



PE Curriculum Long Term Overview

	Autumn Term				Spring Term				Summer Term					
	1 st half - Personal		2 nd half - Social		1 st half - Cognitive		2 nd half - Creative		1 st half - Physical			2 nd half - Health and Fitness		
Reception	Real PE Forest School		Real PE Forest School Real Dance (Christmas)		Real PE Forest School		Real PE Forest School		Real PE Forest School			Real PE Forest School		
Year 1	Real PE UNIT 1	Real Gym UNIT 1	Real PE UNIT 2	Real Dance Dance (Christmas)	Real PE UNIT 3	Real Dance (Dress up your performance - 3 wks) Real PE (1 st 3wks of plan)	Real PE UNIT 4	Real Gym UNIT 2	Real PE UNIT 5	Athletics		Real PE (2 nd 3wks of plan) UNIT 6	Athletics	
Year 2	Real PE UNIT 1	Real Gym UNIT 1	Real PE UNIT 2	Real Dance Dance (Christmas)	Real PE UNIT 3	Real Dance (Dress up your performance)	Real PE UNIT 4	Real Gym UNIT 2	Real PE UNIT 5	Real Gym		Real PE UNIT 6	Athletics	
Year 3	Real PE UNIT 1	Swimming	Swimming	Real Gym UNIT 2 Dance (Christmas)	Swimming	Real Dance	Real PE UNIT 4	Swimming	Real PE UNIT 5	Real Gym (3wks - tricky and trickier)	Athletics (3wks)	Real PE UNIT 6	Games - Striking and Fielding	
Year 4	Real PE UNIT 1	Real Gym UNIT 1	Real PE UNIT 2	Real Dance Dance (Christmas)	Real Dance	Real PE UNIT 3	Real PE UNIT 4	Real Gym UNIT 2	Real PE UNIT 5	Real Gym (3wks - tricky and trickier)	Athletics (3wks)	Real PE UNIT 6	Games - Striking and Fielding	
Year 5	Real PE UNIT 1	Real Gym UNIT 1	Hockey	Real Dance Dance (Christmas)	Real PE UNIT 3	Real Dance	Tennis	Real Gym (Tricky/ Trickier skills) UNIT 2	Real PE UNIT 5	Rounders (3wks)	Athletics (3wks)	Real PE UNIT 6	Athletics (3wks)	Games - Striking and Fielding (3wks)
Year 6	Netball	Real PE UNIT 1	Real PE UNIT 2	Real Gym (Tricky/ Trickier skills) UNIT 1 Dance (Christmas)	Tag Rugby	Real Dance	Real PE UNIT 4	Real Gym UNIT 2	Real PE UNIT 5	Cricket (3wks)	Athletics (3wks)	Real PE UNIT 6	Cricket (3wks)	

OAA - Year 6 Residential Summer 2. After school club planned to support this.

Year 1 and 2 have shared REAL PE plans based on stories

Year 5 and 6 share 1 years planning for REAL PE - this is now mixed with sports specific games