# WEEKLY MENU

WEEK 3

## WOK MY WAY — EVERY TUESDAY

Asian inspired noodles with a selection of protein and vegetables

## FLAT BREAD — EVERY WEDNESDAY

Authentic Greek flatbreads topped with marinated chicken or plant-based protein

## EVERY THURSDAY — CHICK N' RUN

Chicken served with a range of signature marinades and seasoned rice

Switch it up with our street food favourites! Ask the team for this week's flavours

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| MON | Veggie Sausage, Bean & Vegetable Hot Pot with Crusty Bread, Garlicky Green Beans and Carrots or Mixed Salad (VG) | Vegetable Biriyani with Garlicky Green Beans & Carrots or Mixed Salad (VG) |
| TUE | Thai Red Chicken Curry & Mixed Rice with Roasted Sweetcorn and Peppers or Mixed Salad (Halal Available) | Thai Red Vegetable Curry & Rice with Roasted Sweetcorn and Peppers or Mixed Salad (V) |
| WED | Roast of The Day, Gravy & Roasties with Seasonal Greens and Carrots (Halal Available) | Savoury Veggie Mince, Yorkshire Pudding, Roasties, Seasonal Greens & Carrots (V) |
| THU | Greek-Style Beef Pasta Bake with Carrots, Cauliflower & Broccoli or Mixed Salad | Chinese-Style Street Rice with Carrots, Cauliflower & Broccoli or Mixed Salad (VG) |
| FRI | Sustainably Sourced Battered Fish & Chips with Peas and Beans or Mixed Salad | Pizza Selection with Chips/Wedges, Peas & Beans or Mixed Salad |

## POT & TASTY

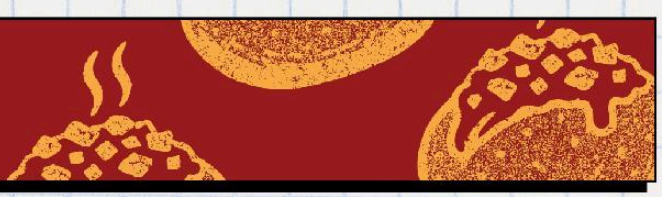
Daily range of ready to go pots including pastas, salads and rice bowls

## DESSERTS

Enjoy our chef's choice of sweet treats, served every day

SPUD STOP — TOPPED & LOADED

Hot loaded spuds with a daily range of tasty toppings to fill you up



2nd & 23rd Nov, 14th Dec, 18th Jan, 8th Feb, 1st & 22nd March

V - VEGETARIAN
VG - VEGAN