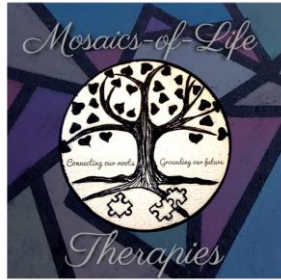


### Key words

- **Grief:** *This is the word we use to represent all the feelings we experience when someone important to us dies. This can be sadness, anger, fear and many more. We will all feel different emotions at different times in our grief, which we often call a process. This because grief changes as time goes by. We might be numb for a few weeks, and then angry, before feeling sad months later. This is just one example, as it will be different for each person. There is no right or wrong way to grieve.*
- **Death:** *This is the physical representation of someone who is no longer alive. This means that their body can no longer move about and the organs inside of it have switched off. Their heart has stopped pumping blood and circulating oxygen, so every important organ shuts down. When this happens, our brain also stops working. It is like clothes; they cannot move unless we wear them. Our bodies cannot move unless our organs work properly on the inside.*
- **Loss:** *We use this word to describe the fact of having lost someone, or something. There are many different types of loss: loss of someone who has died; loss of someone who is alive but has left our home or our school and who we may never see again; loss of something we really cherished (a piece of jewellery, a note, a toy); loss of something we were used to, like a routine, a neighbourhood, a house- This is synonym to change.*



### Key words

- **Bereavement:** *You might hear this word, which is often used to describe grief. However, bereavement does not represent the feelings, it is more to do with the fact of having lost someone who has died (to differentiate it from the other types of loss).*
- **Funeral:** *This is the time where everyone who knew the person who has died gather together to say a last goodbye and celebrate the person's life. They sometimes meet in a church, in someone's home, at a cemetery or a crematorium. A cemetery is where the person who has died will be buried. They are placed gently inside a coffin, which is then very carefully placed in the ground, before being covered up with soft earth. A crematorium is where the coffin will be incinerated instead of buried. It is placed in a large oven that will bring the coffin to ashes. They are then collected and given to the family so they can keep them in an urn, or scatter them in a place that was special to the person who has died. Whether they are buried or cremated, the person who has died will not feel anything, because their body and their brain are no longer working, which means that they cannot think or feel anything at all.*