

Y1 Fruit or vegetable salad DT KNOWLEDGE ORGANISER





ESSENTIAL VOCABULARY	
Wash, peel, core, cut, grate	Processes of making the fruit or vegetable ready to eat
Knife, grater, peeler	Kitchen utensils needed to make the salad
Wheel mechanism	Allows a picture to move in a circle on the page



Design development

Research

Find out which fruits and vegetables are most popular in the class and create a pictogram to show this.

Prepare different foods for eating through washing, peeling, coring, slicing, grating

Name and taste a variety of fruits and vegetables

Design

Design a recipe using fruit and or vegetables Decide which fruits or vegetables to use Decide how to prepare the food to be colourful

Make

Using the design, make the healthy recipe Take a photo of the salad Eat the salad

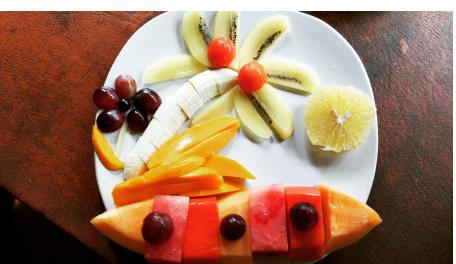
Evaluate

How do you feel about your finished salad? Is it as you expected? Is it tasty, healthy and colourful?

Key Skills (skills to practise and perform)

- Prepare foods safely and hygienically.
- Cut
- chop
- slice
- Grate
- Core







Make own recipe with fruits and/or vegetables to be tasty, colourful and healthy

Outcomes