

THE BLESSED SACRAMENT CATHOLIC PRIMARY SCHOOL
MENU – WEEK 3



| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------------------------|---|--|--|---|---|
| Reception / Key Stage One | Pork or Vegetarian Meatball Marinara Sub | Tuna & Cheese Panini Melt | Hot Roast Chicken & Stuffing Barmcake | Freshly Baked Pork or Vegetarian Sausage Roll | Crispy Fish Fillet Flatbread with Salad & Mayonnaise |
| | Cheese Finger Bun | Cheese Tortilla Wrap | Cheese Sandwich Roll | Cheese Tortilla Wrap | Cheese Sandwich Roll |
| | Tuna Finger Bun | Tuna Tortilla Wrap | Tuna Sandwich Roll | Tuna Tortilla Wrap | Tuna Sandwich Roll |
| | Ham Finger Bun | Ham Tortilla Wrap | Ham Sandwich Roll | Ham Tortilla Wrap | Not available |
| | Egg Mayo Finger Bun | Egg Mayo Tortilla Wrap | Egg mayo Sandwich Roll | Egg Mayo Tortilla Wrap | Egg Mayo Sandwich roll |
| | Jacket potato with cheese | Jacket potato with cheese and beans | Jacket potato with cheese | Jacket potato with cheese and beans | Jacket potato with cheese |
| | All served with | | | | |
| | Tortilla Chips Crunchy Vegetable Sticks Homemade Chocolate Shortbread Seasonal Fresh Fruit | Tortilla Chips Crunchy Mixed Salad Homemade Oaty Biscuit Seasonal Fresh Fruit | Tortilla Chips Crunchy Vegetable Sticks Homemade Vanilla Fairy Cake Seasonal Fresh Fruit | Tortilla Chips Crunchy Mixed Salad Homemade Raspberry Bun Seasonal Fresh Fruit | Tortilla Chips Crunchy Vegetable Sticks Homemade Chocolate Cookie Seasonal Fresh Fruit |
| Key Stage Two | Pork or Veggie Meatball Marinara Sub | Tuna & Cheese Panini Melt | Hot Roast Chicken & Stuffing Barmcake | Freshly Baked Pork or Vegetarian Sausage Roll | Crispy Fish Fillet Flatbread with Salad & Mayonnaise |
| | Cheese Finger Bun | Cheese Tortilla Wrap | Cheese Sandwich Roll | Cheese Tortilla Wrap | Cheese Sandwich Roll |
| | Tuna Finger Bun | Tuna Tortilla Wrap | Tuna Sandwich Roll | Tuna Tortilla Wrap | Tuna Sandwich Roll |
| | Ham Finger Bun | Ham Tortilla Wrap | Ham Sandwich Roll | Ham Tortilla Wrap | Not available |
| | Egg Mayo Finger Bun | Egg Mayo Tortilla Wrap | Egg mayo Sandwich Roll | Egg Mayo Tortilla Wrap | Egg Mayo Sandwich roll |
| | Jacket potato with cheese | Jacket potato with cheese and beans | Jacket potato with cheese | Jacket potato with cheese and beans | Jacket potato with cheese |
| | All served with | | | | |
| | Hash Brown Crunchy Vegetable Sticks Homemade Chocolate Shortbread Seasonal Fresh Fruit | Tortilla Chips Crunchy Mixed Salad Homemade Oaty Biscuit Seasonal Fresh Fruit | Vegetarian Sausage Roll Crunchy Vegetable Sticks Homemade Vanilla Fairy Cake Seasonal Fresh Fruit | Hash Brown Crunchy Mixed Salad Homemade Raspberry Bun Seasonal Fresh Fruit | Tortilla Chips Crunchy Vegetable Sticks Homemade Chocolate Cookie Seasonal Fresh Fruit |



MENU WEEK 2

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------------------|--|---|---|--|--|
| Reception / Key Stage One | Freshly Baked Cheddar Cheese & Onion Pasty | Crispy Chicken or Quorn Wrap with Salad & Mayonnaise | Hot Roast Pork & Stuffing Barmcake | British Beef Burger with Tomato Ketchup | Cheese & Tomato Pizza Panini |
| | Cheese Sandwich Roll | Cheese Tortilla Wrap | Cheese Sandwich Roll | Cheese Sandwich | Cheese Finger Bun |
| | Tuna Sandwich Roll | Tuna Tortilla Wrap | Tuna Sandwich Roll | Tuna Sandwich | Tuna Finger Bun |
| | Ham Sandwich Roll | Ham Tortilla Wrap | Ham Sandwich Roll | Ham Sandwich | Not available |
| | Egg mayo Sandwich Roll | Egg mayo Tortilla Wrap | Egg mayo Sandwich Roll | Egg mayo Sandwich | Egg mayo Finger Bun |
| | Jacket potato with cheese | Jacket potato with cheese and beans | Jacket potato with cheese | Jacket potato with cheese and beans | Jacket potato with cheese |
| | All served with | | | | |
| | Tortilla Chips Crunchy Vegetable Sticks Homemade Vanilla Fairy Cake Seasonal Fresh Fruit | Tortilla Chips Crunchy Mixed Salad Homemade Chocolate Cookie Seasonal Fresh Fruit | Tortilla Chips Crunchy Vegetable Sticks Homemade Flapjack Seasonal Fresh Fruit | Tortilla Chips Crunchy Mixed Salad Homemade Shortbread Seasonal Fresh Fruit | Tortilla Chips Crunchy Vegetable Sticks Jam Doughnut Seasonal Fresh Fruit |
| Key Stage Two | Freshly Baked Cheddar Cheese & Onion Slice | Crispy Chicken or Quorn Wrap with Salad & Mayonnaise | Hot Roast Pork & Stuffing Barmcake | British Beef Tower Burger with Tomato Ketchup | Cheese & Tomato Pizza Panini |
| | Cheese Sandwich Roll | Cheese Tortilla Wrap | Cheese Sandwich Roll | Cheese Sandwich | Crusty Baton |
| | Tuna Sandwich Roll | Tuna Tortilla Wrap | Tuna Sandwich Roll | Tuna Sandwich | Crusty Baton |
| | Ham Sandwich Roll | Ham Tortilla Wrap | Ham Sandwich Roll | Ham Sandwich | Not available |
| | Egg mayo Sandwich Roll | Egg mayo Tortilla Wrap | Egg mayo Sandwich Roll | Egg mayo Sandwich | Crusty Baton |
| | Jacket potato with cheese | Jacket potato with cheese and beans | Jacket potato with cheese | Jacket potato with cheese and beans | Jacket potato with cheese |
| | All served with | | | | |
| | Vegetarian Spring Rolls Crunchy Vegetable Sticks Homemade Vanilla Fairy Cake Seasonal Fresh Fruit | Vegetarian Sausage Roll Crunchy Mixed Salad Homemade Chocolate Cookie Seasonal Fresh Fruit | Hash Brown Crunchy Vegetable Sticks Homemade Flapjack Seasonal Fresh Fruit | Crunchy Mixed Salad Homemade Shortbread Seasonal Fresh Fruit | Tortilla Chips Crunchy Vegetable Sticks Jam Doughnut Seasonal Fresh Fruit |

Whilst every effort is made to produce the published menus, please note that they may vary occasionally subject to availability and individual school requirements.

THE BLESSED SACRAMENT CATHOLIC PRIMARY SCHOOL

MENU – WEEK 1



| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------------------|---|---|--|--|---|
| Reception / Key Stage One | BBQ Chicken Flatbread with Salad & Mayonnaise | Pork or Veggie Sausage Finger Roll with Tomato Ketchup | Hot Roast Beef Barmcake | Ham & Cheese Panini Melt | Jumbo Fish Finger Wrap with Salad & Mayonnaise |
| | Cheese Tortilla Wrap | Cheese Sandwich | Cheese Sandwich Roll | Cheese filled Finger Bun | Cheese filled Sandwich Roll |
| | Tuna Tortilla Wrap | Tuna Sandwich | Tuna Sandwich Roll | Tuna filled Finger Bun | Tuna filled Sandwich Roll |
| | Ham Tortilla Wrap | Ham Sandwich | Ham Sandwich Roll | Ham filled Finger Bun | Not available |
| | Egg Mayo Tortilla Wrap | Egg Mayo Sandwich | Egg Mayo Sandwich Roll | Egg Mayo filled Finger Bun | Egg Mayo filled Sandwich Roll |
| | Jacket potato with cheese | Jacket potato with cheese and beans | Jacket potato with cheese | Jacket potato with cheese and beans | Jacket potato with cheese |
| | All served with: | | | | |
| | Crunchy Vegetable Sticks Homemade Cherry Cookie Seasonal Fresh Fruit | Crunchy Mixed Salad Homemade Chocolate Cupcake Seasonal Fresh Fruit | Crunchy Vegetable Sticks Homemade Shortbread Seasonal Fresh Fruit | Crunchy Mixed Salad Homemade Oaty Biscuit Seasonal Fresh Fruit | Tortilla Chips Crunchy Vegetable Sticks Homemade Chocolate Cookie Seasonal Fresh Fruit |
| Key Stage Two | BBQ Chicken Flatbread with Salad & Mayonnaise | Pork or Veggie Sausage Finger Roll with Tomato Ketchup | Hot Roast Beef Barmcake | Ham & Cheese Panini Melt | Jumbo Fish Finger Wrap with Salad & Mayonnaise |
| | Cheese Tortilla Wrap | Cheese Sandwich | Cheese Sandwich Roll | Cheese filled Finger Bun | Cheese filled Sandwich Roll |
| | Tuna Tortilla Wrap | Tuna Sandwich | Tuna Sandwich Roll | Tuna filled Finger Bun | Tuna filled Sandwich Roll |
| | Ham Tortilla Wrap | Ham Sandwich | Ham Sandwich Roll | Ham filled Finger Bun | Not available |
| | Egg Mayo Tortilla Wrap | Egg Mayo Sandwich | Egg Mayo Sandwich Roll | Egg Mayo filled Finger Bun | Egg Mayo filled Sandwich Roll |
| | Jacket potato with cheese | Jacket potato with cheese and beans | Jacket potato with cheese | Jacket potato with cheese and beans | Jacket potato with cheese |
| | All served with: | | | | |
| | Vegetarian Sausage Roll Crunchy Vegetable Sticks Homemade Cherry Cookie Seasonal Fresh Fruit | Hash Brown Crunchy Mixed Salad Homemade Chocolate Cupcake Seasonal Fresh Fruit | Vegetarian Sausage Roll Crunchy Vegetable Sticks Homemade Shortbread Seasonal Fresh Fruit | Hash Brown Crunchy Mixed Salad Homemade Oaty Biscuit Seasonal Fresh Fruit | Tortilla Chips Crunchy Vegetable Sticks Homemade Chocolate Cookie Seasonal Fresh Fruit |

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