

HRSE - CT2

Our parish is part of the Diocese of Lancaster which is led by Bishop Paul Swarbrick. The choices we make about our behaviour develop our relationship with others, including God.

Religious Education

God gave us the responsibility to look after ourselves and each other. We have the freedom to choose to follow His commandments at school and at home.

HRSE – CT3

God created us all and we look after ourselves so that we can do His good work. This includes following hygiene rules to keep us healthy.

PSHE

We look after our teeth by brushing them, visiting the dentist regularly and carefully considering what we eat and drink. If we are unwell, we might need to take medicine.

Prayer and Liturgy

We can pray to God as a member of His family. The special prayer we say is called the Our Father. We remind ourselves of the nativity; the story of when Jesus was born.

Outcomes

AT1 – Identify and describe the work of the local church (Diocesan level).

AT1 – Retell the story of the Nativity (including annunciation / shepherds / wise men).

AT1 – How do we take care of each other at school?

AT1 – Demonstrate understanding of the importance of Moses.

AT1 – Which of the 10 Commandments do you think is the most important? Why?

AT2 – Why is it important to look after ourselves and stay safe?

Y2:2

WHY ARE RULES IMPORTANT?

Personal Health & Hygiene Rules

Vocabulary

DIOCESE – Region of The Church led by a bishop.

BISHOP – An official of The Church who leads the diocese and supervises priests.

RELATIONSHIP – A way in which people behave and are involved with each other.

RESPONSIBILITY – A duty to do something well.

FREEDOM – Not being restricted by anybody or anything.

COMMANDMENTS – Something that must be obeyed.

HYGIENE – Cleanliness that leads to good health.

MEDICINE – Something that helps us to get better when we are unwell.

NATIVITY – The celebration of the birth of Jesus.

DENTIST – A medical doctor who looks after teeth and the mouth.

HRSE – CT2 Key Knowledge 1

Develop their relationship with God through prayers, acts of worship and the choices they make about behaviour. (P)

HRSE – CT2 Key Knowledge 2

That sometimes they need to say sorry to people because of their behaviour. (C)

HRSE – CT2 Key Knowledge 3

When saying 'no' is OK to peers and adults. (C)

HRSE – CT2 Key Knowledge 4

To recognise unkind behaviour, either by them, towards them or others, how to respond, who to tell and what to say. (P)

HRSE – CT2 Key Knowledge 5

That teasing and bullying are unkind behaviours because they cause distress. (C)

HRSE – CT2 Key Knowledge 6

How to resist joining in with teasing or bullying if they experience or witness it. (P)

Matthew 16:18

'And I tell you, you are Peter, and on this rock I will build my church, and the gates of hell shall not prevail against it.'

Learning Step 1

Know that The Blessed Sacrament parish is part of the Diocese of Lancaster and is led by Bishop Paul Swarbrick.

Learning Step 2

Know the school rules and recognise that the choices they make about their behaviour develops their relationship with God.

Learning Step 3

Know that if we make the wrong choices about our behaviour it can hurt other people physically and emotionally and that sometimes they need to say sorry for making the wrong choice.

Learning Step 4

Know that they can make choices about looking after their immediate environment (home / school) and that the choices they make affect other people.

Learning Step 5

Know examples of bullying behaviours, understand that it is OK to say 'no' to bullies and know who to speak to if they are unhappy about a bullying situation.



HRSE – Core Theme 2

Rules are Important.

Religious Education

The Freedom to Choose

RE Key Knowledge 1

Taking responsibility for themselves and towards others. (C)

RE Key Knowledge 2

Scripture passages which illustrate freedom and responsibility in the world. (F)



Learning Step 1

Know that the God gave us the responsibility to look after ourselves and each other as part of God's creation.

Genesis 1: 28

'And God blessed them. And God said to them, "Be fruitful and multiply and fill the earth and subdue it, and have dominion over the fish of the sea and over the birds of the heavens and over every living thing that moves on the earth."'

Learning Step 2

Know that Jesus called on us to obey his teaching.

John 8: 31

So Jesus said to the Jews who had believed him, "If you abide in my word, you are truly my disciples,"

Learning Step 3

Know that God gave us rules to follow – 10 commandments.

Exodus 20: 1

'And God spoke all these words;'

Learning Step 4

Know ways that they can keep God's commandments in school and at home.

HRS – CT3 Key Knowledge 1

That their life has a purpose and to fulfil this purpose they must keep themselves safe, physically and through growing self-confidence. (C)

HRSE – CT3 Key Knowledge 2

To recognise what they like and dislike, how to make real informed choices that improve their emotional and physical health to recognise that choices can have good and not so good consequences. (M)

HRSE – CT3 Key Knowledge 3

Responsibilities for their own health which include physical health, such as why hand washing is important, why diet and exercise matter and the importance of dental care. (C)

HRSE – CT3 Key Knowledge 4

How to recognise the difference between secrets and surprises and the importance of not keeping adult secrets only surprises. (C)

HRSE – CT3 Key Knowledge 2

The rights and wrongs of keeping safe and rules for and ways of keeping physically and emotionally safe (including safety on line, responsible use ICT, safety in the environment). (P)

Genesis 1: 27

‘So God created man in his own image, in the image of God he created him, male and female he created them.’

Learning Step 1

Know that God has created them for a purpose and they must keep themselves safe so that they can do God's good work.

Learning Step 2

Know how to look after their own physical health – hygiene / regular washing.

Learning Step 3

Know that we keep surprises about Christmas presents etc and reinforce the importance of keeping surprises and not secrets.



HRSE – Core Theme 3

Keeping Safe

PSHE Key Knowledge 1

H1. About what keeping healthy means; different ways to keep healthy. (C)

PSHE Key Knowledge 2

H5. Simple hygiene routines that can stop germs from spreading. (P)

PSHE Key Knowledge 3

H6. That medicines (including vaccinations and immunisations and those that support allergic reactions) can help people to stay healthy. (F)

PSHE Key Knowledge 4

H7. About dental care and visiting the dentist; how to brush teeth correctly; food and drink that support dental health. (P)

PSHE Key Knowledge 5

H29. To recognise risk in simple everyday situations and what action to take to minimise harm. (P)

PSHE Key Knowledge 6

H32. Ways to keep safe in familiar and unfamiliar environments and how to cross the road safely. (P)

PSHE



Looking After Ourselves

Learning Step 1

Know that if we get ill we might need to take medicine to feel better.

Learning Step 2

Know about dental care (brushing teeth, visiting the dentist, food / drink).

1 Corinthians 6:19

'Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own.'

Prayer & Liturgy



Praying the Our Father

Matthew 6:9-13

'Pray then like this: "Our Father in heaven, hallowed by your name."'

Learning Step 1

Know and understand the Our Father.

Learning Step 2

Know the key elements of the Nativity including the Annunciation, the birth of Jesus, the shepherds and the Wise Men.

P&L Key Knowledge 1

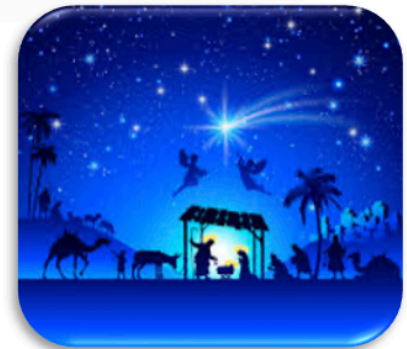
Prayers from scripture and tradition. (F)

P&L Key Knowledge 2

The main events in the life of Jesus – the Nativity. (F)

Key Text:

The Nativity



Stunning Start:

Enrichment:

Resources:

Celebration:

Planning Ideas: