
- internal energy stored in materials
- energy changes on changes of state
- the concept of a pure substance
- the identification of pure substances
- Brownian motion in gases
- diffusion in terms of the particle model
- diffusion in liquids and gases driven by differences in concentration
- mixtures, including dissolving
- simple techniques for separating mixtures: filtration, evaporation, distillation and chromatography

#### **Chemical Reactions**

- the difference between chemical and physical changes
- conservation of mass in changes of state and chemical reactions
- chemical reactions as the rearrangement of atoms
- representing chemical reactions using formulae and using equations
- combustion, thermal decomposition, oxidation and displacement reactions

# Cedar KS3 – Y1 Physics

### **Electricity and Magnetism**

Pupils should be taught about:

- electric current, measured in amperes, in circuits, series and parallel circuits, currents add where branches meet and current as flow of charge
- potential difference, measured in volts, battery and bulb ratings; resistance, measured in ohms, as the ratio of potential difference to current
- differences in resistance between conducting and insulating components (quantitative)
- separation of positive or negative charges when objects are rubbed together: transfer of electrons, forces between charged objects
- the idea of electric field, forces acting across the space between objects not in contact
- magnetic poles, attraction and repulsion
- magnetic fields by plotting with compass, representation by field lines
- Earth's magnetism, compass and navigation
- the magnetic effect of a current, electromagnets, D.C. motors (principles only)

### **Energy Changes and Transfers**

- energy as a quantity that can be quantified and calculated; the total energy has the same value before and after a change
- comparing the starting with the final conditions of a system and describing increases and decreases in the amounts of energy associated with movements, temperatures, changes in positions in a field, in elastic distortions and in chemical compositions
- work done and energy changes on deformation
- using physical processes and mechanisms, rather than energy, to explain the intermediate steps that bring about such changes
- simple machines give bigger force but at the expense of smaller movement (and vice versa): product of force and displacement unchanged
- heating and thermal equilibrium: temperature difference between two objects leading to energy transfer from the hotter to the cooler one, through contact (conduction) or radiation; such transfers tending to reduce the temperature difference: use of insulators
- other processes that involve energy transfer: changing motion, dropping an object, completing an electrical circuit, stretching a spring, metabolism of food, burning fuels
- comparing energy values of different foods (from labels) (kJ)
- comparing power ratings of appliances in watts (W, kW)
- comparing amounts of energy transferred (J, kJ, kW hour)
- domestic fuel bills, fuel use and costs
- fuels and energy resources

# Cedar KS3 – Y2 Biology

## Health and the Human Body

Pupils should be taught about:

- the structure and functions of the gas exchange system in humans, including adaptations to function
- the mechanism of breathing to move air in and out of the lungs, using a pressure model to explain the movement of gases, including simple measurements of lung volume
- the impact of exercise, asthma and smoking on the human gas exchange system
- content of a healthy human diet: carbohydrates, lipids (fats and oils), proteins, vitamins, minerals, dietary fibre and water, and why each is needed
- calculations of energy requirements in a healthy daily diet
- the consequences of imbalances in the diet, including obesity, starvation and deficiency diseases
- the tissues and organs of the human digestive system, including adaptations to functionand how the digestive system digests food (enzymes simply as biological catalysts)
- the importance of bacteria in the human digestive system
- the effects of recreational drugs (including substance misuse) on behaviour, health and life processes

## **Photosynthesis and Respiration**

- the role of leaf stomata in gas exchange in plants
- plants making carbohydrates in their leaves by photosynthesis and gaining mineral nutrients and water from the soil via their roots
- the reactants in, and products of, photosynthesis, and a word summary for photosynthesis
- the dependence of almost all life on Earth on the ability of photosynthetic organisms, such as plants and algae, to use sunlight in photosynthesis to build organic molecules that are an essential energy store and to maintain levels of oxygen and carbon dioxide in the atmosphere
- the adaptations of leaves for photosynthesis
- aerobic and anaerobic respiration in living organisms, including the breakdown of organic molecules to enable all the other chemical processes necessary for life
- a word summary for aerobic respiration
- the process of anaerobic respiration in humans and micro-organisms, including fermentation, and a word summary for anaerobic respiration
- the differences between aerobic and anaerobic respiration in terms of the reactants, the products formed and the implications for the organism

# Cedar KS3 – Y2 Chemistry

### **Atoms and the Periodic Table**

Pupils should be taught about:

- a simple (Dalton) atomic model
- differences between atoms, elements and compounds
- chemical symbols and formulae for elements and compounds
- the varying physical and chemical properties of different elements
- the principles underpinning the Mendeleev Periodic Table
- the Periodic Table: periods and groups; metals and non-metals
- how patterns in reactions can be predicted with reference to the Periodic Table
- the properties of metals and non-metals
- the chemical properties of metal and non-metal oxides with respect to acidity

### **Acids and Alkalis**

Pupils should be taught about:

- defining acids and alkalis in terms of neutralisation reactions
- the pH scale for measuring acidity/alkalinity; and indicators
- · reactions of acids with metals to produce a salt plus hydrogen
- reactions of acids with alkalis to produce a salt plus water

• exothermic and endothermic chemical reactions (qualitative) what catalysts do

## Cedar KS3 Y2 - Physics

### Forces

Pupils should be taught about:

- forces as pushes or pulls, arising from the interaction between two objects
- using force arrows in diagrams, adding forces in one dimension, balanced and unbalanced forces
- forces: associated with deforming objects; stretching and squashing springs; with rubbing and friction between surfaces, with pushing things out of the way; resistance to motion of air and water
- forces measured in newtons, measurements of stretch or compression as force is changed force-extension linear relation; Hooke's Law as a special case
- non-contact forces: gravity forces acting at a distance on Earth and in space, forces between magnets and forcesdue to static electricity
- opposing forces and equilibrium: weight held by stretched spring or supported on a compressed surface

## Space

- gravity force, weight = mass x gravitational field strength (g), on Earth g = 10N/kg, different on other planets and stars; gravity forces between Earth and Moon, and between Earth and Sun (qualitative only)
- our Sun as a star, other stars in our galaxy, other galaxies
- the seasons and the Earth's tilt, day length at different times of year, in different hemispheres
- the light year as a unit of astronomical distance