



# Y6 Pastoral Studies – Keeping Yourself Healthy As You Grow Up

## How Wonderful Am I?







### Keeping Yourself Healthy As You Grow Up

The gospels tell us many stories about Jesus and how people responded to him. It is important to consider our response to Jesus and understand that this affects our behaviour as Christians.

One of the ways we can experience God's love when we are adults is in the creation of new life. We learn about the responsibilities associated with growing up and prepare ourselves for the years ahead.

Vocabulary	
<b>Individual</b>	Relating to a single person or thing as opposed to more than one
<b>Gender Identity</b>	A person's sense of self as a member of a particular gender
<b>Sexual Orientation</b>	One's tendencies of sexual attraction, considered as a whole
<b>Miracle</b>	An event that appears inexplicable by the laws of nature and so is held to be supernatural in origin
<b>Reproduction</b>	The act of reproducing new individuals biologically
<b>Birth</b>	The process of childbearing; the beginning of life
<b>Eucharist</b>	The substances received during this sacrament, namely the bread and wine, seen as Christ's body and blood.

### Key Ideas

HRSE – CT1	HRSE – CT2	Religious Education	HRSE – CT3	PSHE	Prayer & Liturgy
Being an Individual	Keeping Safe	Jesus	Support as We Grow Up	Growing Up	The Eucharist
We know that God created us and we are precious in his eyes. We learn that differences and similarities between people can arise from gender identity and sexual orientation	We deepen our knowledge and understanding of how to keep physically healthy as we grow up including sleep, hygiene and exercise routines. We know that there are parts of the body that are private	We read and understand some of the Gospel accounts of Jesus' ministry and teaching including his miracles, the washing of the disciples' feet and the His Passion and death. We reflect on what they mean to us	We know that we are protected from violence, abuse and neglect by human rights and develop an understanding of how to access support if we have fears for ourselves or others. We learn how to manage risks we are exposed to	We identify and name external genitalia and internal reproductive organs in males and females. We learn about the physical and emotional changes that happen during puberty and about the process of reproduction and birth as part of the human life cycle	We deepen our knowledge and understanding of The Eucharist by experiencing this together and analysing the structure
					
1 Samuel 16: 7	Romans 12:21	John 3: 16	John 14: 13-14	Genesis : 28	1 Corinthians 11:24

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