

THE BLESSED SACRAMENT CATHOLIC PRIMARY SCHOOL
MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Week 1	Pork or Vegetarian Sausages & onion gravy served with Creamed Potatoes & carrot batons	French Bread Pizza With choice of topping Served with Potato wedges and salad	Roast Beef, Yorkshire pudding & Gravy Served with Roast potatoes, carrots and cabbage	Homemade Chicken Curry Served with Mixed Rice & Nann Bread	Homemade Pizza Margherita Served with Oven Chips or New Potatoes & Sweetcorn	
	Four Cheese Ravioli in tomato sauce Served with Homemade Garlic Dough Balls & Salad	Sweet Chilli Quorn & Veg noodles Served with Mini Spring rolls	Baked Jacket potato With Cheese Served with Salad Selection	Omelette with a choice of filling Served with Herby diced potatoes & mixed Vegetables	Summer Picnic Mini Sandwich rolls Served with Veggie sausage roll, Tortilla chips, veggie sticks & dips	
	Soft Sandwich roll with a choice of fillings served with Tortilla chips & Dips	Crispy Fish Finger Wrap Served with Potato Wedges & mixed Vegetables	Pasta Arrabbiata Served with Homemade Garlic bread & Salad	Veggie Meatball Marinara Served with Tortilla Chips & Salad	Crispy Tempura Fish Goujons Served with Oven Chips & Garden Peas	
	Dessert					
	Seasonal Fruit Crumble & Ice Cream, Fruit Yogurt, Fruit selection. Organic Milk	Fruit Jelly & Orange Wedges, Fruit Yogurt, Fruit selection. Organic Milk	Lancashire Cheese & Crackers with Grapes, Fruit Yogurt, Fruit selection. Organic Milk	Shortbread Biscuit & Melon wedges, Fruit Yogurt, Fruit selection. Organic Milk	Chocolate Cookie & Milkshake, Fruit Yogurt, Fruit selection. Organic Milk	

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Week 2	Vegetarian Brunch Served with Hash Brown & Baked Beans	Loaded Chilli Beef & Veggie Tortilla Boat Served with Paprika Potatoes & Salad	French Bread Pizza With choice of topping Served with Tortilla chips & Salad	Beef Burger in a bun with Ketchup Served with Potato Wedges, Veggie Sticks & Dips	Homemade Pizza Margherita Served with Oven Chips & Salad
	Baked Jacket potato With Cheese Served with Salad Selection	Lancashire Cheese Whirl Served with Garden Peas & Beetroot	Vegetable Korma Curry Served with Mixed rice & Nann Bread	Baked Jacket potato With Cheese Served with Salad Selection	Crispy Battered Fish Served with oven Chips & Mushy Peas
	Tomato & Mascarpone Pasta Served with Homemade garlic Dough Balls & Broccoli	Soft Sandwich Roll With choice of filling Served with Tortilla Chips, Veggie Sticks & Dips	Roast Chicken, Stuffing & Gravy Served with Creamed Potatoes, Carrots & Cabbage	Veggie Tomato Pasta Bake Served with Homemade Garlic Bread & Broccoli	Vegetarian Sausage Roll Served with Oven Chips & Baked Beans
	Desserts				
Chocolate Brownie & Chocolate Sauce Fruit Yogurt , Fruit Selection Organic Milk	Fresh Fruit Medley & Vanilla Ice cream Fruit Yogurt , Fruit Selection Organic Milk	Fruit Jelly & Melon Wedges Fruit Yogurt , Fruit Selection Organic Milk	Lancashire Cheese & Crackers with Grapes, Fruit Yogurt, Fruit selection. Organic Milk	Summer Treat Dessert Fruit Yogurt , Fruit Selection Organic Milk	Summer Treat Dessert Fruit Yogurt , Fruit Selection Organic Milk

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 3	BBQ Chicken FlatBread Served with Paprika Wedges & mixed Vegetables	Meatball Sub Roll Wih Tomato Sauce Served with Tortilla Chips, veggie sticks & Dips	Roast Pork, Yorkshire Pudding & Gravy Served with Roast Poatoes, Cabbage & Carrots	French Bread Pizza with Choice of topping Served with Tortilla Chips & Salad	Homemade Pizza Margherita Served with Oven Chips & Sweetcorn
	Pasta Neopolitan Served with Homemade Garlic Dough Balls & Salad	Baked Jacket potato With Cheese Served with Salad selection	Creamy Cheese & Pasta Bake Served with Homemade Garlic Bread & Salad	Vegetarian Sausage in a bun with Tomato Sauce Served with Herby Potatoes & Baked Beans	Summer Picnic Sandwich Rolls & Veggie Sausage Roll Served with Tortilla Chips, veggie Sticks & Dips
	Crispy Bubble Coated Salmon Served with Paprika Wedges & Mixed Vegetables	Quorn Tikka Masala Curry Served with Mixed Rice & Nann Bread	Soft Sandwich Roll With a choice of Filling Served	Chinese Style Chicken Curry Served with Veggie noodles & mini Spring rolls	Golden Crumb Fish Fingers Served with Oven Chips &
	Desserts Oaty Biscuits & Apple Wedges Fruit Yogurt , Fruit Selection Organic Milk	Homemade Jam & Cream Spilt Fruit Yogurt , Fruit Selection Organic Milk	Raspberry Ripple Ice Cream Sponge roll Fruit Yogurt , Fruit Selection Organic Milk	Fruit Jelly & Orange Wedges Fruit Yogurt , Fruit Selection Organic Milk	Gluten Free Chocolate Muffin & Melon Wedges Fruit Yogurt , Fruit Selection Organic Milk

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