

THE BLESSED SACRAMENT CATHOLIC PRIMARY SCHOOL
MENU – WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Reception / Key Stage One	Pork or Vegetarian Meatball Marinara Sub	Tuna & Cheese Panini Melt	Hot Roast Chicken & Stuffing Barmcake	Freshly Baked Pork or Vegetarian Sausage Roll	Crispy Fish Fillet Flatbread with Salad & Mayonnaise
	Cheese Sandwich Roll	Cheese Tortilla Wrap	Cheese Sandwich Roll	Cheese Sandwich	Cheese Finger Bun
	Tuna Sandwich Roll	Tuna Tortilla Wrap	Tuna Sandwich Roll	Tuna Sandwich	Tuna Finger Bun
	Ham Sandwich Roll	Ham Tortilla Wrap	Ham Sandwich Roll	Ham Sandwich	Not available
	Egg Mayo Sandwich roll	Egg Mayo Tortilla Wrap	Egg mayo Sandwich Roll	Egg mayo Sandwich	Egg mayo Finger Bun
	Jacket potato with cheese	Jacket potato with cheese and beans	Jacket potato with cheese	Jacket potato with cheese and beans	Jacket potato with cheese
	All served with				
	Tortilla Chips Crunchy Vegetable Sticks Homemade Chocolate Shortbread Seasonal Fresh Fruit	Tortilla Chips Crunchy Mixed Salad Homemade Oaty Biscuit Seasonal Fresh Fruit	Tortilla Chips Crunchy Vegetable Sticks Homemade Vanilla Fairy Cake Seasonal Fresh Fruit	Tortilla Chips Crunchy Mixed Salad Homemade Raspberry Bun Seasonal Fresh Fruit	Tortilla Chips Crunchy Vegetable Sticks Homemade Chocolate Cookie Seasonal Fresh Fruit
Key Stage Two	Pork or Veggie Meatball Marinara Sub	Tuna & Cheese Panini Melt	Hot Roast Chicken & Stuffing Barmcake	Freshly Baked Pork or Vegetarian Sausage Roll	Crispy Fish Fillet Flatbread with Salad & Mayonnaise
	Cheese Sandwich	Cheese Crusty Baton	Cheese Sandwich Roll	Tortilla Wrap Cheese Tortilla Wrap	Cheese Sandwich Roll
	Tuna Sandwich	Tuna Crusty Baton	Tuna Sandwich Roll	Tuna Tortilla Wrap	Tuna Sandwich Roll
	Ham Sandwich	Ham Crusty Baton	Ham Sandwich Roll	Ham Tortilla Wrap	Not available
	Egg mayo Sandwich	Egg mayo Crusty Baton	Egg mayo Sandwich Roll	Egg Mayo Tortilla Wrap	Egg Mayo Sandwich roll
	Jacket potato with cheese	Jacket potato with cheese and beans	Jacket potato with cheese	Jacket potato with cheese and beans	Jacket potato with cheese
	All served with				
	Hash Brown Crunchy Vegetable Sticks Homemade Chocolate Shortbread Seasonal Fresh Fruit	Tortilla Chips Crunchy Mixed Salad Homemade Oaty Biscuit Seasonal Fresh Fruit	Vegetarian Sausage Roll Crunchy Vegetable Sticks Homemade Vanilla Fairy Cake Seasonal Fresh Fruit	Hash Brown Crunchy Mixed Salad Homemade Raspberry Bun Seasonal Fresh Fruit	Tortilla Chips Crunchy Vegetable Sticks Homemade Chocolate Cookie Seasonal Fresh Fruit

THE BLESSED SACRAMENT CATHOLIC PRIMARY SCHOOL

MENU – WEEK 2



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Reception / Key Stage One	Freshly Baked Cheddar Cheese & Onion Pasty	Crispy Chicken or Quorn Wrap with Salad & Mayonnaise	Hot Roast Pork & Stuffing Barmcake	British Beef Burger with Tomato Ketchup	Cheese & Tomato Pizza Panini
	Cheese Sandwich Roll	Cheese Tortilla Wrap	Cheese Sandwich Roll	Cheese Sandwich	Cheese Finger Bun
	Tuna Sandwich Roll	Tuna Tortilla Wrap	Tuna Sandwich Roll	Tuna Sandwich	Tuna Finger Bun
	Ham Sandwich Roll	Ham Tortilla Wrap	Ham Sandwich Roll	Ham Sandwich	Not available
	Egg mayo Sandwich Roll	Egg mayo Tortilla Wrap	Egg mayo Sandwich Roll	Egg mayo Sandwich	Egg mayo Finger Bun
	Jacket potato with cheese	Jacket potato with cheese and beans	Jacket potato with cheese	Jacket potato with cheese and beans	Jacket potato with cheese
	All served with				
	Tortilla Chips Crunchy Vegetable Sticks Homemade Vanilla Fairy Cake Seasonal Fresh Fruit	Tortilla Chips Crunchy Mixed Salad Homemade Chocolate Cookie Seasonal Fresh Fruit	Tortilla Chips Crunchy Vegetable Sticks Homemade Flapjack Seasonal Fresh Fruit	Tortilla Chips Crunchy Mixed Salad Homemade Shortbread Seasonal Fresh Fruit	Tortilla Chips Crunchy Vegetable Sticks Jam Doughnut Seasonal Fresh Fruit
Key Stage Two	Freshly Baked Cheddar Cheese & Onion Slice	Crispy Chicken or Quorn Wrap with Salad & Mayonnaise	Hot Roast Pork & Stuffing Barmcake	British Beef Tower Burger with Tomato Ketchup	Cheese & Tomato Pizza Panini
	Cheese Sandwich Roll	Cheese Tortilla Wrap	Cheese Sandwich Roll	Cheese Sandwich	Crusty Baton
	Tuna Sandwich Roll	Tuna Tortilla Wrap	Tuna Sandwich Roll	Tuna Sandwich	Crusty Baton
	Ham Sandwich Roll	Ham Tortilla Wrap	Ham Sandwich Roll	Ham Sandwich	Not available
	Egg mayo Sandwich Roll	Egg mayo Tortilla Wrap	Egg mayo Sandwich Roll	Egg mayo Sandwich	Crusty Baton
	Jacket potato with cheese	Jacket potato with cheese and beans	Jacket potato with cheese	Jacket potato with cheese and beans	Jacket potato with cheese
	All served with				
	Vegetarian Spring Rolls Crunchy Vegetable Sticks Homemade Vanilla Fairy Cake Seasonal Fresh Fruit	Vegetarian Sausage Roll Crunchy Mixed Salad Homemade Chocolate Cookie Seasonal Fresh Fruit	Hash Brown Crunchy Vegetable Sticks Homemade Flapjack Seasonal Fresh Fruit	Crunchy Mixed Salad Homemade Shortbread Seasonal Fresh Fruit	Tortilla Chips Crunchy Vegetable Sticks Jam Doughnut Seasonal Fresh Fruit

Whilst every effort is made to produce the published menus, please note that they may vary occasionally subject to availability and individual school requirements.

THE BLESSED SACRAMENT CATHOLIC PRIMARY SCHOOL

MENU – WEEK 1



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Reception / Key Stage One	BBQ Chicken Flatbread with Salad & Mayonnaise	Pork or Veggie Sausage Finger Roll with Tomato Ketchup	Hot Roast Beef Barmcake	Ham & Cheese Panini Melt	Jumbo Fish Finger Wrap with Salad & Mayonnaise
	Cheese Tortilla Wrap	Cheese Sandwich	Cheese Sandwich Roll	Cheese filled Finger Bun	Cheese filled Sandwich Roll
	Tuna Tortilla Wrap	Tuna Sandwich	Tuna Sandwich Roll	Tuna filled Finger Bun	Tuna filled Sandwich Roll
	Ham Tortilla Wrap	Ham Sandwich	Ham Sandwich Roll	Ham filled Finger Bun	Not available
	Egg Mayo Tortilla Wrap	Egg Mayo Sandwich	Egg Mayo Sandwich Roll	Egg Mayo filled Finger Bun	Egg Mayo filled Sandwich Roll
	Jacket potato with cheese	Jacket potato with cheese and beans	Jacket potato with cheese	Jacket potato with cheese and beans	Jacket potato with cheese
	All served with:				
	Crunchy Vegetable Sticks Homemade Cherry Cookie Seasonal Fresh Fruit	Crunchy Mixed Salad Homemade Chocolate Cupcake Seasonal Fresh Fruit	Crunchy Vegetable Sticks Homemade Shortbread Seasonal Fresh Fruit	Crunchy Mixed Salad Homemade Oaty Biscuit Seasonal Fresh Fruit	Tortilla Chips Crunchy Vegetable Sticks Homemade Chocolate Cookie Seasonal Fresh Fruit
Key Stage Two	BBQ Chicken Flatbread with Salad & Mayonnaise	Pork or Veggie Sausage Finger Roll with Tomato Ketchup	Hot Roast Beef Barmcake	Ham & Cheese Panini Melt	Jumbo Fish Finger Wrap with Salad & Mayonnaise
	Cheese Tortilla Wrap	Cheese Sandwich	Cheese Sandwich Roll	Cheese filled Finger Bun	Cheese filled Sandwich Roll
	Tuna Tortilla Wrap	Tuna Sandwich	Tuna Sandwich Roll	Tuna filled Finger Bun	Tuna filled Sandwich Roll
	Ham Tortilla Wrap	Ham Sandwich	Ham Sandwich Roll	Ham filled Finger Bun	Not available
	Egg Mayo Tortilla Wrap	Egg Mayo Sandwich	Egg Mayo Sandwich Roll	Egg Mayo filled Finger Bun	Egg Mayo filled Sandwich Roll
	Jacket potato with cheese	Jacket potato with cheese and beans	Jacket potato with cheese	Jacket potato with cheese and beans	Jacket potato with cheese
	All served with:				
	Vegetarian Sausage Roll Crunchy Vegetable Sticks Homemade Cherry Cookie Seasonal Fresh Fruit	Hash Brown Crunchy Mixed Salad Homemade Chocolate Cupcake Seasonal Fresh Fruit	Vegetarian Sausage Roll Crunchy Vegetable Sticks Homemade Shortbread Seasonal Fresh Fruit	Hash Brown Crunchy Mixed Salad Homemade Oaty Biscuit Seasonal Fresh Fruit	Tortilla Chips Crunchy Vegetable Sticks Homemade Chocolate Cookie Seasonal Fresh Fruit

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