



Ball Skills - Year 1

Teacher Glossary		
Word	Definition	How do I do this?
Dribble	To move the ball using your feet or your hands	Know that keeping the ball close will help with control.
Track	Watch the ball and get your body ready to receive it	Move your feet to get in line with the ball.
Safe space	Space away from other people and objects.	Know that when your arms are spread out wide and you can touch someone, you are too close.
Travelling action	Run, hop, jump, side step, skip, gallop etc.	Being able to get from one side of the hall/playground to the other using movement.

Assessment Criteria
<ul style="list-style-type: none"> - I am beginning to catch with 2 hands - I am beginning to dribble a ball with my hands and feet. - I am beginning to understand simple tactics. - I can roll and throw with some accuracy towards a target. - I can say when someone was successful. - I can track a ball that is coming towards me. - I can work co-operatively with a partner.

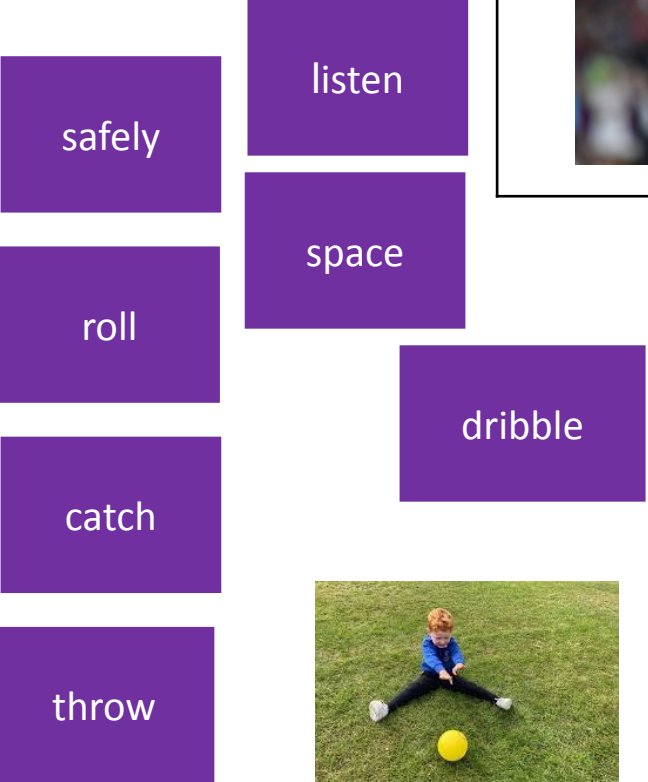


PE KNOWLEDGE ORGANISER

Key Skills - Physical
Rolling a ball accurately Throwing with accuracy at a target Bouncing a ball Dribbling a ball with hands Dribbling a ball with feet Catching a ball with 2 hands Tracking a ball

Key Skills – S.E.T
Social: Co-operation Social: Supporting others Emotional: Honesty Emotional: Perseverance Thinking: Using tactics Thinking: Decision making

Key Vocabulary for children



Inspiring Athlete

Mary Earps

