



**The Blessed Sacrament Catholic Primary School**  
**PE STATEMENT OF INTENT**

At Blessed Sacrament Catholic Primary School, we recognise the importance of PE and the role it has to play in promoting a long term, healthy lifestyle. The intent of our PE curriculum is to provide all children with high quality PE and sporting provision. It is our vision for every pupil to succeed, improve and achieve their potential as well as to lead physically active lifestyles. We strive to inspire our pupils through fun and engaging PE lessons that are enjoyable, challenging and accessible to all. We want our pupils to appreciate the benefits of a healthy and physically active lifestyle. Through our teaching of PE, we will provide opportunities for pupils to develop values and transferrable life skills such as fairness, collaboration and respect as well as providing them with opportunities to take part in competitive sport.

**Aims**

At Blessed Sacrament Catholic Primary School, we aim to develop and encourage:

- Competence to excel in a broad range of physical activities
- Children who are physically active for sustained periods of time
- Engagement in competitive sports and activities
- Children to lead increasingly healthy and active lives