

R.Y.P.P

Respect
Young
Person's
Programme



Are you a young person struggling to cope with your behaviour towards family, care givers and friends?

**Damaging
Property**

**Making
Threats**

**Verbal
Aggression**

**Financial
Abuse**

**Physical
Aggression**

**Boundary
Pushing**

Conflict between a young person and their parent/carer is often a normal part of growing up. When that behaviour crosses the line into abuse or aggression, it can be difficult to know where to turn.

Respect Young Peoples Programme can help.

RYPP is a programme available to young people aged 10- 16 where their behaviours are violent or aggressive towards a parent, carer or another family member. It aims to address behaviours that can increase risks in later life, such as difficulty with attachment, low empathy, poor school attendance or academic achievement, difficulty with emotional regulation and forming healthy relationships and problems with conflict resolution.

The RYPP is delivered over 11 weeks via one or two face to face sessions per week. It's a total of 18 sessions - 9 with the young person, 7 with the parent and 2 with the whole family. RYPP seeks to improve emotional wellbeing, helps to develop coping mechanisms, building confidence, strengthen family relationships helping young people to regulate their behaviour by giving an insight into the impact on themselves, family and wider friendships.

This programme is co-delivered therefore all referrals should be made via Lancashire County Council Children's Services.



Respect

