

Life to the Full Plus



Overview- Pathway 3 - 2023-2024

Year Group	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Module 1 Created and Loved by God		Module 2 Created to Love Others		Module 3
					Created to Live in Community
EYFS	Unit 1- Religious Understanding Unit Prayer & Assessment Activity Story Sessions: Handmade with love	Unit 3 – Emotional Well-Being Unit Prayer & Assessment Activity Session 1: I like, You like, We all like! Session 2: All the Feelings! Session 3: Let's Get Real	Unit 1- Religious Understanding Unit Prayer & Assessment Activity Session 1: Role Model	Unit 3- Life Online Unit Prayer & Assessment Activity Session 1: What is the Internet? Session 2: Playing Online	Unit 1- Religious Understanding Unit Prayer & Assessment Activity Session 1: God is love Session 2: Loving God, loving others
	Unit 2 – Me, My Body, My Health Unit Prayer & Assessment Activity Session 1: I am Me Session 2: Heads, Shoulders, Knees and Toes Session 3: Ready Teddy?	Unit 4 – Life Cycles Unit Prayer & Assessment Activity Session 1: Growing up Session 2: New People, New Places Classroom Shorts	Unit 2- Personal Relationships Unit Prayer & Assessment Activity Session 1: Who's Who? Session 2: You've got a friend in me Session 3: Forever friends	Unit 4- Keeping Safe Unit Prayer & Assessment Activity Session 1: Safe inside and out Session 2: My body, my rules Session 3: Feeling poorly Session 4: People who help us	Unit 2- Living in the Wider World Unit Prayer & Assessment Activity Session 1: Me, You, Us Session 2: When I Grow Up Classroom Shorts Session 3: 'Money Doesn't grow on Trees Classroom Shorts
KS1	Unit 1- Religious Understanding Unit Prayer & Assessment Activity Story Sessions: Let the Children Come	Unit 3- Emotional Well-Being Unit Prayer & Assessment Activity Session 1: Feelings, Likes and Dislikes Session 2: Feeling Inside Out Session 3: Super Susie Gets Angry	Unit 1- Religious Understanding Unit Prayer & Assessment Activity Session 1: God Loves You	Unit 4- Keeping Safe Unit Prayer & Assessment Activity Session 1: Good and Bad secrets Session 2: Physical Contact Session 3: Harmful Substances Session 4: Can You Help Me? (Part 1)	Unit 1- Religious Understanding Unit Prayer & Assessment Activity Session 1: Three in One Session 2: Who Is My Neighbour?
	Unit 2 Me, My Body, My Health Unit Prayer & Assessment Activity Session 1: I am Unique Session 2: Girls and Boys	Unit 4- Life Cycles Unit Prayer & Assessment Activity Session 1: The Cycle of Life Session 2: Beginnings and Endings	Unit 2- Personal Relationships Unit Prayer & Assessment Activity Session 1: Special People Session 2: Treat Others Well Session 3:And Say Sorry	Session 5: Can You Help Me? (Part 2)	Unit 2- Living in the Wider World Unit Prayer & Assessment Activity Session 1: The Communities We Live In



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	Session 3 & 4: Clean & Healthy (My Body)	Session 3: Change is all around Classroom Shorts	Unit 3- Life Online Unit Prayer & Assessment Activity Session 1: Real Life Online Session 2: Rules to help us		Session 2: Who will I be? Classroom Shorts Session 3: Needs and Wants Classroom Shorts
LKS2	Unit 1- Religious Understanding Unit Prayer & Assessment Activity Story Sessions: Get up Session 2: The Sacraments	Unit 3- Emotional Well-Being Unit Prayer & Assessment Activity Session 1: What am I feeling? Session 2: What am I looking at? Session 3: I am Thankful	Unit 1- Religious Understanding Unit Prayer & Assessment Activity Story Sessions: Jesus my friend	Unit 4- Keeping Safe Unit Prayer & Assessment Activity Session 1: Safe in my body Classroom Shorts Session 2: Drugs, alcohol, tobacco.	Unit 1- Religious Understanding Unit Prayer & Assessment Activity Session 1: A Community of Love Session 2: What is the Church?
	Unit 2- Me, My Body, My Health Unit Prayer & Assessment Activity Session 1: We don't have to be the same. Session 2: Respecting our bodies Session 3: What is Puberty? Session 4: Changing Bodies (YEAR 4 ONLY) Session 5: Boy/Girl Discussion Groups (YEAR 4 ONLY)	Unit 4- Life Cycles Unit Prayer & Assessment Activity Session 1: Lifecycles Session 2: A Time for Everything Session 3: Big Changes, Little Changes Classroom Shorts	Unit 2- Personal Relationships Unit Prayer & Assessment Activity Session 1: Friends, Families and others Session 2: When things feel bad. Unit 3- Life Online Unit Prayer & Assessment Activity Session 1: Sharing online. Session 2: Chatting online Classroom Shorts	Session 3: First Aid Heroes. Session 4: Rights and Responsibilities Classroom Shorts	Unit 2- Living in the Wider World Unit Prayer & Assessment Activity Session 1: How do I love others? Session 2: Working Together Classroom Shorts Session 3: Money Matters Classroom Shorts
UKS2	Unit 1- Religious Understanding Unit Prayer & Assessment Activity Story Sessions: Calming the Storm	Unit 3- Emotional Well-Being Unit Prayer & Assessment Activity Session 1: Body Image Session 2: Peculiar Feelings Session 3: Emotional Changes Session 4: Seeing Stuff Online	Continue - Unit 4- Life Cycles Unit Prayer & Assessment Activity Session 4: Hope Beyond Death Session 2: Coping with Change	Unit 3- Life Online Unit Prayer & Assessment Activity Session 1: Sharing isn't Always Caring Session 2: Cyberbullying Classroom Shorts	Unit 1- Religious Understanding Unit Prayer & Assessment Activity Session 1: The Trinity Session 2: Catholic Social Teaching



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Unit 2- Me, My Body, My	Unit 4- Life Cycles	Unit 1- Religious		
Health	Unit Prayer & Assessment	Understanding		
Unit Prayer & Assessment	Activity	Unit Prayer & Assessment		
Activity	Session 1: Making Babies (Part 1)	Activity		
Session 1: Gifts and Talents	Session 2: Making Babies (Part 2) May be omitted or may be set as a homework task with parents. Session 3: Menstruation	Session 1: God Calling you		
Session2: Girls 'Bodies				
Session 3: Boys' Bodies		Unit 2- Personal Relationships	Unit 4- Keeping Safe	Unit 2- Living in the Wider World
Session 4: Spots and Sleep		Unit Prayer & Assessment	Unit Prayer & Assessment	Unit Prayer & Assessment
		Activity	Activity	Activity
		Session 1: Under pressure	Session 1: Types of Abuse	Session 1: Reaching Out
		Session 2: Do You Want a Piece	Classroom Shorts	Session 2: The World of Work
		of Cake?	Session 2: Impacted lifestyles	Classroom Shorts
		Session 3: Self – Talk	Classroom Shorts	Session 3: Money and Me
		Session 4: Build Others Up	Session 3: Making Good Choices	Classroom Shorts
		Classroom Shorts	Session 4: Giving Assistance	