**Health and Social Care Year 10 Long Term Plan**

| ***Rationale with end points:*** For component 1 learners will explore different aspects of growth and development and the factors that can affect this across the life stages. They will explore the different events that can impact on individuals’ physical, Intellectual, Emotional and Social (PIES) development and how individuals cope with and are supported through changes caused by Life events. |
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| **Term** | **Topic** | **Knowledge** | **Skills** | ***Reading /wider reading/Course links*** |
| ***Autumn term 1*** | Component 1 Life stagesPIES | Comp 1 LO - A1: Understanding Human Growth and Development Across different life stages | Recall, transferring information and adapting knowledge to questions set | Integrated learning - Links to Comp 3 A1 Factors affecting Health and WellbeingReading and Viewing ListThis is going to hurt Adam kay 2004The fault in our Stars John Green 2012Elizabeth is Missing Emma Healy 2014No Child of Mine 2013Call the Midwife 2012Online current affairs for up to date knowledge and informationbbc.co.ukThe Secret Life of 4 and 5 year olds. Channel 4Old people’s home for 4 year olds. Channel 4Born to be different Channel 4 |
| ***Autumn 2*** | Component 1Factors:  | Comp 1 LO - A2: Factors that affect Growth and DevelopmentLifestyle choicesPsychological, Emotional, Social, cultural, environmental, economic,Comp 1 LO - B1: Understanding how individuals deal with life eventsComp 1 LO - B2: Coping with changes caused by life events | Adapting and applying knowledge to the case studies in PSA set assessmentUnderstanding and demonstrating correct exam procedure. | Comp 3 B1 Lifestyle factorsComp 3 A1 Factors affecting Health and WellbeingComp 3 C2 Recommendations and actions to improve health and wellbeingReading and Viewing ListThis is going to hurt Adam kay 2004The fault in our Stars John Green 2012Elizabeth is Missing Emma Healy 2014No Child of Mine 2013Call the Midwife 2012 |
| **Spring 1** | Component 1 Summative Assessment  | Using the PSA | Adapting and applying knowledge to the case studies in PSA set assessmentUnderstanding and demonstrating correct exam procedure. | Reading and viewing listThis is going to hurt Adam kay 2004The fault in our Stars John Green 2012Elizabeth is Missing Emma Healy 2014No Child of Mine 2013Call the Midwife 2012 |
| **Spring 2** | Component 2 Delivery | Comp 2 LO A1 Healthcare servicesComp 2 LO A2Social Care servicesComp 2 LO A3Barriers to accessing services | Adapting and applying knowledge to the case studies in PSA set assessmentUnderstanding and demonstrating correct exam procedure. | Comp 3 C3 Barriers and obstacles to following recommendationsReading and Viewing ListThis is going to hurt Adam kay 2004The fault in our Stars John Green 2012Elizabeth is Missing Emma Healy 2014No Child of Mine 2013Call the Midwife 2012 |
| **Summer 1** | Component 2 Delivery | Component 2 LO B1Skills and attributes in Health and Social CareComp 2 LO B2Values in Health and Social Care | Adapting and applying knowledge to the case studies in PSA set assessmentUnderstanding and demonstrating correct exam procedure. | Comp 3 C1 Person-centred approachReading and Viewing ListThis is going to hurt Adam kay 2004The fault in our Stars John Green 2012Elizabeth is Missing Emma Healy 2014No Child of Mine 2013Call the Midwife 2012 |
| **Summer 2** | Component 2 delivery | Comp 2 LO B3The obstacles individuals requiring care may faceComp 2 LO B4The benefits to individuals of the skills, attributes and values in health and social care practice | Adapting and applying knowledge to the case studies in PSA set assessmentUnderstanding and demonstrating correct exam procedure. | Comp 3 C3 Barriers and obstacles to following recommendationsReading and Viewing ListThis is going to hurt Adam kay 2004The fault in our Stars John Green 2012Elizabeth is Missing Emma Healy 2014No Child of Mine 2013Call the Midwife 2012 |

* This is Going to Hurt by Adam Kay, 2004. Secret diaries of a Junior Doctor during his medical training from 2004 to 2010. ...
* The Fault in Our Stars by John Green, 2012. ...
* Elizabeth is Missing by Emma Healy, 2014. ...
* One Flew Over The Cuckoo's Nest by Ken Kesey, 1962. ...
* No Child of Mine by Susan Lewis, 2013.