



THE BLESSED SACRAMENT CATHOLIC PRIMARY SCHOOL
MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Southern style chicken goujons or Vegetable finger wrap With Paprika potatoes Vegetables or BBQ beans	Loaded mild beef or vegetable chilli nacho bake With Mixed rice & sweetcorn medley	Pork or Vegetarian sausages & Yorkshire pudding With Seasonal veg & gravy.	Chicken or Quorn Balti curry served with Mixed rice & naan bread.	Homemade Pizza Served with Chips and garden peas or salad selection
	Jacket potato Served with a choice of fillings. Salad Selection	Jacket potato Served with a choice of fillings. Salad Selection	NO JACKET POTATO TODAY	Jacket potato Served with a choice of fillings. Salad Selection	Crispy Vegetable Fingers with Chips Peas or Beans
	Pasta tubes in a tomato sauce Served with dough balls & salad	Summer Picnic..... CHOOSE SANDWICH CHOICE BELOW	Tomato & Mascarpone pasta served with herby bread and salad.	Homemade cheese flan With baby potatoes Baked beans or salad	Fish Fillet Served with Chips and Beans or Peas.
		Tuna Sandwich	Tuna Sandwich		Tuna Sandwich
		Ham Sandwich	Ham Sandwich		Egg Sandwich
	Cheese Sandwich	Cheese Sandwich		Cheese Sandwich	
Desserts	Fruity flapjack or fruit yoghurt or jelly fruit selection Organic Milk	Vanilla shortbread, fruit wedges, jelly or yoghurt Organic Milk	Ice cream & dessert sauce or Fruit Yoghurt or jelly Organic Milk	Mixed fruit medley Or Yoghurt or jelly Organic Milk	Cookie & milkshake Or Fruit selection, jelly or yoghurt Organic Milk

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	Vegetarian Sausage Roll and Tomato ketchup served with herb wedges and beans.	HOTDOG	Roast Chicken or Quorn Filet Dinner Served with Roast Potatoes, Seasonal veg & Gravy	Booths beef & pork or Vegetable Burger with Paprika Potatoes Vegetable Sticks & Dips	Homemade Pizza served with Chips and Sweetcorn.
	Jacket potato Served with a choice of fillings. Salad Selection	Jacket potato Served with a choice of fillings. Salad Selection	NO JACKET POTATO TODAY	Jacket potato Served with a choice of fillings. Salad Selection	NO JACKET POTATO TODAY
	Tomato and Mascarpone Pasta with herb bread & Salad Selection	Mac 'n' Cheese with Crusty Bread & garden peas	Loaded potato wedges with BBQ beans, crispy onions & salad selection Tuna Sandwich Ham Sandwich Cheese Sandwich	Pasta Twists in a Tomato Sauce With Dough Balls & Salad Selection Tuna Sandwich	Harry Ramsdens crispy Battered Fish served with Chips and mushy peas. Tuna Sandwich Egg Sandwich Cheese Sandwich
	Marble & toffee traybake Fruit Yoghurt or jelly with Fruit Selection Organic Milk	Mixed Fruit Medley or Fruit Yoghurt or Jelly Fruit Selection And organic milk	Raspberry Bun Fruit Yoghurt or Jelly Fruit Selection Organic Milk	Lemon Biscuit, Fruit Yoghurt or Jelly Fruit Selection Organic Milk	Cocoa Krispie Cake Fruit Yoghurt or Jelly Fruit Selection Organic Milk
Desserts					

Week 2

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MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Mild piri piri chicken or Quorn pitta pocket With Sunshine rice & peas	Harry Ramsden's sweet potato & salmon fishcake With Paprika potatoes & mixed vegetables	Roast Gammon or BBQ Vegetarian Meatballs Served with Rosti potatoes & sweetcorn	Chicken or Vegetarian tikka curry With Mixed Rice & Naan Bread	Homemade Pizza Served with chips and garden peas or salad.
	Jacket potato Served with a choice of fillings. Salad Selection	Jacket potato Served with a choice of fillings. Salad Selection	NO JACKET POTATO TODAY	Jacket potato Served with a choice of fillings. Salad Selection	NO JACKET POTATO TODAY
	Pasta Twists in a Tomato Sauce With Dough Balls & Salad Selection	Puff pastry cheese whirl served with paprika wedges & baked beans	Tomato & mascarpone pasta served with herby bread & salad.	Summer Picnic..... CHOOSE SANDWICH CHOICE BELOW	Harry Ramsden's fish filet with Chips Peas or Beans
			Tuna Sandwich	Tuna Sandwich	Tuna Sandwich
			Ham Sandwich	Ham Sandwich	Egg Sandwich
			Cheese Sandwich	Cheese Sandwich	Cheese Sandwich
Desserts	Jam sandwich slice or Fruit, yoghurt or jelly Organic Milk	Marbled shortbread biscuit & fruit wedges Yoghurt or jelly Organic Milk	Cooks' choice of mousse or Fruit, yoghurt or jelly Organic Milk	Mixed Fruit Medley or Fruit Yoghurt or Jelly Fruit Selection Organic Milk	Sticky Toffee Cupcake or Fruit Yoghurt or Jelly Fruit Selection Organic Milk

Week 3