

**THE BLESSED SACRAMENT CATHOLIC PRIMARY SCHOOL**  
**MENU**



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1</b>	Quorn Pasta Bolognaise Served with Homemade Crusty Bread & Broccoli Florets	Pork or Veggie Sausages & Onion Gravy Served with Creamed Potatoes, Garden Peas & Carrot Batons	Roast Chicken Yorkshire Pudding & Gravy, Served with Roast Potatoes Seasonal Cabbage & Carrot Batons	Traditional Cottage Pie Served with Mixed Vegetable Medley	Homemade Pizza Margherita Served with Oven Baked Chips
	Baked Jacket Potato Served with Cheese	Baked Jacket Potato Served with Beans	Homemade Cheese & Tomato Calzone Served with Tortilla Chips, Veggie Sticks & Dips	Baked Jacket Potato Served with Cheese	Golden Crumb Omega 3 Fish Fingers Served with Oven Baked Chips Garden Peas & Sweetcorn
	Lancashire Cheese & Potato Pie Served with Baked Beans	Loaded Veggie Stand & Stuff Taco Served with Oven Baked Wedges & Salad Selection	Homemade Vegetable Curry Served with Mixed Rice & Naan Bread	Tomato & Pepper Pasta Served with Homemade Crusty Bread & Salad	Selection of filled Sandwich Rolls Oven Baked Chips, Veggie Sticks & Dips
	<b>Dessert</b>				
	Syrup Sponge & Custard or Fruit Selection.  Organic Milk	Fresh Fruit Medley & Vanilla Cream or Fruit Selection.  Organic Milk	Selection of Yoghurt or Fruit Selection.  Organic Milk	Mini Shortbread Biscuit & Melon Wedges or Fruit Selection.  Organic Milk	Homemade Chocolate Cookie or Fruit Selection.  Organic Milk

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 2</b>	Vegetarian Sausage Roll Served with Oven Baked Wedges Garden Peas & Sweetcorn	Beef & Pork Meatballs & Tomato Sauce Served with Penne Pasta & Broccoli Florets	Roast Pork Yorkshire Pudding & Gravy Roast Potatoes Seasonal Cabbage & Carrot Batons	Chicken & Sweet Potato Curry Mixed Rice & Naan Bread	Homemade Pizza Margherita served With Oven Baked Chips & Sweetcorn
	Baked Jacket Potato & Cheese served with Freshly Prepared Salad Selection	Golden Crumb Vegetable Fingers served with Paprika Potatoes & Mixed Vegetable Medley	Baked Jacket Potato & Beans Served with Freshly Prepared Salad Selection	Baked Jacket Potato & cheese served with Freshly Prepared Salad Selection	Selection of filled Sandwich Rolls Served with Oven Baked Chips, Veggie Sticks & Dips
	Tomato & Mascarpone Pasta Served with Homemade Crusty Bread & Salad Selection	Cheese Panini Melt Served with Tortilla Chips Veggie Sticks & Dips	Pasta Arrabbiata Served with Homemade Crusty Bread & Salad Selection	Puff Pastry Cheese Whirl served with Herby Potatoes & Reduced Sugar Baked Beans	Crispy Battered Fish Served with Oven Baked Chips & Garden Peas
	<b>Desserts</b>				
	Creamy Rice Pudding & Fruit Jam or Fruit Selection  Organic Milk	Strawberry Ice Cream Sponge Roll or Fruit Selection  Organic Milk	Fresh Fruit Medley & Vanilla Cream or Fruit Selection  Organic Milk	Selection of Yoghurt or Selection of Fruit  Organic Milk	Homemade Chocolate Brownie or Fruit Selection  Organic Milk

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 3</b>	Cheese & Tomato French Bread Pizza Served with Tortilla Chips Veggie Sticks & Dips	Homemade Meat & Potato Pie served with Garden Peas Sliced Beetroot & Gravy	Roast Chicken, Yorkshire Pudding & Gravy Served with Roast Potatoes Seasonal Cabbage & Carrot Batons	British Beef Burger in a Bun Served with Oven Baked Wedges Veggie Sticks & Dips	Homemade Pizza Margherita served with Oven Baked Chips
	Plant-Based Meatballs Creamed Potatoes Served with Baked Beans	Baked Jacket Potato with Cheese Served with Freshly Prepared Salad Selection	Baked Jacket Potato with Beans served with Freshly Prepared Salad Selection	Baked Jacket Potato with Cheese served with Freshly Prepared Salad Selection	Selection of filled Sandwich Rolls Served with Oven Baked Chips, Veggie Sticks & Dips
	Crispy Bubble Coated Salmon served with Paprika Potatoes & Mixed Vegetable Medley	Pasta Neapolitan Served with Homemade Crusty Bread & Salad Selection	Quorn Tikka Curry Served with Mixed Rice & Naan Bread	Homemade Macaroni & Cheese Bake Served with Homemade Crusty Bread & Broccoli Florets	Golden Crumb Omega 3 Fish Fingers served with Oven Baked Chips Garden Peas & Sweetcorn
	<b>Desserts</b>  Vanilla Sponge & Chocolate Sauce or Fruit Selection  Organic Milk	Selection of Yoghurt Or Fruit Selection  Organic Milk	Mini Shortbread Biscuit & Melon Wedges or Fruit Selection  Organic Milk	Fresh Fruit Medley & Vanilla Cream or Fruit Selection  Organic Milk	Gluten-Free Chocolate Muffin Or Fruit Selection  Organic Milk

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