

THE BLESSED SACRAMENT CATHOLIC PRIMARY SCHOOL
MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	BIG BRUNCH Booths pork or Quorn sausage, omelette, crispy potatoes and baked beans	Loaded mild beef or vegetable chilli nachos With Mixed rice & salad	Roast Chicken or Quorn fillet dinner Served with Roast Potatoes, Seasonal veg & gravy.	Booths beef or vegetarian burger in a bun, Served with Wedges and sweetcorn.	Homemade Pizza Served with Chip and beans or garden peas.
	Jacket potato Served with a choice of fillings. Salad Selection	Jacket potato Served with a choice of fillings. Salad Selection	Jacket potato Served with a choice of fillings. Salad Selection	Jacket potato Served with a choice of fillings. Salad Selection	NO JACKET POTATO
	Pasta twists in a tomato sauce Served with crusty bread & salad	Lancashire butter pie With Mixed vegetables or beans	Tomato & Mascarpone pasta served with herby bread and salad.	Macaroni cheese served with crusty bread & salad	Fish Fingers Served with Chips and Beans or Peas.
					Tuna Sandwich
					Egg Sandwich
					Cheese Sandwich
Desserts	Toffee traybake & custard Or Yoghurt Organic Milk	Marble shortbread fruit wedges, jelly or yoghurt Organic Milk	Raspberry Bun or Fruit Yoghurt Organic Milk	Vanilla biscuit with fruit wedges. Or Low sugar jelly Organic Milk	Chocolate brownie Or Fruit selection, jelly or yoghurt Organic Milk

THE BLESSED SACRAMENT CATHOLIC PRIMARY SCHOOL
MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 2	Loaded pizza panini With Paprika wedges & peas	Chicken or vegetable goujons & katsu curry sauce with Vegetable rice	Booths pork or vegetarian sausage Yorkshire pudding served with roast potatoes, seasonal Veg & Gravy	Spaghetti bolognese served with homemade dough balls and salad selection.	Homemade Pizza served with Chips and Sweetcorn or baked beans.
	Jacket potato Served with a choice of fillings. Salad Selection	Jacket potato Served with a choice of fillings. Salad Selection	Jacket potato Served with a choice of fillings. Salad Selection	Jacket potato Served with a choice of fillings. Salad Selection	NO JACKET POTATO
	Tomato and mascarpone pasta served with herby bread & salad	Puff Pastry cheese whirl with Herby potatoes & peas or beans	Pasta spirals in a tomato sauce Served with dough balls and salad selection	Choice of filled omelette with potato wedges & beans	Harry Ramsdens crispy Battered Fish served with Chips and mushy peas.
					Tuna Sandwich
					Egg Sandwich
					Cheese Sandwich
Desserts	Rice pudding or Fruit Yoghurt with Fruit Selection Organic Milk	Chocolate cookie & fruit wedges or Low sugar jelly Organic Milk	Mousse or yoghurt or jelly with fruit selection Organic Milk	Lancashire cheese & biscuits Or Jelly or yoghurt Organic Milk	Chocolate crispie cake or fruit selection Organic Milk

THE BLESSED SACRAMENT CATHOLIC PRIMARY SCHOOL
MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 3	Pork & carrot meatballs or Vegetarian meatballs with mild chilli & sweet pepper sauce With Mixed rice & salad	Savoury beef or Quorn mince & dumplings served with mashed potatoes and green beans & carrot batons.	Roast Chicken or Quorn fillet dinner Served with Roast Potatoes, Seasonal veg & gravy.	Chicken or vegetable curry With Mixed rice & naan bread	Homemade Pizza Served with chips and garden peas or beans.
	Jacket potato Served with a choice of fillings. Salad Selection	Jacket potato Served with a choice of fillings. Salad Selection	Jacket potato Served with a choice of fillings. Salad Selection	Jacket potato Served with a choice of fillings. Salad Selection	NO JACKET POTATO
	Salmon & sweet potato served with herby potatoes & vegetable medley.	Pasta tubes in tomato sauce Homemade dough balls & salad	Tomato & mascarpone pasta served with herby bread & salad.	Vegetarian sausage roll With Paprika potatoes, garden peas or beans.	Fish Fingers Served with chips and peas or baked beans.
					Tuna Sandwich
					Egg Sandwich
					Cheese Sandwich
Desserts	Chocolate traybake & custard. Jelly or yoghurt Organic Milk	Shortbread biscuit & fruit wedges, Jelly or yoghurt Organic Milk	Oaty flapjack or fruit yoghurt or jelly Organic Milk	Lemon cookie & fruit wedges Jelly or yoghurt Organic Milk	Choice of cupcake, Jelly or yoghurt Organic Milk