

THE BLESSED SACRAMENT CATHOLIC PRIMARY SCHOOL
MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Chicken Burger or Quorn Goujons in a Bun Sweetcorn and Tortilla Chips	Loaded Beef or Vegetarian Bean Chilli Tacos Mixed Rice Salad Selection	Roast Chicken or Quorn Filet Dinner Served with Roast Potatoes, Seasonal veg & Gravy	Pork or Vegetarian Sausages With Herby Wedges Mixed Veg or Beans	Homemade Pizza with Chips Peas & corn or Beans
	Jacket Potato Choice of Filling with Salad Selection	Jacket Potato Choice of Filling with Salad Selection	Jacket Potato Choice of Filling with Salad Selection	Jacket Potato Choice of Filling with Salad Selection	Crispy Vegetable Fingers with Chips Peas and Corn or Beans
	Vegetable Pasta Bake with Salad Selection	Cheese and Tomato Pinwheel Pizza with Paprika Potato Wedges Peas & sweetcorn or Beans	Tomato and Mascarpone Pasta with Salad Selection	Tomato & Italian Herb Pasta with Salad Selection	Fish Fingers with Chips Peas and Corn or Beans
	Tuna Sandwich	Tuna Sandwich	Tuna Sandwich	Tuna Sandwich	Tuna Sandwich
	Egg Sandwich	Ham Sandwich	Ham Sandwich	Ham Sandwich	Egg Sandwich
	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich
Desserts	Sticky Toffee Cupcake Or Fruit Yoghurt Fruit Selection And Milk	Chocolate Cookie Or Fruit Yoghurt Fruit Selection And Milk	Fruit Jelly & Vanilla Cream Or Fruit Yoghurt Fruit Selection And Milk	Shortbread Biscuit Or Fruit Yoghurt Fruit Selection And Milk	Chocolate Brownie Or Fruit Yoghurt Fruit Selection And Milk

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Week 2	Vegetarian Sausage Roll Potato Wedges Peas & Corn or Beans	Beef or Vegetarian Burger in a Bun With Tortilla Chips Salad Selection	Roast Pork or Quorn Fillet With Roast Potatoes, Vegetables & Gravy	Chicken or Vegetarian Curry With Mixed Rice & Naan Bread	Homemade Pizza with Chips & Beans
	Jacket Potato Choice of Filling with Salad Selection	Jacket Potato Choice of Filling with Salad Selection	Jacket Potato Choice of Filling with Salad Selection	Jacket Potato Choice of Filling with Salad Selection	Crispy Vegetable Fingers with Chips Peas and Corn or Beans
	Tomato and Mascarpone Pasta with Salad Selection	Tomato, Mild Chilli & Sweet Pepper Pasta with Salad Selection	Calzone Pizza With Rainbow Vegetable Pasta Salad	Cheese & Broccoli Pasta Bake with Salad Selection	Harry Ramsdens Battered Fish with Chips and Mushy Peas
	Tuna Sandwich	Tuna Sandwich	Tuna Sandwich	Tuna Sandwich	Tuna Sandwich
	Egg Sandwich	Ham Sandwich	Ham Sandwich	Ham Sandwich	Egg Sandwich
	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich
Desserts	Vanilla Sponge & Chocolate Sauce or Fruit Yoghurt Fruit Selection And Milk	Shortbread Biscuit or Fruit Yoghurt Fruit Selection And Milk	Oaty Flapjack or Fruit Yoghurt Fruit Selection And Milk	Vanilla Cookie or Fruit Yoghurt Fruit Selection And Milk	Fruit Jelly & Vanilla Cream or Fruit Yoghurt Fruit Selection And Milk

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Week 3	Pork or Vegetarian Sausage in a Bun With Tortilla Chips Salad Selection	Golden Crumb Salmon Fingers With Potato Wedges Mixed Vegetables or Baked Beans	Roast Chicken or Quorn Filet Dinner Served with Roast Potatoes, Seasonal veg & Gravy	Summer Picnic DO NOT CLICK RED CHOOSE FROM THE SANDWICH CHOICES	Homemade Pizza with Chips Peas & corn or Beans
	Jacket Potato Choice of Filling with Salad Selection	Jacket Potato Choice of Filling with Salad Selection	Jacket Potato Choice of Filling with Salad Selection	Jacket Potato Choice of Filling with Salad Selection	Crispy Vegetable Fingers with Chips Peas and Corn or Beans
	Tomato & Italian Herb Pasta with Salad Selection	Tondo Pizza Panini With Paprika Wedges & Salad	Tomato and Mascarpone Pasta with Salad Selection	Beef or Quorn Pasta Bolognaise with Salad Selection	Fish Fingers with Chips Peas and Corn or Beans
	Tuna Sandwich	Tuna Sandwich	Tuna Sandwich	Tuna Sandwich	Tuna Sandwich
	Egg Sandwich	Ham Sandwich	Ham Sandwich	Ham Sandwich	Egg Sandwich
	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich
Desserts	Chocolate Cupcake or Fruit Yoghurt Fruit Selection And Milk	Mini lemon Cookie or Fruit Yoghurt Fruit Selection And Milk	Fruit Jelly & Vanilla Cream or Fruit Yoghurt Fruit Selection And	Shortbread Biscuit or Fruit Yoghurt Fruit Selection And Milk	Chocolate Mousse or Fruit Yoghurt Fruit Selection And Milk