



The English Martyrs Catholic
School and Sixth Form College

SAFEGUARDING & WELLBEING NEWSLETTER

Issue #02 | Autumn Term | December 2023

The Safeguarding Team

at The English Martyrs Catholic School and Sixth Form College

At The English Martyrs Catholic School and Sixth Form College everyone is responsible for the safeguarding of students. All staff have had safeguarding training and are familiar with Keeping Children Safe in Education. We all work to ensure our school is a place where students are and feel safe.

We have four staff designated to deal with your questions, concerns or safeguarding issues.



Nicholas Lindsay
Designated
Safeguarding Lead



Rebecca Corcoran
Deputy Designated
Safeguarding Lead



Tracey Torka
Deputy Designated
Safeguarding Lead



Kelly Anderson
Deputy Designated
Safeguarding Lead

Safeguarding is
EVERYONE'S Responsibility



INFORMATION

At The English Martyrs Catholic School and Sixth Form College we know how important Safeguarding is. Safeguarding is a vital aspect of any school setting, as it ensures the safety and wellbeing of all students, staff and visitors.

We foster a culture and practice of safeguarding. All staff have annual safeguarding training and all school policies and practices are fully compliant with Keeping Children Safe in Education. We work with professionals to ensure students can thrive and be safe. We take action to enable all children have the best outcomes, as we want our students to have the best start to life.

We have a Safeguarding and Welfare Office in school. Students are welcome to drop in before and after school, during break and lunchtime if they need any support.

If at any time our young people need to speak to a safeguarding officer, they just need to let their teacher know and a safeguarding officer will collect them and speak to the young person.

CPOMS & Class Charts

We use an online platform called Child Protection Online Management System (CPOMS). CPOMS is used to record relevant information so that documentation and communication are carefully logged in order to ensure children are safe. Class Charts is an online platform used to record achievement and behaviour.



LANYARDS

Staff and Sixth Form Students wear lanyards so that they can be identified as having the correct checks and have permission to be on site.

- Navy – Safeguarding Team
- Red – EMS Staff
- Yellow – Visitors without a DBS
- Green – Visitors with a DBS
- Black – EMS6 students



#NeverOk

Bullying | Harassment | Racism | Discrimination



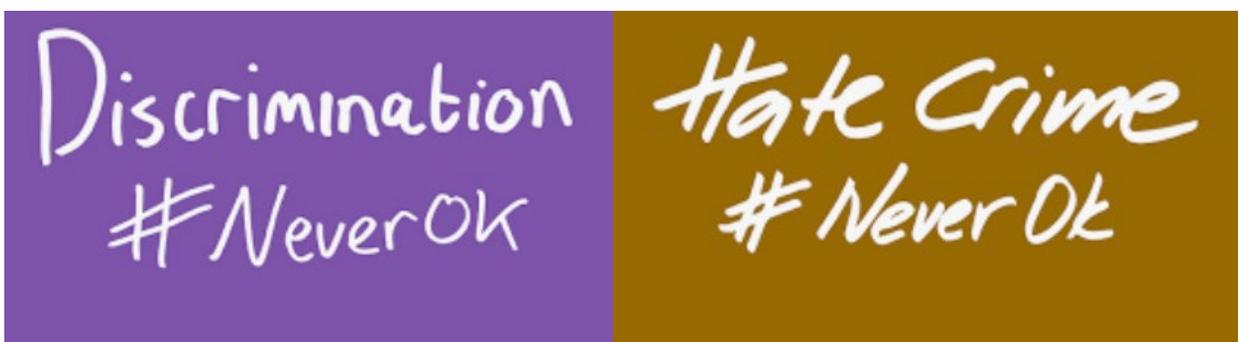
As a school, we have a zero-tolerance attitude towards bullying, harassment and discrimination. We make it clear that it is never ok to portray this behaviour and encourage all students to report anything they see or hear.

Campaigns across the year explore ways in which students can report any forms of bullying or discrimination and identifies who they can speak to if they require support. However, some students may not feel confident enough to speak to someone and that's where our #NeverOK campaign comes in.

The #NeverOK campaign aims to reinforce this message and provides students with the ability to report any incidents of bullying or discrimination that they see, hear or are subjected to. Students can click on the link below to submit any concerns and this will be investigated by the Pastoral and Safeguarding teams.

To report a concern please go to:

<https://ems.bhcet.org.uk/neverok/>





WELL-BEING WEDNESDAYS



The Student Support Team

at The English Martyrs Catholic School and Sixth Form College



Mr N Lindsay
Director of
Pastoral Care



Mr A Gray
Standards, Rewards
and Inclusion



Mr L Nicholson
Standards, Virtues, Medical
and Home/School Liason



Mr G McIntock
Well-being and
Attendance



Mrs A White
SENDCo



Mrs K Spears
Assistant SENDCo



Mr A Corcoran
Rewards and Student Voice

You can also talk to your Form Tutor and Pastoral Manager



The English Martyrs Catholic School and Sixth Form College have a core team to help our students and every Wednesday we focus on the well-being of our community.

We need to all stop and reflect at times to ensure we are looking after our own body and minds.

Students have access to the Student Support Team and also their form tutor who is their key member of staff who they see each morning.



Supporting Organisations

HARTLEPOOL FOODBANK

28 Church Street,
Hartlepool,
TS24 7DH

Tuesday 11:30 - 13:30
Friday 11:30 - 13:30

FOODBANK CHRISTMAS CLOSURE 2023

Hartlepool Foodbank will hold its last session on Tuesday 22nd December. We will re open for our normal session times from Tuesday 2nd January.

HartlepoolNow

Telephone: **01429 272905** (Mon - Thurs 8.30am - 5pm and Friday 8.30am - 4.30pm)

Speak to somebody in person at the Community Hub Central, York Road or Community Hub South, Wynyard Road - Mon - Fri 10am - 4pm.

The Children's Hub (01429 284284) can provide information, advice and guidance on services and support for children, young people and families.



HARTLEPOOL
COMMUNITY HUBS

York Road
Hartlepool
TS26 9DE

The Hubs bring together a range of services from different organisations under one roof to help you.

Follow on Facebook for up to date information and timetables.

Monday-Friday 10:00 - 16:00
Saturday 10:00 - 12:00

Gingerbread

Single parents, equal families

Provides single parents with advice and practical support. You can call the helpline on 0808 802 0925.

SAFEGUARDING YOUR CHILD

NSPCC
'Learning'

YOUNGMINDS
fighting for young people's mental health

Steps we can complete together to keep your child safe;

- Ensure they know that they can speak to all staff about how they feel and if there is anything worrying about them.
- Staff will inform a relevant member of staff who can help and assist your child.
- We will communicate with home. To ensure we can contact home, please make sure we have at School App is linked to your device. We communicate regularly on here, this ensures you gain information for your child.
- Parents/carers can contact the school via the safeguarding email address, if they wish to meet with one of the team.



Kooth is an online **mental wellbeing** community for young people

For ages: **11-18**

Sign up for free at [Kooth.com](https://www.kooth.com)



Community support means everything to us

Explore our supportive and anonymous mental wellbeing community for adults.

 Chat online to qualified counsellors	 Read and write articles	 Get online support from the Qwell community	 Set personal goals and record how you feel
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[qwell.io](https://www.qwell.io)



Bullying Awareness Week: 13th to 17th November 2023

Are you aware that this year's theme for Bullying Awareness week is *'Make a Noise About Bullying'*? This theme will kick off with Odd Socks Day on 13th November 2023 to celebrate what makes us all unique.

To access further information please click on the following link: [Anti-Bullying](#)



Modern Slavery & Sexual Exploitation

Did you follow the Teeswide campaign on *Modern Slavery & Sexual Exploitation*? There are a number of resources available in relation to the various themes covered in this campaign that are useful to practitioners in their safeguarding role.

To access the resources please click on the following link: [Spotlight](#)



Spotting the Signs

Have you utilised the new tool from Brook for *Spotting the Signs* of Child Exploitation and Child Sexual Exploitation?

For further information & to access the tool please click on the following link: [Brook](#)



Sibling Sexual Behaviour

Have you checked out the latest web page on sibling sexual behaviour from *Stop it Now?* This page provides guidance and resources for parents/carers and professionals to help them understand sibling sexual behaviour.

To access the webpage please click on the following link: [Stop it Now](#)



Dangerous Chat Website

Are you aware of Emerald Chat? INEQE have identified this chat website as **NOT** appropriate for children/young people as it contains harmful and inappropriate content, including highly sexual imagery and language.

For further information please click on the following link: [INEQE](#)



Online Content: Conversations with Children

Do you know what conversations to have with children about the online content they may see and how to keep them safe? Internet matters provides tips on how to help children open up about their digital lives.

To access the guidance please click on the following link: [Internet Matters](#)



CAFCASS: Children & Families Website

Have you checked out the new website from CAFCASS? This website is based on the needs of children and families.

To access the website please click on the following link: [CAFCASS](#)



PREVENT Duty 2023

Are you aware that the governments PREVENT Duty Guidance was updated in October 2023? All practitioners need to know what their role is in relation to PREVENT.

To access the latest guidance please click on the following link: [PREVENT Duty](#)



New Suicide Prevention Strategy

Have you read the latest report from Women's Aid about what influences children & young people's attitude towards domestic abuse? The report shows how some worrying behaviours of domestic abuse are normalised.

To access the report please click on the following link: [Women's Aid](#)



Addressing Emotionally Based School Avoidance

Have you checked out the latest resource from Anna Freud on addressing emotionally based school avoidance? Emotionally-based school avoidance is a term referring to reduced or non-attendance at school by a child or young person.

To access the resource please click on the following link: [Anna Freud](#)



Neglect: Learning from Case Reviews:

Have you considered the latest learning from case reviews? To access the latest case reviews for October 2023 from NSPCC please click on the following link [NSPCC](#)

To access case reviews from a wide range of types of abuse please click on the following link: [NSPCC](#)



Tees Procedures

Have you checked out the latest procedure updates on the Tees Safeguarding Children Procedures website?

To access all the latest Tees safeguarding children procedures please click on the following link: <https://www.teescpp.org.uk/>



HSSCP Resources & Learning Opportunities

Are you aware that the latest HSSCP safeguarding children training programme for 2023-2024 is now available? HSSCP also has a wide range of safeguarding resources available in the professionals section of their website too.

For further information please click on the following link: [HSSCP](#)
Information relating to the latest LSCPR's can be found at [LSCPR's](#)



TSAB Newsletter

Have you checked out the latest safeguarding adults newsletter produced by the Tees Safeguarding Adults Board (TSAB)?

To access all the TSAB newsletters please click on the following link: [TSAB](#)
Information on the latest safeguarding adults reviews can be found at: [SAR's](#)

VAPING AND E-CIGARETTES THE FACTS



MOST CHILDREN AND YOUNG PEOPLE

DON'T VAPE OR SMOKE.

Vapes containing nicotine are age-restricted products: it is illegal to sell them to under 18s and for adults to buy them on their behalf.

**VAPES ARE
NOT HARMLESS.**

Short-term effects can include **coughing**, **headaches**, **dizziness**, and **sore throats**. Long-term effects are as yet unknown.

HARMFUL FOR THE ENVIRONMENT.

Disposable vapes and the batteries inside them are bad for the environment, with many ending up in landfills.



Those who knowingly sell to under 18s are driven by profit and don't care who they sell to.

DON'T BE DUPED!

DON'T SMOKE? DON'T START TO VAPE.

HELP IN THE COMMUNITY

In addition to the support within The English Martyrs Catholic School and Sixth Form College, there is also assistance within the community via the NHS.



Hartlepool Health Social Prescribing

The aim of Social Prescribing is to help people live their lives as well as possible, with a focus on supporting them to take control of and to improve their health, well being and social welfare by linking patients up with community organisations.

Sometimes your GP may not be the best person to help you. You may want to consider speaking to one of your Social Prescribing link workers who can help you with a range of issues.

These Include:

- Housing issues
- Bereavement support
- community signposting info
- Educational support
- Employment support
- Exercise
- Financial support
- Health promotion
- Social isolation
- Support for carers
- Low-level mental health (mild anxiety & depression caused by social factors)

Referral process

You can self refer to one of our Social Prescribers by contacting your GP practice or alternatively completing an E-consult via your GP practice website. One of our Social Prescribers will contact you to chat more in detail about what is affecting you.

McKenzie House Surgery
Victoria Medical Practice
Throston Medical Centre
Headland Medical Centre
Hartfields Medical Centre
Wynyard Road Medical Centre

NHS



CONTACT

If you have any questions or queries, please do not hesitate to contact us via email. This email address will be monitored everyday over the Christmas period for emergency contact.

safeguarding@ems.bhcet.org.uk



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