



The English Martyrs Catholic  
School and Sixth Form College

# SAFEGUARDING & WELLBEING NEWSLETTER

Issue #04 | Summer Term | May 2024

## The Safeguarding Team

at The English Martyrs Catholic School and Sixth Form College

At The English Martyrs Catholic School and Sixth Form College everyone is responsible for the safeguarding of students. All staff have had safeguarding training and are familiar with Keeping Children Safe in Education. We all work to ensure our school is a place where students are and feel safe.

**We have four staff designated to deal with your questions, concerns or safeguarding issues.**



**Nicholas Lindsay**  
Designated  
Safeguarding Lead



**Rebecca Corcoran**  
Deputy Designated  
Safeguarding Lead



**Tracey Torka**  
Deputy Designated  
Safeguarding Lead



**Kelly Anderson**  
Deputy Designated  
Safeguarding Lead

Safeguarding is  
EVERYONE'S Responsibility



# INFORMATION

At The English Martyrs Catholic School and Sixth Form College we know how important Safeguarding is. Safeguarding is a vital aspect of any school setting, as it ensures the safety and wellbeing of all students, staff and visitors.

We foster a culture and practice of safeguarding. All staff have annual safeguarding training and all school policies and practices are fully compliant with Keeping Children Safe in Education. We work with professionals to ensure students can thrive and be safe. We take action to enable all children have the best outcomes, as we want our students to have the best start to life.

We have a Safeguarding and Welfare Office in school. Students are welcome to drop in before and after school, during break and lunchtime if they need any support.

If at any time our young people need to speak to a safeguarding officer, they just need to let their teacher know and a safeguarding officer will collect them and speak to the young person.

## CPOMS & Class Charts

We use an online platform called Child Protection Online Management System (CPOMS). CPOMS is used to record relevant information so that documentation and communication are carefully logged in order to ensure children are safe. Class Charts is an online platform used to record achievement and behaviour.



## LANYARDS

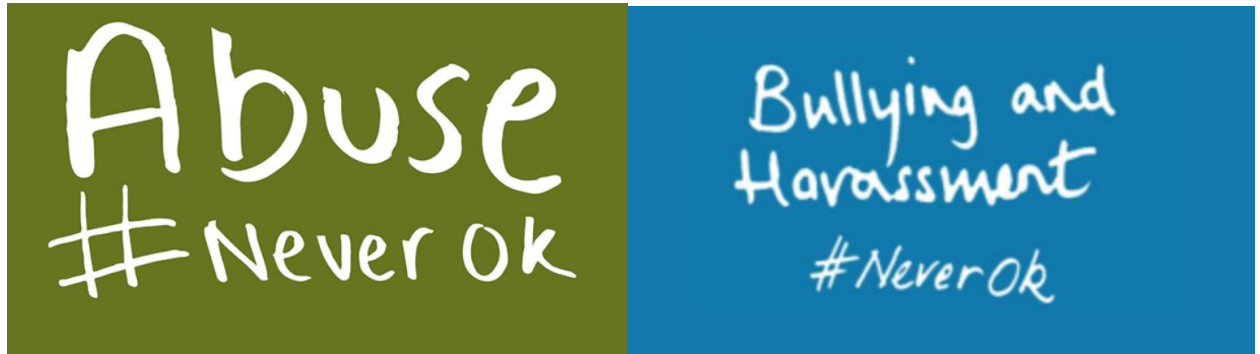
Staff and Sixth Form Students wear lanyards so that they can be identified as having the correct checks and have permission to be on site.

- Navy – Safeguarding Team
- Red – EMS Staff
- Yellow – Visitors without a DBS
- Green – Visitors with a DBS
- Black – EMS6 students



# #NeverOk

Bullying | Harassment | Racism | Discrimination



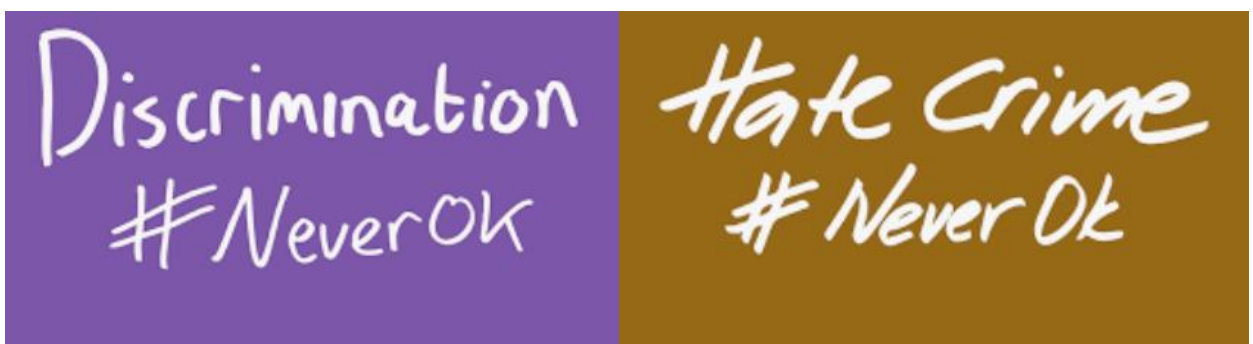
As a school, we have a zero-tolerance attitude towards bullying, harassment and discrimination. We make it clear that it is never ok to portray this behaviour and encourage all students to report anything they see or hear.

Campaigns across the year explore ways in which students can report any forms of bullying or discrimination and identifies who they can speak to if they require support. However, some students may not feel confident enough to speak to someone and that's where our #NeverOK campaign comes in.

The #NeverOK campaign aims to reinforce this message and provides students with the ability to report any incidents of bullying or discrimination that they see, hear or are subjected to. Students can click on the link below to submit any concerns and this will be investigated by the Pastoral and Safeguarding teams.

To report a concern please go to:

<https://ems.bhcet.org.uk/neverok/>



# Supporting Organisations

## HARTLEPOOL FOODBANK

28 Church Street,  
Hartlepool,  
TS24 7DH

Tuesday 11:30 - 13:30  
Friday 11:30 - 13:30

### FOODBANK CHRISTMAS CLOSURE 2023

Hartlepool Foodbank will hold its last session on Tuesday 22nd December. We will re open for our normal session times from Tuesday 2nd January.

## HartlepoolNow

Telephone: **01429 272905** (Mon - Thurs 8.30am - 5pm and Friday 8.30am - 4.30pm)

Speak to somebody in person at the Community Hub Central, York Road or Community Hub South, Wynyard Road - Mon - Fri 10am - 4pm.

The Children's Hub (01429 284284) can provide information, advice and guidance on services and support for children, young people and families.



HARTLEPOOL  
COMMUNITY HUBS

York Road  
Hartlepool  
TS26 9DE

The Hubs bring together a range of services from different organisations under one roof to help you.

Follow on Facebook for up to date information and timetables.

Monday-Friday 10:00 - 16:00  
Saturday 10:00 - 12:00

## Gingerbread

Single parents, equal families

Provides single parents with advice and practical support. You can call the helpline on 0808 802 0925.

# SAFEGUARDING STAFF AND VISITORS

In addition to protecting and supporting young people, it is vital as a school we protect staff and visitors. When you visit the school site between the hours of 7:00am and 4:30pm, we ask for all visitors to sign in at the main office, in the Sixth Form Block. No visitors should enter the site without reporting here first. Visitors are inducted with the relevant safeguarding policies and procedures (these can also be found on the school website).



We want to ensure that our staff are safe from abuse. As a school we do not tolerate any aggression or abuse directed towards our staff. We work to ensure school and parents/carers have good relationships to support our children. There may be a situation where you need to talk to a member of staff. Please make an appointment as we can not accommodate meetings that are not pre-arranged.

*me, you, us*  
safeguarding is everyone's responsibility

## School Site

Safeguarding in schools is important to ensure that the school environment is safe and secure for all. This includes ensuring that emergency procedures are in place in case of an emergency. We have annual fire drills and lock down drills.

# SAFEGUARDING YOUR CHILD

**NSPCC**  
**'Learning'**

**YOUNGMINDS**  
fighting for young people's mental health

Steps we can complete together to keep your child safe;

- Ensure they know that they can speak to all staff about how they feel and if there is anything worrying about them.
- Staff will inform a relevant member of staff who can help and assist your child.
- We will communicate with home. To ensure we can contact home, please make sure we have at School App is linked to your device. We communicate regularly on here, this ensures you gain information for your child.
- Parents/carers can contact the school via the safeguarding email address, if they wish to meet with one of the team.

**kooth**

Kooth is an online **mental wellbeing** community for young people

For ages: **11-18**

Sign up for free at [Kooth.com](https://www.kooth.com)

**Qwell**

**Community support means everything to us**

Explore our supportive and anonymous mental wellbeing community for adults.



Chat online to qualified counsellors



Read and write articles



Get online support from the Qwell community



Set personal goals and record how you feel

[qwell.io](https://www.qwell.io)



# VAPING AND E-CIGARETTES THE FACTS



**MOST CHILDREN AND YOUNG PEOPLE**

## **DON'T VAPE OR SMOKE.**

Vapes containing nicotine are age-restricted products: it is illegal to sell them to under 18s and for adults to buy them on their behalf.

**VAPES ARE  
NOT HARMLESS.**

Short-term effects can include **coughing**, **headaches**, **dizziness**, and **sore throats**. Long-term effects are as yet unknown.

**HARMFUL FOR THE ENVIRONMENT.**

Disposable vapes and the batteries inside them are bad for the environment, with many ending up in landfills.



Those who knowingly sell to under 18s are driven by profit and don't care who they sell to.

## **DON'T BE DUPED!**

# **DON'T SMOKE? DON'T START TO VAPE.**

# HELP IN THE COMMUNITY

In addition to the support within The English Martyrs Catholic School and Sixth Form College, there is also assistance within the community via the NHS.



## Hartlepool Health Social Prescribing

The aim of Social Prescribing is to help people live their lives as well as possible, with a focus on supporting them to take control of and to improve their health, well being and social welfare by linking patients up with community organisations.

Sometimes your GP may not be the best person to help you. You may want to consider speaking to one of your Social Prescribing link workers who can help you with a range of issues.

### These Include:

- Housing issues
- Bereavement support
- community signposting info
- Educational support
- Employment support
- Exercise
- Financial support
- Health promotion
- Social isolation
- Support for carers
- Low-level mental health (mild anxiety & depression caused by social factors)

### Referral process

You can self refer to one of our Social Prescribers by contacting your GP practice or alternatively completing an E-consult via your GP practice website. One of our Social Prescribers will contact you to chat more in detail about what is affecting you.

McKenzie House Surgery  
Victoria Medical Practice  
Throston Medical Centre  
Headland Medical Centre  
Hartfields Medical Centre  
Wynyard Road Medical Centre

**NHS**



# CONTACT

If you have any questions or queries, please do not hesitate to contact us via email. This email address will be monitored everyday over the Half Term period for emergency contact.

[safeguarding@ems.bhcet.org.uk](mailto:safeguarding@ems.bhcet.org.uk)



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