

Year 5 Residential Visit to Borwick Hall



18th – 22nd April 2023

NAME:

A Typical Day . . .

- 8.30 Breakfast followed by briefing
of day's events
- 9.30 Group Activity ~
Group Activity with Leader
- 12.30 Packed/Hot Lunch and Drink
- 1.30 Group Activity ~
Group activity with Leader
- 4.30 Snack
- 5.00 shower/change/diary/craft etc
- 6.00 Evening Meal
- 7.00 Evening Activities
Led by school staff
- 8.30 Prepare for bedtime
Supper and story

Food at Borwick Hall

Sample Menu

Breakfast

Cereals, juice, yoghurts and fresh fruit

Toast and jams

Eggs, Sausage, Bacon, Beans

Juice / Water / hot drink

Lunch

Pasta

Salad

Hot / cold sandwiches

Jacket potato

Dinner

Pizza,

Roast Dinner

Burgers

Squash or hot drink

Activities

A visit to Williamson Park en-route to Borwick for a picnic lunch and games.

Possible activities:

- Local walk
- Canoeing
- Climbing
- Caving
- Day out for longer activity
- Problem solving
- History of Borwick
- Orienteering
- Rock scrambling
- Drama/cabaret
- Evening activities/games

All activities are undertaken in groups.

The emphasis is on team building, looking at:-

- | | |
|-----------------------|--|
| ✓ Leadership skills | ✓ How groups work and function effectively |
| ✓ Listening skills | ✓ Conflict ~ strengths and weaknesses of individuals |
| ✓ Sharing skills | ✓ Survival skills |
| ✓ Team building | |
| ✓ Living together | |
| ✓ Co-operative skills | |

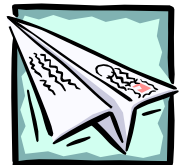
Kit list

Please name everything

Many items of clothing are likely to get wet. It is often underestimated how many warm clothes are needed to ensure that the activities are enjoyed, whatever the weather. (Expect to get 3 full sets of clothes wet during course)

Please bring plenty of:

- complete changes of clothes
- old, thick jumpers (fleeces are particularly good)
- Pairs of old tracksuit bottoms or similar. Jeans are unsuitable for outdoor activities
- Pairs of thick socks
- 3 pairs of shoes (1 pair for indoors, e.g. slippers, 1 pair for outdoors, 1 pair of old trainers for water activities, no crocs or flip flops)
- Woolly hat and gloves/mittens
- Toiletries
- 2 Towels
- Night clothes
- Wellies
- Warm coat
- Underwear
- Sun hat/cream (summer months)
- Plastic bags for wet clothes
- Any medication needed or mentioned on medical forms
- Water bottle



Due to sensitive fire alarm systems, please do not bring any aerosol products with you, other than asthma inhalers.

The following will be provided:

- Walking Boots Small Rucksack/ Day bag
- Waterproof top and trousers

All other specialist equipment will be provided by Borwick Hall.

- Earrings and jewellery are not permitted during any of the activities
- Chewing gum / sweets are not allowed – children will be given snacks throughout the day. Children are not permitted by the centre to eat in their rooms.
- Children can bring money to spend at the gift shop but this **MUST** be handed to a member of staff.

Behaviour

A high standard of behaviour is expected from all children. This is necessary for the safety and enjoyment of everyone. The parents of any children who exhibit unacceptable behaviour will be informed and may be asked to come up to Borwick to remove them from the Centre and return them to school. A positive attitude is essential.

A few practicalities

Day 1

- ✓ Children should arrive at school at the normal time and make their way to the hall with their suitcase
- ✓ Bring a packed lunch in a disposable bag which they will keep with them.
- ✓ Give any medication and money to Miss Hannah. Please ensure that this is **labelled** and the dosage **written down**
- ✓ Feel free to see them off at 9.30ish

Day 5

- ✓ Children will return to school by 2.15pm-ish to be picked up and taken home
- ✓ It is easier for you to get luggage from the Hall to your car **before** the parents of the rest of the school arrive on the car park.

Remember

- ✓ The children do not need any food – they get plenty and they are not permitted to eat in the bedrooms.
- ✓ Children need to be able to carry their own bags.