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| **BTEC Sport National Extended Certificate** | |
| **Exam Board: PEARSON’S** | **Qualification Code: 601/7218/6** |
| **Subject overview:** | |
| **Combines well with:** Biology, Mathematics, Psychology, Applied Science | |
| The National Extended Certificate in Sport, which is 360 GLH, is intended to be an Applied General qualification for post-16 students wanting to continue their education through applied learning, and who aim to progress to higher education and ultimately to employment, possibly in the sports sector. The qualification is equivalent in size to 1 A level and aims to provide the fundamentals of the study of the sport sector at this level. No prior study of the sector is needed, but you should normally have a range of achievement at level 2, in GCSEs or equivalent qualifications.  It is a great subject which requires candidates to have a real passion for sport and learning about the anatomy of the body and how this impacts sports performance. The sports industry contributes billions of pounds each year to the UK economy and is a continuously growing sector. This course gives the opportunity for students to go into a vast array of jobs and careers as outlined in the careers and progression section. The qualification carries UCAS points and is recognised by higher education providers as contributing to meeting admission requirements for many courses, if taken alongside other qualifications as part of a two-year programme of learning. | |
| **Course outline including assessment method:** | |
| Everyone taking this qualification will study three mandatory units and one optional unit, covering the following content areas: Anatomy and Physiology, Fitness Training and Programming for Health, Sport and Well-being, Professional Development in the Sports Industry. Students will sit the Anatomy and Physiology examination at the end of year 12 and the Fitness Training and Programming for Health, Sport and Well-being examination at the end of the course.  Students will also do two further units which are assignment based and assessed internally. | |
| **Year 1 Contents:** | **Year 2 Contents:** |
| * **UNIT 1:** Anatomy and Physiology * **UNIT 5:** Application of Fitness Testing | * **UNIT 2:** Fitness Training and Programming for Health, Sport and Well-being, * **UNIT 5:** , Professional Development in the Sports Industry |
| **Resources and Facilities at TKAW:** | **Careers and Progression:** |
| The PE Department at The Khalsa Academy Wolverhampton has a Sports Hall, Astro Turf and Multi-Use Games Area (MUGA). Students will benefit from using the fitness testing equipment to support with UNIT 5 and to develop knowledge of the training methods which link to UNIT 2. | The industry employs more than 400,000 people and offers many career openings in a range of areas, including management, fitness, leisure, recreation, outdoors, well-being, elite performance, coaching and teaching. Other possible career paths could include sports related degree programmes such as Sports Psychology, Sports and exercise Science etc. |
| **Entry Requirements:** | |
| No prior study of the sector is needed, but you should normally have a range of achievement at level 2, in GCSEs or equivalent qualifications. Due to the high level of scientific content within this qualification, all students must have at least a grade 5 in GCSE Biology. Due to the written communication requirement of this course, all students must have at least a grade 5 in GCSE English Language. | |
| Who to contact: | |
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